

# Charlene Canal

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Current Registered Nurse seeking to gain experience, knowledge, and expand my expertise in the critical care area of nursing. Avid to utilize my earned skills as a registered nurse that would provide security to patients, family members and hospital staff, at a Magnet-recognized and admired establishment. Proven to competently handle any medical emergency or situation, with the essential skill-set to perform under pressure. Identified maturity, flexibility and sensitivity in coping with difficult situations. Established excellent interpersonal skills, a dedicated worker, as well acquiring a sense of motivation.

## Work Experience

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### **Clinical Nurse II, Post Anesthesia Care Unit**

UC IRVINE HEALTH - Orange, CA

June 2021 to Present

- Admits and recovers patient according to the facilities policy and procedure, completes preoperative teaching to patient and family and initiates postoperative teaching to be completed during the recovery phase
- Provides nursing care and appropriate monitoring of the patient according to policy and procedure
- Accurately completes Preop/PACU record
- Maintains and updates clinical knowledge and skills based on current nursing education practices
- Ensures a collaborative interdisciplinary approach to achieve optimal patient care outcomes and to further the goals of the institution
- Serves as a support and resource for the education of health professionals
- Facilitates an environment conducive to creativity in practice, shared decision making and collaboration with all members of the health care team

### **Registered Nurse II, Critical Care Unit**

ST. JUDE MEDICAL CENTER - Fullerton, CA

November 2018 to Present

- Provide exceptional care to critically ill patients in ICU
- Manage life support equipment and IV administration of fluids and medications
- Provide respiratory and ventilator management and cardiac monitoring for patients
- Report change in conditions and respond to emergent situations
- Assist physicians with bedside procedures and treatment protocols
- Establish a compassionate environment by providing emotional, psychological, and spiritual support to patients, friends, and families

### **Clinical Nurse II, Surgical Intensive Care Unit**

UC Irvine Health

July 2019 to June 2021

- Perform RN duties for critically ill trauma, vascular, neurosurgery, urology, transplant, oral, maxillofacial, otorhinolaryngological, hand reconstructive, surgical oncological, and post-operative patients
- Provide trauma specific patient care such as stabilizing critical patients, performing mass transfusion and fluid resuscitation, titrating intravenous critical drips by interpretation of non-invasive and invasive hemodynamic monitoring values and utilizing ACLS
- Assist providers with line insertions, chest tube, and life saving bedside procedures, brain death protocols while working with organ procurement specialist
- Follow protocols to prevent VAP, CAUTI, and CLABI

### **Clinical Nurse II, Perioperative Services**

UC Irvine Health

April 2014 to June 2019

- Provide for the surgical needs of patients of all ages, by assessing, planning, teaching, and implementing nursing care preoperatively and postoperatively
- Create and maintains a calm and safe environment, monitor physiologic and psychological status, integrate and coordinate care across settings and among disciplines, patient advocacy, and efficient provision of resources
- Treat patients undergoing all surgical subspecialties: neurosurgery, cardiac surgery, trauma, pediatrics, oncology, general surgery, urology, ophthalmology, otorhinolaryngology (ear, nose and throat), dental, plastic and reconstructive, and orthopedic surgery

### **Registered Nurse II, Step-down Unit**

St Jude Medical Center

January 2016 to November 2018

- Provided direct patient care to patients' with high acuities that are respiratory, cardiac and neurologically impaired
- Worked in a team environment with a 24-hour staff doctor or nurse practitioner; immediately reported critical values and changes in patient status
- Observed patients' vital signs and implemented interventions based on critical thinking and assessment skills
- Educated patients and families in areas of medication, safety, prevention, and symptom management

### **Staff RN, Cardiac Vascular Observation Unit**

ANAHEIM REGIONAL MEDICAL CENTER - Anaheim, CA

October 2014 to December 2015

- Provided direct quality care to patients including daily monitoring, recording, and evaluating of medical conditions of up to 4 patients per day
- Collaborated with other healthcare team providers in improving patient status through excellent quality care to decrease patient stay
- Delivered responsive, compassionate, patient centered-care daily with majority of cardiac related caseloads
- Interacted and communicate with patients of all ethnic backgrounds, giving quality medical care and treatment

## Education

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### **Bachelor's degree in Nursing**

West Coast University-Orange County - Anaheim, CA

April 2013

## Nursing Licenses

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### **RN**

Expires: August 2023

State: CA

## Skills

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- Epic
- Meditech

## Certifications and Licenses

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### **NIHSS Certification**

### **PALS Certification**

April 2021 to April 2023

### **BLS Certification**

November 2020 to November 2022

### **ACLS Certification**

November 2020 to November 2022