

# Josiane Plassy

Frederick, MD 21701

[josiane.plassy@yahoo.com](mailto:josiane.plassy@yahoo.com)

+1 347 926 2300

OBJECTIVE: To obtain an entry level nurse position where my strong nursing foundation will be utilized and built upon.

## Work Experience

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### **Float Pool Registered Nurse**

Shady Grove Medical Center (Critical and Cardiac PCU/IMC/TELE/Med-Surg) - Rockville, MD

August 2019 to Present

- Assess, analyze and treat complex patient conditions.
- Maintain, monitor, and analyze various patient monitoring equipment such as arterial lines, temporary pacemakers, intracranial pressure monitors, and ventilators.
- Proficient with electronic medical records.
- Titrate and monitor critical medication drips.
- Ability to maintain sound judgment and poise under the pressure of rapid response and code blue situations.
- Provide family centered education on various diagnostic tests and procedure.
- Promote and follow core measures, and hospital policies when providing high quality care.
- Build trust and rapport with patients, caregivers and colleagues.

### **Registered Nurse**

University of Maryland Medical Campus ( ICU/ IMC/TELE) - Baltimore, MD

July 2017 to August 2019

- Provide exceptional care to critically ill patient in ICU/ IMC
- Administer medications and intravenous fluids
- Monitor telemetry and respond to calls and emergent, life-saving situations.
- Follow physician orders and report change in condition.
- Educate patient and families and provide caring support.

Medstar harbor Hospital (PACU Nurse)

Baltimore, Maryland

Registered Nurse 08/2016- 07/2017

Managed and recovered high acuity patients with neurological, gastrointestinal, cardiovascular, pulmonary and renal, orthopedics, spinal, breasts, colon and rectal, gynecological, hernia, ophthalmological, thoracic, urological surgeries.

Managed and recovered pediatrics patients.

- Provide patient care according to the hospital processes, policies and procedures.
- Ensure stability of patient's vital signs and administered medication when appropriate.
- Knowledge of cardiac telemetry.
- Recognize clinical abnormalities then communicated with anesthesiologist in reference to
- diagnosing and treating of clinical problems.
- Monitor MAP, BP, arterial pressure and other vital signs, provided care of arterial and central

- venous lines, as well as, ventilator management.
- Manage patient care analgesia and epidural pumps for pain management.
- Educate and supported patient and family on care of patient.

### **Registered Nurse**

Bellevue Hospital Center (Surgery ICU/ Bariatrics) - New York, NY

January 2013 to August 2016

- Tasked with providing high standard of patient care within the surgery unit.
- Perform general nursing responsibilities, including assessments, medication administration, admissions and discharges, plan of care development and patient/ family education.
- Monitor patient condition and update care plan as needed.
- Provide variety of care to surgical patients with cancer, GI, orthopedics, trauma, GYN and geriatrics.
- Collaborate with physicians and nursing staff to ensure plan of care aligns with patient needs.

### **Registered Nurse**

Holy Cross Hospital Germantown (Acute Care/Telemetry/ MedSurg)

- The assessment and monitoring of patient conditions
- Checking symptoms and vital signs and arranging diagnostic tests
- Developing on-going care plans
- Administering intravenous drips or different types of medication
- Checking and using specialized equipment such as monitors and ventilators

### **Skills**

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- Fluent in French
- Proficient in electronic medical record use- Cerner/Epic/MedConnect/Quadramed/ Eclypsis
- MS office
- Advanced Cardiovascular Life support (ACLS)
- Basic life support certification (BLS)

### **Certifications and Licenses**

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#### **RN License**

#### **BLS Certification**

#### **ACLS Certification**