

Charita Downing

Registered Nurse

Savannah, GA 31419

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Compassionate and devoted registered nurse, seeking to attain a position that allows me to provide quality patient care, comfort, and expertise.

Work Experience

RN Psychiatric Nurse

Georgia Regional Hospital - Savannah, GA

October 2018 to Present

- Provide care to psychiatric patients
- Provide psychological support to patients and their families
- Transcribe doctor's orders, review charts
- Administer medications or treatments as directed
- Monitor patient progress and document changes to behavior or health
- Provided education and discharge instructions
- Trained new staff
- Supervised student nurses

RN Staff Nurse-Rehab/TCU

St. Joseph's/Candler - Savannah, GA

April 2019 to November 2020

- Worked directly with social workers, therapists and patient and physicians
- Provided nursing care for up to 6 patients per shift
- Admitted patients
- Collected and interpreted patient data
- Formulated and evaluated health care plans
- Facilitated the plan of care
- Administered medication and treatments through Point Click Care
- Delivered patient education

PCA Personal Care Assistant

HOMENURSE INC

August 2015 to July 2018

- Assisted with adequate nutrition and fluid intake.
- Planned, prepared and served meals and snacks according to prescribed diets.
- Provided transportation, assistance and companionship to clients.
- Positioned residents for comfort and to prevent skin pressure problems.

Education

BSN in Nursing

Georgia Southern University - Savannah, GA
September 2019 to December 2020

Associate in Science (AS) in Nursing

Technical College of the Lowcountry - Beaufort, SC
August 2016 to May 2018

Certifications and Licenses

Registered Nurse (RN)

June 2018 to January 2020

Registered Nurse (RN)

August 2019 to Present

RN-BSN

BLS Certification

CPR Certification

Additional Information

Skills & Abilities

- Maintains strict confidentiality
- Electronic Medical Record (EMR) software
- HIPAA compliance
- Strong planning skills
- Time management skills
- Patient-focused care
- Strong work ethic
- Team player with positive attitude
- Good written communication
- Exercises good judgement