Sydney Shelton

Registered Nurse

Johnson City, TN 37604 sheltonsp@etsu.edu +1 423 557 6577

Work Experience

Registered Nurse

Ballad Health- Niswonger Children's Hospital - Johnson City, TN November 2021 to Present

My responsibilities include, administering medications, monitoring side effects, changes in patient condition, transferring patient to and from other floors or surgery, central line care, foley catheter care, peripheral IV care, nasogastric tube care. Obtaining labs and reporting results to physicians. Working as interdisciplinary team with other nurses, physicians, respiratory therapists, and pharmacists.

Registered Nurse

Maxim Healthcare Group- Washington County Health Department - Johnson City, TN February 2021 to November 2022

My responsibilities included administering COVID vaccines and boosters to the public. Reviewing health history and watching for any side effects. Providing emergency care to any individual with an adverse reaction. Appropriately donned and doffed PPE for COVID swabbing. Sent out COVID swabs for results.

Registered Nurse

Dermatology Associates - Johnson City, TN April 2019 to February 2021

Prepare patients for surgery, assist in surgery, provide wound care, monitor vitals pre and post operatively for surgery, sterilize tools for surgery, communicate with pharmacies about patient's medication worksheets, upload biopsy and wound sites into electronic medical records.

Registered Nurse

Woodridge Hospital - Johnson City, TN January 2019 to April 2019

Assessing patient needs, Administering medications, Admitting, transferring, and discharging patients. Deescalating patient's situations. Documenting patient behavior. Monitoring vitals. Interact and communicate with patients of all ages and backgrounds. Collaborate with nursing staff in maintaining a calm environment in caring for patients. Effectively communicate with other members of interdisciplinary team. Knowledge of HIPPA laws. ACLS certified.

Nurse Intern

Johnson City Medical Center - Johnson City, TN February 2018 to December 2018

Monitoring vitals and notifying nurses of acute change. Documenting patient data in electronic medical records. Worked on fast paced trauma floor. Prepare patients for upcoming surgical procedures. Provided direct patient care with activities of daily living. Evaluating medical conditions up to 20 patients a day.

Education

Bachelors Degree

East Tennessee State University - Johnson City, TN 2018

Nursing Licenses

RN

Skills

- Hard worker, Attention to detail, Team player, Proficient in Micosoft Word, Internet, Power Point and Microsoft Excel
- Nursing
- Catheter Care
- Patient Care
- Medication Administration

Certifications and Licenses

BLS Certification

ACLS Certification

PALS

January 2022 to December 2023