

## CURRICULUM VITAE FOR:

**MARGRET CHOGA**  
**REGISTERED NURSE-MIDWIFE**



### PERSONAL DETAILS

**Address:** 7344 river walk dr apt D  
Indianapolis Indiana 46214

**Cell phone:** +1 505 485 2970

**Email:** [chogamargret@gmail.com](mailto:chogamargret@gmail.com)

**Date of Birth:** 22 Dec 1981

**Gender:** female

**Residents:** USA resident

**Nationality:** Zimbabwean

**Passport Number:** DN595768

**Languages:** English

I am an internationally experienced Registered Nurse-Midwife with over nine years' experience with all necessary qualifications to work in private health care facilities and national hospitals or clinics. I am registered with NMBON USA, Namibian and Zimbabwean nursing councils. I have gained extensive experience with all common processes and procedures required by today's nursing staff. Over the years I have worked in emergency unit, maternity, and opportunistic infection clinic. I am a focused Registered Nurse-Midwife who takes pride in delivering the highest standards of care and strongly believe that high quality nursing care can lead to improved patient recovery. I can work in difficulty and busy environment. I am also a good team player who can work as a supervisor.

### EDUCATION

- School:** Mpilo School of Midwifery  
**Qualification:** Diploma in Midwifery  
**Period:** January 2013 to December 2013
- School:** Kwekwe School of Nursing  
**Qualification:** Diploma in General Nursing  
**Period:** January 2005 to December 2007
- School:** Munyati Zesa Secondary School  
**Qualification:** Ordinary Level Certificate  
(Five ordinary level passes)  
**Period:** January 1997 to December 2001

## SKILLS

- Long term facility
- Correctional facility
- Obstetrics and gynaecology management.
- Theatre maternity.
- Labour care.
- Antenatal care.
- Postnatal care.
- Medical emergencies management.
- Infectious diseases management.

## IN HOUSE TRAINING

- Management of Sexually Transmitted Infections.
- Rapid Testing.
- Life Saving Skills- Essential Obstetrics and new-born care.
- Integrated HIV Prevention Treatment Care and Support.

## INTEREST

- Touring.
- Listening to music.
- Reading medical journals.

## PROFESSIONAL EXPERIENCE

**1.Indiana Women Prison:**2596 girls school road Indianapolis 46214

**Position:** Supervisor Registered Nurse

**Period:** January 2021 to date

**2. Kindred hospital:** Peoria Illinois

**Position:** Registered Nurse

**Period:** October 2021 to date

**3.Employer:** Genesis 310 genesis way Severna Park 21146 MD

**Position:** Registered Nurse

**Period:** April 2020-January 2021

**4.Employer:** Casa Maria Care and Rehabilitation Centre.

**Position:** Registered Nurse

**Period:** June 2019 to April 2020

**5.Hospital:** John Stroger Hospital

**Employer:** Favorite Healthcare staffing

**Position:** CRISIS RN

**Period:** January 2022 to date

**6.Hospital:** Lady Rodwell Maternity Hospital

**Employer:** Ministry of Health, ZIMBABWE

**Position:** Registered Nurse-Midwife

Registered Nurse up to Dec 2012

**Period:** June 2011 to May 2016

**7. Hospital:** Opportunistic Infection Clinic

**Employer:** Ministry of Health, ZIMBABWE

**Position:** Registered Nurse

**Period:** September 2009 to May 2011

**8.Hospital:** United Bulawayo Main Hospital

**Employer:** Ministry of Health, ZIMBABWE

**Position:** Registered Nurse

**Period:** February 2008 to August 2009

	<p><b><u>KEY COMPETENCIES</u></b></p> <ul style="list-style-type: none"> <li>➤ Performance of active resuscitation in the absence of doctor.</li> <li>➤ Strict adherence to laid down organizational processes and practices.</li> <li>➤ Giving total physical, social, and psychological care to patients.</li> <li>➤ Occupational health and safety procedures as well as upholding professional ethics.</li> <li>➤ Ability to develop and implement institutional strategies that seeks to improve institutional capacity.</li> <li>➤ Observe patients' charter.</li> <li>➤ Can work as a supervisor and able to work under pressure.</li> </ul>
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**MAIN RESPONSIBILITIES FOR THESE POSITIONS WERE.**

**Correctional Facility**

- In charge of day shift and reporting to Health Services Administrator.
- Accountable and responsible for narcotics, sharps, and administration of injectable.
- Assessment and management of psychiatric offenders e.g., administration of antipsychotics.
- Carry out covid tests and screen patients.
- Monitoring blood sugars and blood pressure on chronic patients.
- Triage nurse sick call, attending to emergency code and evaluate admission of new intakes, parole violators and doing annual screening of all offenders.
- Delegating duties according to seniority and capabilities.

## Rehabilitation Centres

- Takeover of detailed report of residents in a nursing home.
- Administration of chronic medications, ensuring correct medication is administered to the resident at the right time.
- Monitoring of blood pressure and blood sugar of residents with DM and HTN.
- Monitoring behaviours which arise due to psychotropic medications and any other changes in condition and reports to physician if any.
- Supervising CAN while giving bath and shower at the same time doing skin checks in case there is skin breakages.
- Supervising staff and monitoring residents during mealtime, and act immediately if anyone chokes.
- Admitting and nursing of patients including positive COVID 19 patients, making use of PPE and isolations precautions.
- Preparing bed space for admission.
- Administration and monitoring of iv fluids and central lines e.g., PICC line.
- Implementing regulated infection control precautions associated with COVID 19 crisis.
- Carrying out sterile procedures e.g., tracheostomy care, catheter care and wound care.
- Medication reconciliation on admission.

