**Aida Clifford**

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**OBJECTIVE**

To keep expanding my professional experience, provide patient-centered care, and gain further knowledge as a professional nurse. Highly motivated, dependable and team-oriented licensed registered nurse (RN) trained to provide excellent and safe patient care in an ICU and post anesthesia care setting. Works calmly and efficiently in high-stress environment. Possesses a positive attitude, effectively communicates and collaborates with multidisciplinary teams.

**Work Experience**

UNM Hospital (MICU)

15 week assignment to end 01/29/21

Hours per week: 36

Supervisor: Marissa Benton, Contact: Yes

Seton Medical Center Hospital

14 week Assignment 07/19/21 to 10/23/21

Hours per week: 36

Supervisor: Frances Williams, Contact: Yes

Hill Country Memorial Hospital

13 week assignment 06/18/21 to 09/27/2021 (Surgery)

Pre-Op and Endoscopy Pre Op

Hours per week: 36

Supervisor: Debbie Henk, Contact: Yes

Cedar Park Regional Medical Center

8 week PRN with FT hours (ICU)

May 13, 2021 to July 3, 2021

Hours per week: 36

Supervisor: Allyson Abilon, Contact: Yes

Host Health

9 week assignment at Summitt Health Hospital in Show Low, AZ

February 21, 2021 to April 24, 2021

ICU Traveler

Hours per week: 36

Supervisor: Pam Giles, Contact: Yes

Host Health

12 week assignment to University and Methodist Hospital in Indianapolis, IN

October 12, 2020 to December 26, 2020

ICU and PCU Float Travel between both hospitals

Hours per week: 48

Supervisor: Amy Robinson, Contact: Yes

Host Health

6 week assignment to St Mary’s Hospital, Tucson Arizona

July 17, 2020 to September 26, 2020

ICU travel assignment

Hours per week: 48

Supervisor: Catherine Byars, Contact: Yes

Host Health

8 week ICU float assignment to the University of New Mexico Hospital, NM

June 22, 2020 to July 15, 2020

Hours per week: 36

Supervisor: Marissa Benson, Contact: Yes

Nomad Health

ICU float travel assignment to Phoebe Putney Health System in Albany GA

April 27, 2020 to June 20, 2020

Hours per week: 48

Supervisor: Shawn Hall, contact: Yes

Baylor Scott & White Medical Center

Temple, TX 76508

Registered Nurse PACU

May 2019 to April 2020

Hours per week: 36

Supervisor: Chad Green, Contact: Yes

Cedar Park Regional Medical Center

Cedar Park, Tx 78613

Registered Nurse ICU/PCU unit

May 2018 to May 2019

Full time to PRN status

Supervisor: Camille Moore, Contact: Yes

Cornerstone LTAC

Round Rock, Tx

ICU RN PRN status only

June 2018 to May 2019

Supervisor: Patricia Cummings, Contact: Yes

Saint Joseph Hospital

Denver, Co 80218

In house float pool ICU/IMC

January 2018 to May 2018

Full time status

Moved back to Tx

Nurses RX

Travel Assignment to CHI Saint Vincent’s Infirmary

Little Rock, AR

September 2017 to November 2017

Full time status

Supervisor: George Moore Contact: Yes

Baylor Scott & White Medical Center

Temple and Round Rock, TX 76508

Registered Nurse ICU

June 2008 to January 2018

Full time to PRN status for the last 6 months

Supervisor: Trenton Vaughn, Contact: Yes

LVN

St. David’s Georgetown Hospital

Medical Surgical Floor

Georgetown, Tx

August 2006 to January 2008

**TRAVEL STAFF RN**

AGE SPECIFIC NURSING ASSESSMENTS: Assess and provide adult and geriatric age-specific nursing assessments during the critical care period (patients recovering from COVID-19). Float between critical care units such as MICU, CCU and SICU.

INDIVIDUAL NURSING CARE. Plan, develop, and implement individual nursing care plans for critically care patients based on comprehensive nursing assessment principles. Provide direct patient care for patients recovering from COVID-19 according to hospital policies and current care guidelines.

INTERDISCIPLINARY COMMUNICATION. Manage and maintain positive communication with management, physicians, and staff in the critical care setting. Contribute to teamwork by awareness of overall unit acuity, consistently offering assistance, and responding positively to requests for assistance.

**RECOVERY (PACU) STAFF RN**

POSITIVE WORK PLACE. Create a positive work environment for staff. Ensure safe care to both patients and staff. Promote open communication with staff nurses. Contribute to teamwork by awareness of overall unit acuity, consistently offering assistance, and responding

positively to requests for assistance.

