

Catherine Muthoni

Sayre, PA 18840

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Willing to relocate: Anywhere

Authorized to work in the US for any employer

Work Experience

Full Time Registered Nurse

GUTHRIE ROBERT PACKER HOSPITAL-Operating Room - Sayre, PA

June 2019 to Present

- Coordinates use of supplies, instrumentation and equipment for operative care
- Ensures equipment is functioning correctly
- Maintains patient safety standards
- Monitors, records and communicates patient's condition and needs with the interdisciplinary team
- Manages overall care of the patient before, during and after the surgical procedure
- Advocates on behalf of the patient

Documents preoperative and intraoperative care to be delivered in accordance with the surgeon, hospital, and regulatory agencies

- Evaluates, remediates and documents the surgical environment for aseptic merit
- Provides patient care with an understanding of age, culture-specific needs
- Addresses the biological, emotional, developmental, psychosocial and educational status of the patient and his or her family and seeks to address concerns
- Coordinates professional development within their practice
- Performs core job functions with minimal supervision

Full Time Registered Nurse

Kajiado County Referral Hospital

January 2017 to April 2019

Operating Room Kajiado, Kenya

- Reporting, preparing and reviewing the patients for the day.
- Performs head to toe assessment on all patients.
- Assessment of the patients in the holding area and to ensure that the pre-operative checklist is complete.
- Receives of patients, checks for consent, the patient's identity and documents accuracy, confirms if the patient has been starved and whether has been pre-medicated.
- Performs intravenous cannulation and starting IV infusions based on order received from the anesthetist.
- Handing over the patient to the circulating/ scrub nurse with the patient's records.
- Confirms the patient information is correct before handing over in operating room
- Checking and positioning the machines and all others equipment needed during the surgical procedure within reach.
- Participating in time outs and use of WHO checklist. Catherine N Muthoni.resume

- Participating in pre and post-operative sponge, instruments count and document, and informing the team on accuracy.
- Taking pre-anesthesia baseline vital signs and documents.
- Receives and labels the specimen correctly as instructed by the surgeon
- Draws blood samples records and sends them to laboratory for testing.
- Perform blood sugar checks and monitors patient's hemodynamics status and interprets the results.
- Administering patients' medication intra operatively and in recovery room as per order.
- Administering blood and blood products
- Assists in IV cannulation, catheterization male and female, and nasal gastric tube insertion.
- Maintains all records and accurate documentation during surgery in the patient file.
- Scrub and set up the sterile field for the procedure
- Verification of the planned procedure to be done with the surgeon and confirms the procedure stated in the consent.
- Prepares the needed materials for specified surgery
- Performs and monitors sponges, sharps and instruments count all throughout the procedure.
- Giving and handling of the sterile instruments, sutures to the surgeon during the procedure.
- Application of surgical dressing aseptically and assesses and monitors all dressings, drains, catheters for kinks and patency
- Handling the specimen carefully and hands over to the circulating nurse.
- Receives the patient in the recovery room.
- Assessment of dressings drains catheters and monitoring patients input and output.
- Applying oxygen mask to the patient, assessing the airway for patency.
- Administering ordered drugs and IV fluids by the anesthetist in the recovery area.
- Assessing immediate post-operative vital signs and general status of the patient in the recovery room
- Designing a nursing care plan for each patient and evaluating for its efficiency by documenting outcomes.
- Keeping the patient warm by placing a blanket to prevent hypothermia.
- Assessment for pain posts operatively and utilizes adequate pain management techniques
- Notify the unit of transfer of the patient as per the anesthetist approval and consent
- Maintains records of narcotics and controlled drugs patient used during entire surgery.

Full Time Registered Nurse

Kajiado County Referral Hospital

December 2013 to December 2016

Medical Surgical Kajiado, Kenya

The medical surgical unit has a total of 120 beds for medical surgical cases, pediatric and gynecology cases. The unit serves male and female patients' adults in two separate wards. The nurse attends to a maximum of 12 patients per shift making it a ratio of 1:12

Full Time Enrolled Nurse

Kikuyu Maternity and Nursing Home

March 2003 to November 2013

Labor and Delivery Kikuyu, Kenya

Kikuyu maternity and nursing home is an integrated secondary level 4 private hospital with 80 beds that is ISO- certified NHIF accredited by Kenya Medical Health and pharmaceutical board. It offers outpatient and in-patient services, labor and delivery services, a maternity theatre, and medical surgical services. splenectomy

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Education

Bachelor Degree in Nursing

Grand Canyon University - Phoenix, AZ

August 2019 to October 2020

Diploma in Registered Nursing

Kenya Medical Training College - Nairobi, KE

March 2010 to September 2013

Diploma in Community Health Nurse

Kenya Medical Training College

September 2000 to April 2003

Skills

- Excellent flexibility and time management
- Sensitivity to Patient Problems and Concerns
- Leadership Abilities
- Experience in Operating room including Pre-Op, Intra-Op, Scrub nurse, Circulating nurse, Post-Op, and PACU
- Experience in Med-Surge nursing
- Experience in Labor and delivery
- Experience in providing clinical care to outpatient and inpatient
- Skilled in providing first aid and emergency care
- Ability to take and interpret vital signs measurements
- Knowledge of nursing interventions and techniques. Catherine N Muthoni.resume
- Excellent documentation and communication skills
- Adept in educating and building therapeutic relationships with patients
- Ability to coordinate with caregivers and follow instructions
- Pain Management
- Medication Administration
- Hospital Experience
- Nursing
- English

Certifications and Licenses

RN

BLS Certification

ACLS Certification