

KAREN KOBILAN, LPN

Relocating to Cheyenne, WY | 303.249.2909 | Karen.kobilan@gmail.com

LICENSED PRACTICAL NURSE (LPN)

Versatile and dedicated professional with solid background in geriatric care and home health environments, including as Charge Nurse on an Alzheimer's unit. Team player who easily builds rapport with patients and communicates effectively with multidisciplinary teams to optimize patient outcomes. Detail-oriented, with superior attention to detail and clinical judgment; capable of maintaining calm and keeping focused in high-pressure and urgent scenarios.

Committed caregiver who consistently demonstrates compassion for every patient. Extensive knowledge of lung disease, lung cancer, and CO2 retention. Quick learner with knowledge in various PC software, including Kinnser program for daily assessments and reports.

EDUCATION / CREDENTIALS

MINNESOTA STATE COMMUNITY AND TECHNICAL COLLEGE – MOORHEAD, Moorhead, MN

EMT Certificate | Legal Secretary Certificate

COLORADO BOARD OF NURSING (MULTI-STATE NURSE COMPACT)

Licensed Practical Nurse (LPN), Valid through Aug 2016

AMERICAN HEART ASSOCIATION

ACLS / PALS Certification, Valid through 2017

PROFESSIONAL EXPERIENCE

LPN Home Health Nurse – CRITICAL NURSE STAFFING, Grand Junction, CO Jun 2008 – Present

Conduct home visits for patients with lung disease / lung cancer in Energy Employees Occupational Illness Compensation Program Act (EEOICPA); address comorbidities including cardiac disease, renal failure, diabetes, and dementia.

- Monitor and maintain therapeutic oxygen level with exertion; provide necessary medical treatment related to disease, including nebulizer treatment, rescue inhalers, and SpO2. Provide patients with continuous reminders to wear oxygen.
- Deliver emergency treatment in the event of falls and/or respiratory distress; change dressings as needed.
- Order medications from pharmacy and dispense daily medications as ordered / scheduled by MD.
- Conduct daily assessments and communicate outcomes or changes to pulmonary or primary care physician.
- Participate in continuing education and monthly training regarding management of lung disease.

LPN – BETHANY HEALTHPLEX, Denver, CO Apr 2004 – Nov 2007

Served as charge nurse, supervising and maintaining a safe and functional environment on a locked Alzheimer's unit. Floated to Bariatric / Medicare Unit for shifts, as required.

- Gave medications to 29–35 patients up to four times daily. Monitored and accessed patients daily.
- Supervised and delegated tasks to CNAs, offering assistance as needed.
- Followed up and completed MD orders, called to order meds from pharmacy.
- Completed dressing changes, tube feedings, NG, and Foley cath. Assisted coworkers when needed.
- Gave full reports to oncoming nurses.

LPN – VILLA MANOR CARE CENTER, Lakewood, CO Apr 1999 – Apr 2004

Provided care to up to 30 patients in Long-term Care. Conducted assessments of patients following illness or injury, contacting MD to report condition and obtain orders.

- Completed dressing changes, ordered / dispensed medications, and assisted MD with simple procedures, such as sutures and NG (nasal gastric tube.)
- Performed emergency medical treatment if necessary, maintaining calm and focus in urgent situations.
- Supervised and delegated tasks to 6-8 CNAs, including preparing patients for showers, medical appointments, and completing ADLs (activities of daily living).
- Provided full reports of patients per shift to oncoming nurses.
- Delivered in-service to nursing staff on multiple topics, including patient safety, patient rights, HIPPA, etc.