MELISSA MARIE YOUNG

TWO HUNDRED ONE EAST MAIN CROSS STREET • Palmyra MO 63461 217.440.7538 • mnyoung20@gmail.com

March 22, 2022

To whom it may concern,

I am a self-motivated, detail-oriented, and progress-driven registered nurse/charge nurse with a compassion for patients, families, and co-workers. I have an active, unrestricted Missouri compact license and Illinois license with a strong work history. With a long-standing record of initiative and innovation, I have developed and executed strategies that I believe will bring value to your company. I have strong leadership skills and compassion for all backgrounds of people.

In my five and half years as a nurse, I have served in different types of clinical settings, such as care management/utilization review for medical surgical units; staff resource nurse; labor & delivery; women's care; triage and hot line care; peri-operative care and more. I am excellent at managing patients and staff members. I have worked with patients of various backgrounds, performing procedures, and talking with families. I offer a variety of fine-tuned skills that I believe would be beneficial for your department.

During my time as a nurse, I have held the hands of nervous patients, wiped away tears and listened to the concerns of those with loved one's suffering. I have watched babies come into this world, and people of all ages drift out of it. I consider it a privilege for me to deliver emotional and supportive care to my patients while building a strong rapport.

My background includes strong skills in patient assessment, patient advocacy, optimistic approach and strong leadership while leading by example. Patients' health and well-being are very important to me, and I work diligently to listen and explain details carefully so that patients understand procedures, treatment options, and discharge plans. My experience demonstrates that I am not just a well-educated nurse but a compassionate, dedicated, and disciplined one.

Many Blessings, Melissa M Young



MELISSA MARIE YOUNG

TWO HUNDRED ONE EAST MAIN CROSS STREET • Palmyra MO 63461 217.440.7538 • mnyoung20@gmail.com

EDUCATION

Bachelor of Science in Nursing • May 2016 • Quincy University/Blessing-Rieman • Quincy, Illinois • License: Illinois

Department of Financial & Professional Regulation Registered Professional Nurse # 041442255 Missouri (Compact)

Department of Financial & Professional Regulation Registered Professional Nurse # 2020037880

EXPERIENCE

Reliant Care Management, LTC/RCF/SNF, Hannibal, Missouri Assistant Director of Nursing

Responsible for the nursing team and quality of 208 residents care & service alongside the Director of Nursing.

- \geq Assisting in the hiring, training, teaching, and monitoring nursing staff.
- Charge Nursing the units during shortage of nursing staff and on-call nurse 24/7
- > Managing clinical operations and developing care plans.
- \geq Supervising, analyzing, delegating, and evaluating nursing activities and ensuring patient comfort and care.
- Developing systems to ensure quality patient services. ≻
- ⊳ Assistance of the nursing staff schedule and planning shift responsibilities.
- > Overseeing wound care treatment plans and ensuring healing stages are improving.
- Ensuring nursing staff follows departmental procedures and policies. \geq

Hannibal Regional Hospital, Hannibal, Missouri • Women's Care Unit Labor & Delivery Registered Nurse/Surgical Circulator

- Assist the physician during delivery, treatment, examination, and surgical procedures. \triangleright
- \geq Assess, develop, and implement a plan based on patient's psychological status, using whole person nursing.
- > Monitor fetal heart rate for abnormalities and communicate them to the physician on duty.
- > Triage perinatal patients and collaborate with the multidisciplinary team to plan therapeutic treatment to achieve optimal outcomes.
- > Circulating nurse and/or scrub tech in the operating room for scheduled, unscheduled, and emergent cesarean sections.
- \triangleright Efficient organization, documentation, and critical thinking in a fast-paced environment.
- > Rapid critical thinking and intervention with labor, postpartum, and postoperative complications.

Blessing Health System, Quincy, Illinois • Obstetrics, Women, & Children Unit Labor & Delivery Registered Nurse/Charge Nurse

- May 2016-Nov 2020
- > Assist the physician during delivery, treatment, examination, and surgical procedures.
- > Effective charge nurse role, with a team focus on positive, supportive environment.
- > Triage perinatal patients and collaborate with the multidisciplinary team to plan therapeutic treatment to achieve optimal outcomes.
- > Circulating nurse in the operating room for schedule, unscheduled, and emergent cesarean sections.
- > Rapid critical thinking and intervention with labor, postpartum, and postoperative complications.

Nov 2020-Nov 2021

Nov 2021- Mar 2022

Blessing Health System, Quincy, Illinois • Remote

COVID Hotline Nurse-Seasonal position (per diem)

- Answer questions with evidence-based research about Covid-19 and empathetic listening to concerns, as well as give advice desired.
- > Triage and arrange the most appropriate plan of care for everyone's different circumstances.
- Stay up to date on most recent research and educate the public on proper care and quarantine information.
- Call patients with results and educate them on quarantine guidelines and proper care/treatment options.
- Organize preoperative testing appointments into the designated template.
- Send the results to the correct facilities in a timely manner before their procedures.

Blessing Health System, Quincy, Illinois • Inpatient C3 July 2019-Sept 2020

Care-Management/Discharge Planning/Charge Nurse/Bed Management/ Oncology/Med- Surg Units/Progressive Care

- Monitor, trend, and convey critical patient information alongside a multidisciplinary team to ensure effective treatment plan and care.
- Assess patient needs for success at home managing their health with services and equipment which ultimately reducing readmissions.
- Build rapport and support for patients on a whole person level and assist with arranging tools to manage their optimal health at home.
- Act as principal liaison to collaboration with all different departments of the healthcare team.
- Ensure appropriate bed is assigned, patient care needs are met, and treatment plans are executed appropriately.
- Maintain a current knowledge of health care economics; evidence-based treatments; reimbursement methods and application.
- Actively manage LOS for the unit's patients through partnership & collaboration with all members of the team
- > Provide emotional support and practice therapeutic listening skills.
- > Provide personalized care and service by consistently demonstrating I-CARE values.
- > Positive representation of the brand of the Blessing Corporate Health Systems.
- Work alongside many insurance companies, especially Medicare programs, to ensure patients know what services are covered.

CERTIFICATES

 $BLS \bullet ACLS \bullet NRP \bullet CALM \bullet Advanced Fetal Monitoring$

AWARDS

Who's Your Angel ~ Multiple patients donated to foundation in honor of my care Daisy Nominations ~ Multiple patients/monthly Exceptional Care Candy Grams ~ Multiple patients/monthly Patient Rounding Shoutouts ~ Multiple patients/monthly