Yesuf Borena RN-BSN

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**Summary:**

Energetic Healthcare professional dedicated to providing top-quality, patient-centered care. Highly nursing skilled in addressing acute and chronic conditions. Resourceful navigation of complex healthcare environments to optimize patient care. Knowledgeable and compassionate Nursing staff member more than seven + years of Nursing practical working experience as charge nurse, Med /surge , Pediatrics ,emergency , outpatient clinic ,floor nurse ,OBGY ,substance abuse unit etc to individuals of all backgrounds while protecting patient safety and promoting satisfaction.

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| **Skill:** |

* Problem Solving quality assurance
* Adaptability training ,mentoring ,coaching staff
* Collaboration Strong Work Ethic computer Microsoft and data recording
* Time Management Patient and family education.
* Critical Thinking Handling Pressure

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| Registered Nurse -RN , Avamere Medical Health Center , Oregon From Jan 10 /2022 to Feb 11 2022Travel Assignment  Major Duties :   * Studying patients' charts, medication regimens, and test results upon admittance to the progressive care unit. * Tracking routine vital signs, including heart rate, blood pressure, and pulse oximetry measurements. * Interpreting measurements from specialized medical equipment. * Monitoring and administering prescribed medication, as well as performing titration of drug doses. * Performing diagnostic assessments on changes in measurements, as well as designated interventions. * Reporting deteriorating conditions to healthcare specialists and following intervention instructions. * Updating and maintaining ward charts, patient files, and medical records. * Overseeing Progressive Care Unit nursing assistants and support staff. * Explaining treatments and procedures to patients and their families, as well as answering questions.   Mental Health RN /BSc - Oregon State Hospital ,Salem from Nov 16 2021 to Jan 07/2022  Majore Duties :  Conducts intake assessments through interviews with patients and relatives to gather case history. Plans and provides nursing care for patients. Makes nursing diagnosis of the medical and emotional status of patients and recommends treatment options. Consults with psychiatrists and other behavioral health staff in designing appropriate treatment plans for clients. Administers and notes reactions to psychotropic drugs and other medications. Arranges further medical attention when necessary. Assists the client in understanding the nature of emotional disturbances and accepting the need for treatment. Assists in maintaining a safe and secure environment for staff and patients. Test for vital signs of pain and ensures treatments of pain. Documents all patient information on medical charts and follows physician’s written orders. Maintains patient confidentiality. Maintains accurate records and documentation of patient treatments, immunizations and laboratory results according to standard medical recordkeeping. Performs administrative assignments such as filing, answering phones, typing, and completing progress notes in the computer system.  Oregon Health and science Hospital , Portland from 15 Oct 2021 to 23 Nov 2021  PACU RN Responsibilities:   * Monitoring post-operative patients' levels of consciousness during recovery from anesthesia. * Measuring and recording patients' vital signs. * Closely observing patients for signs of side effects of anethesia medication. * Treating pain, nausea, and other post-operative symptoms of anesthesia. * Updating charts, patient files, and medical records. * Collaborating with the medical team on post-operative patient care and facilitating timely specialized interventions. * Providing comfort and reassurance to distressed post-operative patients and concerned family members. * Educating patients and their families on post-surgery care, as well as answering questions.   Desert Parkway Behavioral Hospital , Las Vegas –NV March 2021 to 05 Oct 2021  Job Descriptions Desert parkway Hospital:  Assesses/re-assesses patient's by collecting and analyzing data through a systematic process of interaction with patients, patient’s significant other, and the appropriate health care providers regarding the patient’s physical, psychological, environmental, self-care, educational, spiritual, cultural, and anticipated discharge needs.  • Performs suicide assessments and understands suicide precautions.  • Identifies and incorporates each patient’s unique needs into a comprehensive and individualized care plan.  • Identifies and includes into the care plan of the assigned patient the disease, condition, impairment or disability.  • Evaluates each patient’s care against the goals and plan of care and revises the care plan periodically, as needed.  • Accurate and litigable documentation that meets current standards and policies.  • Treats and cares for patients competently and as based on current developmental theories and psychiatric nursing knowledge and standards.  • Addressing a wide range of psychosocial, cognitive and/or developmental disorders and physical disabilities.  • Rounds on patients, ensuring patient care and an environment that optimizes patient safety.  • Demonstrates knowledge of medication management to ensure patient care and reduce the likelihood of medical/health errors.  Encompass rehabilitation Hospital Las Vegas from 04/2021 to 10/03/2021     * Observe and record patient behavior * Perform physical examinations and diagnostic tests * Collect patient health history * Counsel and educate patients and their families on treatment plans * Administer medication, change wound dressings and care for other treatment options * Read and interpret patient information, making treatment decisions when appropriate * Consult with supervisors and doctors to decide on the best treatment plan for patients * Direct and supervise nurses, nurse assistants and nurse aides * Research ways to improve healthcare processes and improve patient outcomes   **CNA: *Feb 2020-May 2020 Harmon Hospital – Las Vegas, NV / and March 2019-june 2019 Beachwood Acute and Rehab ,Los Angeles CA***  Position: *Certified nursing assistance ( CAN )*  *Job Description :*   * *Grooming and bathing patients with low mobility* * *Providing and repairing each patient room with necessary items like blankets, pillows, medical equipment and bathroom needs* * *Helping /assisting patients eat and take medications* * *Assisting regular meals and proper medication dosages* * *Monitoring vitals and patient behavior and reporting them to the nursing and medical staff* * *Assisting patients with mobility needs, transferring them from wheelchair to bed* * *Provide care including  turning or adjusting patients in bed to prevent bedsores or other discomfort* * *Exercising /assisting the patients by helping them walk/ambulate* * Managed and maintained patient rooms, shared-living areas and nursing stations.   **St Paul’s Medical Hospital / National Hospital RN/BSN, MPH**  ***From Sep 2007-Dec 2017***  *St Paul Millennium Medical Collage Addis Ababa Ethiopia ,*  Articulate SPHMMC Vision, mission and strategies to the key partners and stakeholders in view of fully organized, structured, established and functional of the hospital health services.   * Teach at undergraduate and graduate level in areas allocated by the Head of Department. * Assist in the development of learning materials, preparing schemes of work and maintaining records to monitor student progress, achievement and attendance. * Participate in Nursing and public health departmental and faculty seminars aimed at sharing research outcomes and building interdisciplinary collaboration within and outside the department. * Participate in the development, administration and marking of exams and other assessments. * Provide pastoral care and support to students. * Maintain own continuing professional development and maintain. * Directing, co-coordinating and administering medical and non-medical resources, installations follow-up facilities and services * Ensures the development of key leadership, management, financial and administrative skills of direct reports to increase their capacity to develop and undertake major initiatives and assume larger responsibilities to further expand program impact and sustainability. * Directs and administers the Hospital activities of the overall in accordance with instructions and plans developed by the SPHMMC leadership. * In collaboration with the SPHMMC vice Provost and provost, Identity staff capacities for professional development as capacity building manager . * Providing lecturer public health course to medical and paramedical students at SPHMMC * Effectively managing designated projects and areas of responsibility through personal input and effective management of others * liaise and negotiating with medical and non-medical staff internally.   ***Position : Registered nurse RN -National Hospital*** |