AGE-SPECIFIC NURSING ASSESSMENTS. Assess and provide pediatric, adult, and geriatric age-specific nursing assessments during the perioperative period. Acknowledge age-specific vital signs and baselines. Identify individual needs such as glasses, hearing aids, or other aids.

INDIVIDUAL NURSING CARE. Plan, develop, and implement individualized nursing care plans for surgical patients based on comprehensive nursing assessment and post-anesthesia nursing care principles. Provide direct patient care for patients recovering from surgery or general, regional, or local anesthesia according to the hospital processes, policies and procedures (neurology, vascular, orthopedic, plastic, gynecology, trauma, urology, kidney transplant, pulmonary, and more). Performed bladder scanning, bladder catheterizations, tracheal, nasopharyngeal, and endotracheal suctioning and utilize intermittent positive pressure apparatus as

needed. Prepare patient for diagnostic procedures such as ultrasound, electrocardiogram, and X-rays. Obtain blood samples as ordered.

PATIENT EDUCATION. Teach patients, life partners, and family regarding surgical site care and routines expected during the perioperative period. Educate patient how to enhance and maintain respiratory, pain management, and when to notify nurses and physicians. Use therapeutic communication including active listening and teaching.

CARDIAC MONITORING. Recognize normal and abnormal cardiac rhythms during the perioperative period. Provided normal cardiac rhythm specific nursing care, identify and interpret life-threating conditions, make necessary decisions, and implement proper emergency measures suggested by the American Heart Association.

ADMINISTER MEDICATIONS. Verify patient’s allergies prior to administering medications. If oral

medication is ordered, check for swallowing ability. Administer and monitor the use of therapeutic medications according to patient’s needs, facility policies /procedures, American society of Peri Anesthesia Nurses (ASPAN) and American Society of Anesthesiologists (ASA) standards and guidelines.

Administer medication via intravenous, oral, subcutaneous, rectal, and nasal routes as ordered. Monitor for any new onset of allergic reactions. Initiate a patient controlled analgesia pump and epidural pump, monitor patient’s response. Manage pain regimens as appropriate.

COLLABORATION. Collaborate with a multidiscipline team including communicating and consultation with physicians and other healthcare personnel, make changes in the plan for patient care, resolve conflicts that arise, and coordinate the work with others as necessary.

DISCHARGE PATIENTS. Perform patient assessment, review histories, discharge planning, and review diagnostic studies. Manage airway, postoperative pain and surgical sites. Ensure stability of patient’s vital signs and administered medication when appropriate.

DOCUMENTATION. Document focused assessment findings, vital signs, input & output amounts, patientcare plan, medication administration, and other findings in the patient’s electronic medical record according to established standards.

**ICU STAFF RN**

NURSING ASSESSMENT. Provided direct patient care in an acute care setting. Utilized strong nursing assessment skills to determine necessary patient care. Assessed, planned, implemented and evaluated patients. Provided patient-centered care and individualized care in an ICU-care setting. Monitor vital signs, changes in signs and symptoms in patient’s conditions. Recovered post CABG patient’s, manage ventilator, CRRT and IABP therapy. Titration of medications such as pressors, sedation and or paralytics, epidural’s and PCA’s.

TELEMETRY. Recognized normal cardiac rhythm and dysrhythmias and provided cardiac rhythm specific nursing care. Notify physicians regarding to patient’s abnormal cardiac rhythms. Intervene cardiac specific nursing care.

PATIENT-CENTERED CARE. Provided culture sensitive care and patient-centered care for critically ill patients. Conduct initial and routine head-to-toe assessment. Demonstrates respect and regard for the dignity of all patients, families, and visitors. Prioritize and provide patient care based on the patient’s needs and current health status.

DOCUMENTATION. Document initial, routine, focused assessment data, patients’ nursing care plan, interventions, medication administration, progress notes, input & output, and other necessary findings. Maintained up-to-date and accurate documentation of nursing care provided.

EDUCATION. Provided education to patients and family members regarding the nature of disease or illness, care and treatment plan. Provided discharge educations to patient and family members as appropriate regarding self-care, dressing change, how to take prescribed medications, when to call a nurse or physician, signs and symptoms of infection, and nutrition suggestions.

EDUCATION

Associates of Applied Science in Nursing May 2008

Temple College, Temple Tx

University of Texas at Arlington

Currently enrolled in the BSN nursing program

LICENSURE

Registered Nurse, State of Texas 2008

CERTIFICATIONS

Basic Life Support for the Healthcare Provider (BLS)

Advanced Cardiac Life Support (ACLS)

National Institutes of Health Stroke Scale (NIHSS)

Pediatric Advance Life Support (PALS)

CHARTING SYSTEMS

Cerner

Epic

Meditech

References upon request.