| Shawna SingletonI am a Registered Nurse interested in expanding my knowledge in patient care and safety. I am a compassionate and hard-working person who is interested in working as a team with my coworkers to help care for patients of all ages. I am a fast learner and love to learn new things. My goals are to return to school to gain my BSN and hopefully continue through to get my MSN and NP in family practice medicine. | 3000 Cresswell Rd.Richmond, VA. 23237804-439-2870shawnarae94@gmail.com |
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| EXPERIENCE**TriageLogic—***Teletriage Nurse* November 2021-CurrentI assist my team of nurses to take after hours calls from doctors offices around the country. I use our Schmitt-Thompson prewritten medical protocols to decide what level of care a patient may need and instruct them how to take care of their symptoms until seen be a doctor. I communicate with doctors to assist in patient instructions and care and ensure every patient has appropriate understanding of instructions and follow up if needed. I work with my team to assess urgency of calls to ensure care is given in a timely manner. I use HIPAA compliant computer software and charting. **Ideal Image, Glen Allen VA--** *Aesthetic Registered Nurse*October 2019-November 2021-CurrentI perform aesthetic treatments for paying clients. I assess if treatments are safe and recommended for the guest. I administer Botox, filler, laser hair removal, coolsculpting, and other medical grade aesthetic treatments under the scope of an MD. I also assist with scheduling guests, customer service, setting and reviewing safety standards, policy review within my office, cleaning, paper and online charting, etc. I work with team members mostly virtually since the Covid-19 pandemic hit. We utilize zoom, microsoft teams, outlook, and other virtual communication platforms. I also work alongside other RNs and client care professionals within my office as a team to ensure the safest and most client centered workspace as possible. Chippenham Hospital, Richmond VA — *Registered Nurse*February 2018 - October 2019I worked with a patient load of 4 patients at a time, sometimes 5, if needed. My responsibilities included, but were not limited to, passing medications to patients, assessing patients condition and working directly with physicians in order to properly care for the patient and guide them towards getting well, assisting patients with activities of daily living, patient education on their condition, procedures, medications, special diets, medical equipment, etc, charting my care and patient updates on the Meditech system as well as in paper charts when needed, notifying physicians and family members of changes in patients condition, taking vital signs, and working with my fellow nurses to provide for patient safety.Chippenham Hospital, Richmond VA— *Nurse Technician*February 2015 - January 2018I assisted nurses in general patient care. I helped the patients complete activities of daily life, took vital signs and blood sugars every 4 hours, notified nursing staff of changes in patient’s condition, and charting my care in the Meditech system. I also assisted as a patient companion in which I would sit with patients who were at risk of falling or committing suicide. Chippenham Hospital, Richmond VA — *Telemetry Technician*June 2016-January 2018I watched heart rhythms of between 20 and 60 patients at a time, depending on the amount of patients admitted. I examined the rhythms ͢͢͢͢and notified nurses of any changes or arrhythmias. I also communicated with physicians to notify them of any changes. **Famous Footwear, Chester VA -** *Associate Manager*March 2013-February 2015I assisted customers in finding the product of their choice. I assisted the store manager in making schedules, planning inventory, product placement, signage placement, opening and closing the store, counting till and taking it to the bank, and watching over lower level associates. I also took part in interviewing possible candidates for employment. EDUCATIONJohn Tyler Community College, Chesterfield VA — *Associates Degree in the Science of Nursing* Graduated December 2017Lloyd C. Bird High School — *Advanced Diploma*Graduated May 2012REFERENCES**Michele Estep,** *Coworker at Chippenham Hospital since 2015*Phone- 804-928-1679**Wendy Minton,** *Training nurse and coworker at Chippenham Hospital since 2018*Phone- 804-543-1967**Marian Wright,** *Clinical Coordinator and coworker at Chippenham Hospital since 2018*Phone- 804-591-6954**Caroline Corvin,** *Training nurse and coworker at Ideal Image since 2020*Phone- 804-382-5902 | SKILLSPatient educationMulti-taskingPatient communicationSafety Monitoring * Aesthetic Injections
* Laser Hair Removal
* Other Aesthetic Treatments
* IV insertion
* Calculating medication dosage
* Trach care
* Wound care/dressing changes
* Telemetry/reading heart rhythms
* Drain/NG tube/PEG tube care
* Fracture care and management

CERTIFICATIONS/LICENSES**Licensed Registered Nurse**: expires 06/30/2022**Basic Life Support:** expires February 2020**Advanced Cardiovascular Life Support:**  expires February 2020**Basic Telemetry Rhythms:** no expiry **Nonviolent Crisis Prevention** |