## Labour Care

- Monitoring of feto-martenal well-being using a partogram and giving clear instructions to clients on what is expected of them during delivering.
- Diagnosing of emergencies during labour and informing the obstetrician in time to enable a well-planned delivery.
- Ensuring that protocols are followed when managing obstetric emergencies i.e., post-partum haemorrhage, shoulder dystocia and eclampsia.
- Care of baby at, conduct initial examination and neonatal resuscitation (if needed) using HELP BABY BREATH FORMAT (HBB) and giving APGAR score at one- and five-minute intervals.
- Identify babies ' need of paediatrician care and transferring them to special care baby unit.
- Conduct normal vertex deliveries and some breech deliveries aseptically.
- Provide counselling and testing services to all mothers with HIV unknown status.
- Document delivery procedures in the delivery register.

## Antenatal Care

- Admit pregnant mothers with antenatal conditions e.g., pregnancy induced hypertension.
- Conducting routine observations e.g., fetal heart, antenatal emergencies, and advice pregnant mothers to come to hospital immediately.
- Discuss family planning methods, share experiences and provisions of information on various family planning methods.
- Offer infant feeding counselling services and support mothers on their chosen method of feeding.
- Administer prescribed drugs.

## Theatre Maternity

- Receiving babies and do immediate care for new-born.
- Receiving of patients from the ward and listening to the fetal heart.
- Assisting the doctor during the caesarean section as scrub nurse.
- Maintain sterility throughout the procedure by use of sterile packs.
- If working as a runner, ensure that all relevant information is documented in the registers, counting of swabs and sharps with scrub nurse.
- In recovery, monitoring patient's vital observation and bleeding from the operational site.
- Informing the obstetrician and anaesthetist of any abnormalities.
- Ensuring that theatre bed, floors and walls are scrubbed after every procedure using disinfectants and making sure all equipment in theatre are in good working condition.

## Opportunistic Infections Clinic

- Initiating patients on antiretroviral therapy and monitoring.
- Child counselling.
- Adherence counselling.
- Counselling parent care givers and patients about conditions, diet, positive living, and prognosis.
- Assessment and consultation of patients.
- Identifying patients who are responding poorly to their medication.
- Collecting blood for viral load, CD4 count, urea, and creatinine.
- Referral of complicated cases to opportunistic infections doctor.
- Health educations (individuals and groups).
- Pre and post HIV test counselling of clients.
- Record keeping.
- Compiling of statistical data and reporting.

## Casualty

- Neurological observation on patients with head injuries.
- Assisting doctor with procedures.
- Administration of prescribed medication and strict adherence to shift hand-over to understand the care of patients.
- Checking and ensuring that all emergency equipment is in good working order i.e., suction machines, level of humidified oxygen.
- Checking the dangerous Drug Register and ensuring that the cupboard is always locked.
- Ensuring that patients who need admissions are escorted to various wards.
- Participating in the doctors' rounds, taking all orders, and making sure that they are implemented.
- Performing of other duties e.g., insertion of cannula and catheter.
- Creating privacy during the examination of patients.
- Being an advocate for patients, creating a good nurse patient relationship.
- Conducting nurses round daily at each hand over.
- Ensuring doctors' orders are carried out.
- Delegating of duties to staff according to capabilities
- Drafting weekly off duties.
- Orient new staff attached to department.
- Teach student nurses, demonstrate procedures, and supervise while they do procedures.

## Medsurg floor

- Taking care of patients with wide variety of respiratory issues on ventilators and pegged and monitoring their respiratory system around the clock.
- Taking care of tracheostomy patients and working with physicians and respiratory team to provide necessary care
- Monitoring patient vitals, lab values continuously and collaborating with physicians to provide quality needed care.
- Analysing cardiac arrhythmias, their consequences, treatment options and communicating with physicians.
- Excellent in inserting peripheral IV lines, manage central lines, PICC lines, drains, and other access lines.
- Ensure medications are safely administered per facility protocol and strictly verifying with other registered nurses when needed.

REFEREES

<p>1. <b>Jessica Blanchard:</b> DON Casa Maria Rehab Facility Roswell, <b>New Mexico</b> Cell (505) 600 6223</p>	<p>2. <b>Andy Hughes:</b> DON Indiana Woman Prison 2596 Girls School Road, Indianapolis <b>Indiana 46214</b> Cell (317) 441 2340</p>
<p>3. <b>Jody McClan:</b> DON 310 Genesis Way Severna Park 21146 <b>Maryland</b> Cell (410) 446-4252</p>	<p>5. <b>Mrs G Nyamugure:</b> Sister in Charge Lady Rodwell Maternity United Bulawayo Hospitals Ascot, Bulawayo <b>Zimbabwe</b> Telephone +263 252111 extension 140</p>
<p>4. Douglas Witzig: Supervisor Kindred Hospital 500 W Romeo B Garret Ave, Peoria, Illinois Cell (309) 251-1819</p>	<p>6. Wismark Nyaata: Supervisor Kindred Hospital 500 W Romeo B Garret Ave, Peoria, IL Cell (309) 981-9807</p>