

NYA KAMARA

REGISTERED NURSE

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630 Milford Ct,
Abingdon MD 21009

OBJECTIVE

Diligent and compassionate Registered Nurse, skilled in technical procedures with a strong emphasis on patient assessment. Successful in prioritizing tasks, managing time, as well as adept in crisis management. Ultimately, the utmost devotion is to improve the quality of patient care; executed by the constant need to expand upon my nursing knowledge.

EXPERIENCE

January 20 2022- Present

Medical Intensive Care Unit, Christiana Care Hospital

September 10 2021- December 04 2021

Multi-System Intensive Care Unit, Advent Health Orlando

- Provided critical care to patients to foster their safety and total care to including thorough patient assessment, cardiac monitoring, medication administration and titration.
- Provided emergent care to intensive COVID-19 patients requiring hemodynamic, ventilator support as part of a comprehensive care model.
- As a multi-system ICU, care is rendered to patients with varying medical conditions pertaining to all the organ systems. Medical conditions included but not limited to: septic shock, stroke, renal failure requiring CRRT and respiratory failure.

May 10 2021- July 30 2021

Intensive Care Unit, Christiana Care Hospital

- Responsible for the care of 3 patients ranging from young adult to geriatric; including post operative, alcohol withdraw, drug overdose, septic shock, respiratory failure, stroke and medically declining patients requiring dialysis, neurological assessments and continuous cardiac monitoring.
- Experienced with care of patients involving ventilators, tracheostomies, central lines, IV pumps, syringe pumps and EKG monitoring to name a few.

EDUCATION

Bachelor of Science
in Nursing

East Carolina
University

Greenville, NC

KEY SKILLS

- CLINICAL NURSING SKILLS
- CRITICAL THINKING
- ATTENTION TO DETAIL
- TIME MANAGEMENT
- ORGANIZED
- EFFECTIVE COMMUNICATION

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- Recognizing the signs and symptoms of cardiopulmonary and respiratory emergencies and knowing how to start standard interventions to stabilize the patient.

November 2020 – April 30 2021

Baltimore Convention Center Field Hospital, University of Maryland Medical System

- Provide care to post hospitalization Covid patients requiring further treatments including supplemental oxygenation, antiviral therapy and physical therapy to assist with deconditioning.
- Delegate tasks to support staff in order to ensure safe patient care.
- Administer Covid vaccinations as well as testing.

January 2020 – April 30 2021

Weinberg Intensive Care Unit, Johns Hopkins Hospital

- Responsible for acute post-surgical care of abdominal, general, ENT, orthopedic, vascular surgery patients.
- Management of patients requiring advanced airway and ventilator management.
- Frequent assessment, monitoring and titration of vasoactive, and sedation drips.
- Care and maintenance of invasive hemodynamic lines and monitors including primarily central venous and arterial, and occasional pulmonary artery catheter.
- Care, monitoring, and assessment of patients receiving advanced life supporting treatment including Continuous Renal Replacement Therapy (CRRT).
- Assists with all medical emergencies, utilizing current ACLS guidelines of practice care.
- Participates in collaborative multidisciplinary rounds with all members of the healthcare team to insure quality, evidence-based, and safe care to patients.

January 2019- January 2020

Med-Surge/Telemetry, Johns Hopkins Hospital

- Closely monitor patients with complex cardiac issues along with other health problems such as renal failure, pneumonia, and diabetes.
- Provided routine treatment and post-surgical care.
- Interpret cardiac rhythms on the ECG machine.
- Monitor patient changes and reporting conditions to charge RN and doctor.
- Offer key recommendations to doctors regarding changes in plan of care or therapy based on knowledgeable observations.
- Communicate effectively to patients, charge RN, doctors, caregivers, and family.

July 2017- December 2018

Med-Surge, Duke Hospital

- Provided care to adult patients who were acutely ill with a wide variety of medical issues or were recovering from surgery.
- Assessed, managed and administered care to meet the specialized needs of older adults.
- Provided basic patient care and treatments, such as performing complex wound care, monitoring various drainage devices, providing intravenous therapy, and catherizations to name a few.
- Medication administration and documentation utilizing E-Mar.
- Critical thinking and responding quickly and appropriately to emergent situations

LEADERSHIP

CLASI committee

Charge nurse duties

