



# JOAN DE BELLA

 Jdebella68@gmail.com

 (714) 296-5903

 Lake Havasu City, AZ  
86403

 [Online Digital Resume](#)

## PROFESSIONAL SUMMARY

Polished Circulating Nurse offering 17 years of expertise advocating for patients before, during and after surgical procedures. Friendly and calming individual skillful in preparing patients for various procedures. Great bedside manner and strong attention to detail. Well-versed in aseptic techniques, operating room procedures and pain management techniques.

## SKILLS

- Patient Care Assessment
- Procedure Assistance
- Creative Problem Solving
- Clear Patient Communication
- Treatment Preparation
- Medication Administration
- Patient Condition Monitoring
- Accurate Documentation
- Patient Care Oversight
- Compassionate and Caring
- Procedure Room Preparation
- Monitoring Vital Signs
- Decision Making
- Attention to Detail

## EDUCATION

**Argot Ogden School of Nursing**

Elmira, NY • 06/1998

**Nursing Diploma:** Nursing

## WORK HISTORY

**La Paz Regional Hospital - Circulating Nurse, Operating Room**

*Parker, AZ • 02/2021 - Current*

- Monitored surgical patients and delivered quality level of care before, during and after operations to promote positive outcomes.
- Used aseptic techniques to maintain sterile fields and actively monitored situations to prevent breaches in aseptic techniques.
- Coordinated and consulted with healthcare teams to plan, implement, assess and evaluate patient care plans.
- Kept count of all surgical instruments and sponges used during operations and procedures.
- Educated patients and families on illnesses, medications and treatment plans.
- Communicated with patient and his or her family regarding postoperative and wound care.
- Performed preoperative assessments on patients and evaluated overall health.
- Positioned operating room lights and laid out sterile instrument packs.
- Provided high level of individualized care to adult patients across multiple medical specialties.
- Positioned patients in operating rooms to prepare for

surgical procedures, using supine, prone and sitting surgical positions.

- Assisted with patient respiratory needs by administering oxygen, inserting OPA's and applying suction and jaw thrust.
- Coordinated nursing care to be carried out according to facility guidelines and regulations.
- Provided effective bedside care to patients before and after procedures to deliver comfort.
- Administered medications via oral, IV and intramuscular injections and monitored responses.
- Kept optimal supply levels in treatment rooms, triage and other areas to meet typical patient loads.
- Trained new nurses in proper techniques, care standards, operational procedures and safety protocols.
- Collected, labeled and transported specimens and delivered to lab for testing.
- Verified patient information to make licensed staff aware of relevant health factors.
- Updated patient charts with data such as medications to keep records current and support accurate treatments.

**Advanced Surgical Inst. - RN/Director of  
Nursing/Operating Room Circulator**

*Huntington Beach, CA • 05/2005 - Current*

- Provided effective bedside care to patients before and after procedures to deliver comfort.
- Collaborated with members of patients' healthcare team to deliver appropriate level of care.
- Provided direct support to surgical team during procedures.
- Trained new nurses in proper techniques, care standards, operational procedures and safety protocols.
- Coordinated nursing care to be carried out according to facility guidelines and regulations.
- Prepped operating rooms by cleaning room, stocking rooms, and setting room up with necessary equipment to comply with environmental asepsis standards.
- Prepped operating rooms by stocking room with necessary materials and equipment for specific procedures and turning over/cleaning room to comply with environmental asepsis standards.
- Collected, labeled and transported specimens and

delivered to lab for testing.

**Lake Havasu Regional Hospital - Circulating Nurse,  
Operating Room**

*Lake Havasu City, AZ • 02/2019 - 02/2020*

- Monitored surgical patients and delivered quality level of care before, during and after operations to promote positive outcomes.
- Used aseptic techniques to maintain sterile fields and actively monitored situations to prevent breaches in aseptic techniques.
- Coordinated and consulted with healthcare teams to plan, implement, assess and evaluate patient care plans.
- Recorded observations, patient assessments and progress and physician's orders.
- Kept count of all surgical instruments and sponges used during operations and procedures.
- Positioned operating room lights and laid out sterile instrument packs.
- Provided high level of individualized care to adult patients across multiple medical specialties.
- Positioned patients in operating rooms to prepare for surgical procedures, using supine, prone and sitting surgical positions.
- Assessed team members' workloads and pitched in to help in areas where need was most evident.
- Assisted with patient respiratory needs by administering oxygen, inserting OPA's and applying suction and jaw thrust.