**Job Description:**

* Monitored infection control and critical incidents and made changes and improvements to processes where necessary.
* Advised, coached and mentored experienced and student nurses on medical issues, crisis management and appropriate nursing interventions.
* Coordinated and led in-services to facilitate nursing leadership development and career growth.
* Monitored and recorded patient condition, vital signs, recovery progress and medication side effects.
* Administered medications, tracked dosages and documented patient conditions.
* Acted as patient advocate and implemented total patient care through team nursing process
* Counseled patients and caregivers, providing emotional, psychological and spiritual support.
* Facilitated patient flow during emergency situations, directing evacuations, admissions and transfers.
* Communicated with primary care physicians or emergency care providers to relay patient needs.
* Oversaw patient admission and discharge processes to coordinate efficient movements and related paperwork.
* Administered oral, intramuscular and IV medications to patients and monitored responses.
* Treated patients using pharmacological and non-pharmacological treatment modalities to address various disorders, diseases and injuries.
* Worked with management to identify and implement initiatives to increase nursing staff retention, morale and satisfaction.
* Performed blood and blood product transfusions and intravenous infusions to address patient symptoms or underlying causes.
* Completed daily chart audits and assessed clinical records to verify accuracy, evaluate performance against goals and check for appropriate education of patients and families.
* Trained new RN hires and ancillary staff members to meet patient service goals, champion standards of care and improve patient overall satisfaction.
* Participated in hospital-wide initiatives and committees to improve patient care, satisfaction and safety.
* Assisted patients with healing and recovery after surgery by closely monitoring and caring for wounds, answering questions and educating about continued care strategies.
* Educated mothers on newborn care and post-delivery health to optimize outcomes.
* Designed strategies to resolve nursing and patient satisfaction issues, improve response and patient care quality and propose plans to enhance quality and safety initiatives hospital-wide.
* Organize and participate in quality improvement, monitoring, review and evaluation activities.

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| ***Education:***   * ***License RN-Registered Nurse from Nevada board of Nursing*** * ***Bachelor of Science Degree in Nursing (BSN)*** *from Addis Ababa University, Ethiopia August 2007* * ***Certified nursing assistance ( CAN )*** *from Genova Health Institute ,CA ,USA- jan 2019* * ***Master Of Public Health(MPH)*** *from Haromaya University, Ethiopia July 2009* * ***Computer Science*** *Diploma from YSMCF 2004* |
| ***Training***   * *BLS* * *ACLS* * *Uniform Data System for Medical Rehabilitation* * *Disaster , Emergency preparedness and responded and management* * *Medical ethics* * *Home Health Aid* * *Research Methodology and Data Analysis Software (Epi INFO and SPSS),* * *Advanced Health System Research* * *ToT Management of Gender based violence survivors* * *Proposal Writing and Project Planning* * *Leadership, communication and management training* * *Basic emergency, obstetrics and Neonatal Care (BEmONC) training* * *Public health in emergency* * *WHO- UN Basic Security in the Field II* * *Participatory planning, monitoring and evaluation training* * *Training on Infant & PMTCT OPTION B+* * *Training on Procurement system management* * *Leader ship and management on TB/HIV program* * *TB/HIV Strategic plan development* * *Project Cycle Management Training* * *ToT on Community Conversation of Malaria Program* * *Certificate on National Comprehensive Maternal Newborn and child health care/PMTCT-FP,* * *Leadership and Management Skills Trainings sponsored by center for training and professional development* * *Certificate on trainer of trainee 0n adolescent and youth reproductive health service* * *Standard Notational Palliative Care on HIV /AIDS* * *Health Service Planning, Management, Monitoring and Evaluation,* * *Monitoring and Evaluation of Health and Nutrition assessment,* * *Community based surveillance and public health prevention,* * *National Standard Compressive HIV/AIDS CARE/ART Training* * *Certificate on ToT on TB/HIV management collaboration Program and PIHCT* * *Certificate on Compressive HIV/AIDS Prevention Knowledge up date,* * *Health Management Information system.* |

***Reference:***

1. *Lukas Hawsye , RN,BSN ,House supervisor , Desert parkway behavioral Hospital –Las Vegas*

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