**ADRIANA STEINBACHER**

205 Thornwood Loop, Rio Grande City, TX 78582 | (956)298-0315 | asalinas1123@yahoo.com

PROFESSIONAL SUMMARY

Proven clinical manager with 10 years of experience in nursing. Specializing in organizing and leading  the Medical Surgical/Telemetry Unit. Proficient in quality, cost, and care standards. Registered Nurse in the state of Texas. Ability to keep units running at peak efficiency, quality, and performance levels. Strong communicator and planner with conflict resolution and problem-solving skills.

SKILLS & EXPERTISE

Fluent in English & Spanish, managing staff, culturally competent care, positive behavior modeling, scheduling.

WORK HISTORY

**REGISTERED NURSE**

*Corpus Christi Doctor’s Regional (Travel Registered Nurse) January 2022-April 2022*

* Diagnosed and treated patients with chronic and acute health problems including MI, arrhythmias, asthma, COPD, and pneumonia. Assist patients with medical conditions including Parkinson’s, Dementia, diabetes, cancer, Alzheimer’s, and Paget’s disease, Stroke.
* Closely monitored acute conditions. Performed pharmacological and non-pharmacological management and treatment of various disorders and diseases. Reviewed/revised patient care plans.
* Followed infection control procedures, monitored fluid intake and output levels.
* Educated patients on procedures and facility processes. Documented patient information from interviews.
* Advocated for patients by communicating their care preferences to practitioners, ensuring interventions met their goals for treatment and identified insurance coverage.
* Established and maintained effective communication with physicians, patients, family members, hospital staff, administration, and management.
* Floated between different Med-Surg and Telemetry departments such as Orthopedics, COVID, Step-down, Gastrointestinal, Renal Unit, and Stroke Units

*Indiana University Arnett Hospital (Travel Registered Nurse) August 2021-December 2021*

* Diagnosed and treated patients with chronic and acute health problems including MI, arrhythmias, asthma, COPD, and pneumonia. Assist patients with medical conditions including Parkinson’s, Dementia, diabetes, cancer, Alzheimer’s, and Paget’s disease, Stroke.
* Closely monitored acute conditions. Performed pharmacological and non-pharmacological management and treatment of various disorders and diseases. Reviewed/revised patient care plans.
* Followed infection control procedures, monitored fluid intake and output levels.
* Educated patients on procedures and facility processes. Documented patient information from interviews.
* Advocated for patients by communicating their care preferences to practitioners, ensuring interventions met their goals for treatment and identified insurance coverage.
* Established and maintained effective communication with physicians, patients, family members, hospital staff, administration, and management.
* Worked in specialized Stroke/Oncology Unit

*October 2008 –July 2021*

*Mission Regional Medical Center,* Mission, TX

* Diagnosed and treated patients with chronic and acute health problems including MI, arrhythmias, asthma, COPD, and pneumonia. Assist patients with medical conditions including Parkinson’s, Dementia, diabetes, cancer, Alzheimer’s, and Paget’s disease.
* Closely monitored acute conditions. Performed pharmacological and non-pharmacological management and treatment of various disorders and diseases. Reviewed/revised patient care plans.
* Acted as Charge Nurse, supervising the safety of the unit, managing and assisting staff, department deadlines, goals, resources, and responsibilities. Ensure unit is compliant with Joint Commission regulatory requirements.
* Followed infection control procedures, monitored fluid intake and output levels.
* Worked between surgical & medical units—Medical Telemetry, Intermediate, Post-Surgical, and Rehab Units.
* Educated patients on procedures and facility processes. Documented patient information from interviews.
* Trained newly hired nurses on the Center’s practices and procedures. Ensured HIPAA compliance.
* Increased unit productivity for a 38-bed medical surgical unit. Delegated staff nurse duties. Lead teams.
* Advocated for patients by communicating their care preferences to practitioners, ensuring interventions met their goals for treatment and identified insurance coverage.
* Established and maintained effective communication with physicians, patients, family members, hospital staff, administration, and management.

**Nurse Manager** November 2014 – July 2021

*Mission Regional Medical Center, Mission, TX*

* Supervised two medical surgical units of 36 and 38 beds with 90 employees.
* Investigated and resolved complaints from staff, physicians, and patients.
* Managed unit schedule and individual work assignments. Managed all nursing personnel in the unit.
* Reviewed department performance and adjusted coverage to compensate for changing conditions.
* Initiated audit process to evaluate thoroughness of documentation and maintenance of facility standards.
* Established standards for selection, promotion, and termination of staff.
* Interpreted and communicated new or revised policies to staff.
* Assessed patient/family needs and implemented interdisciplinary care plan.
* Conducted monthly patient case conferences, in-services, and staff meetings.
* Established staff schedules and assignments based on facility needs and equipment availability.
* Routinely collaborated with department managers to solve problems and improve services.
* Identified process improvements in the day-to-day functioning of the department.
* Meet budget by monitoring expenses, implementing cost-saving actions.
* Work closely with case management by assessing treatment needs of the client; developing, monitoring and evaluating treatment plans and progress; facilitating interdisciplinary approaches; and monitoring staff performance.
* Work closely with case management in reviewing and ensuring insurance company would provide appropriate financial coverage for medical services.

Licenses

**Registered Nurse**

Texas: 762514

Illinois: 041.522775

EDUCATION

**Bachelor of Science in Nursing,** *Grand Canyon University, Phoenix, AZ 2019*

**Associate of Applied Science in Nursing,** *South Texas College, McAllen, TX 2008*

CERTIFICATIONS

**Certified Medical Surgical Registered Nurse**  Through January 2025

**Advanced Cardiac Life Support (ACLS) Certification** Through June 2023

**BLS** Through September 2022