# Shekyia Kendrick

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# Work Experience

## **CNA - Certified Nursing Assistant**

Bryn Mawr Villa - Minneapolis, MN August 2018 to Present

Maintained aseptic standards to protect staff and patients from infection risks. Supported patients with daily activities and attended to personal hygiene needs. Took vital sign readings and recorded measurements by documenting temperature, pulse, and blood pressure. Built strong relationships and bonds with clients to provide stable, supportive system.

Fed patients and helped individuals with self-feeding limitations.

Communicated with physicians, nurses, and other caregivers to exchange information about patient conditions, treatment plans, and activities.

Responded immediately to calls from patients for assistance or treatment and alerted medical staff to emergency situations.

Monitored and recorded patient data to identify and report changes. Safeguarded patient confidentiality by observing HIPAA and company-established protocols.

# **Home Health Aide**

Walker Methodist Health Center - Minneapolis, MN August 2015 to August 2018

Administered medications and aided self-administration clients to consume medication.

Offered companionship and emotional support to clients remotely and during sessions.

Observed client conditions and prepared reports for recovery tracking purposes.

Monitored patient vital signs and reported changes to supervisors to review treatment regimens.

Reviewed and followed specific care plans for clients and reported completed tasks to supervisors.

Followed all care plans and strictly adhered to doctor orders.

Assisted patients with activities of daily living (ADLs), including bathing, running errands, light housekeeping, and meal preparation.

Changed bed linens, cleaning and disinfecting rooms regularly.

Provided patients with emotional and social support.

## **Direct Support Professional**

Dungarvin - Mendota Heights, MN August 2012 to July 2015 Provides direct care to those with intellectual and developmental disabilities. Performs personal care tasks, including assistance with basic personal hygiene and grooming, feeding, and ambulation, medical monitoring, and health care related tasks.

Fosters positive relationships between caretakers and individuals served. Ensures client safety and maintaining a safe environment.

Reminds and assists clients with self-administration of medications (with proper training).

Encourages self-help activities.

Reports changes in client's condition or family situation to administrators and supervisors.

Documents services provided.

Performs home management functions such as light housekeeping, laundry, bed making, and cleaning.

Plans meals, shopping for groceries, preparing and serving food/meals, feeding and clean-up.

Accompanies clients to scheduled appointments and transports clients or running errands for clients.

Assists with toileting, including bedpans, urinals, and commode chairs as necessary

# Education

## **High School Diploma**

Columbia Heights Senior High - Columbia Heights, MN June 2012

#### Skills

- CPR
- Vital signs
- Home care
- Patient Care
- Alzheimer's Care
- Vital Signs
- Senior Care
- Caregiving
- Nursing
- Dementia Care
- Meal Preparation
- Developmental Disabilities Experience

Certifications and Licenses

CNA

May 2016

## **CPR** Certification

#### Assessments

#### Home health aide skills — Highly Proficient

February 2020

Providing care to patients in a home setting. Full results: <u>Highly Proficient</u>

#### Work style: Reliability — Familiar

February 2020

Tendency to be dependable and come to work Full results: <u>Familiar</u>

#### **Direct care — Highly Proficient**

February 2020

Showing sensitivity and enthusiasm while providing care to patients. Full results: <u>Highly Proficient</u>

#### **Nursing Aide Skills — Proficient**

February 2020

Providing nursing aid to patients using knowledge of relevant equipment and procedures. Full results: <u>Proficient</u>

Indeed Assessments provides skills tests that are not indicative of a license or certification, or continued development in any professional field.