# Sarah Beckett

Baltimore, MD 21214 strongsisterover30@gmail.com +1 443 838 0773

PROFESSIONAL Ambitious Board Certified Registered Nurse with exceptional background of SUMMARY performance. Expert in all aspects of patient care with success in working with multidisciplinary teams to create care plans focused on helping patients recover from medical or surgical procedures and manage complex mental disorders.

Accomplished in leading unit-based groups to improve delivery of care and patient satisfaction.

Willing to relocate: Anywhere

## Work Experience

### **Work History Registered Nurse**

Critical Connections Inc. - Rockville, MD September 2020 to Present

Provided direct patient care to over 100 surgical patients, stabilized patients and determined next course of action.

Administered medications via oral, IV and intramuscular injections and monitored responses.

Managed care from admission to discharge.

Contributed substantially to successful department JCAHO accreditation by consistently operating to highest standards of care.

Taught patients how to improve lifestyle choices, dramatically reducing chance of symptom reoccurrence.

Monitored patient reactions to drugs and carefully documented findings

Advised patients and caregivers of proper wound management, discharge plan objectives, safe medication use and disease management

Collected blood, tissue and other laboratory specimens and prepared for lab testing

Collaborated with physicians to quickly assess patients and deliver appropriate treatment while managing rapidly changing conditions

#### **Registered Nurse**

University Of Maryland, Baltimore - Baltimore, MD July 2019 to September 2020

Provided direct patient care, stabilized patients and determined next course of action.

Administered medications via oral, IV and intramuscular injections and monitored responses.

Managed care from admission to discharge.

Contributed substantially to successful department JCAHO accreditation by consistently operating to highest standards of care.

Led successful team comprised of RNs, LPNs and ancillary staff.

Teamed on trauma and emergency interventions involving serious head injuries, gunshot wounds and thoracic trauma to over 50 surgical patients.

Provided didactic and clinical instructions to orient new nurses and potential student nurses to achieve training outcomes.

### **Surgical Technologist**

University Of Maryland St. Joseph Medical Center - Towson, MD January 2017 to July 2019

Delivered exemplary assistance and support to surgeons during general, gynecological, orthopedic, neurological and plastic surgery procedures for over 18 years to surgeons.

Managed operating room setup by cleaning and sterilizing instruments and surfaces, maintaining supply inventories and organizing surgical tools.

Evaluated procedure needs and set up equipment, tools, supplies and instruments.

Projected best-in-class care standards by achieving training initiatives for new surgical team members and aligning over 50 procedures for optimal efficiency.

Maintained high infection control standards.

Evaluated procedure needs and purchased equipment and tools for procedures.

Completed [Number] total joint replacement procedures per month

### **Surgical Technologist**

Greater Baltimore Medical Center, GBMC - Towson, MD December 1998 to January 2017

Delivered exemplary assistance and support to surgeons during general, gynecological, orthopedic, neurological and plastic surgery procedures.

Managed operating room setup by cleaning and sterilizing instruments and surfaces, maintaining supply inventories and organizing surgical tools.

Evaluated procedure needs and set up equipment, tools, supplies and instruments.

Projected best-in-class care standards by achieving training initiatives for new surgical team members and aligning [Type] procedures for optimal efficiency.

Coordinated acquisition of surgical services and specialized equipment.

Introduced new staff members to training protocols regarding operating room procedures, infection control, safety standards and overall facility policies.

Completed [Number] total joint replacement procedures per month.

Supported surgeons during cosmetic surgeries, gynecological and orthopedic procedures and general appointments.

### Education

## **Bachelor of Science in Nursing**

University of Maryland - Baltimore, MD August 2022

#### Associate of Science in Nursing

Baltimore City Community College - Baltimore, MD December 2018

#### **Surgical Technology**

The Community College of Baltimore County - Catonsville, MD November 1998

#### **Biology**

Morgan State University - Baltimore, MD May 1996

## Skills

- SKILLS Surgery HIPAA Compliance Teaching Orthopedics Patient Care
- Medication Administration
- Nursing
- EMR Systems
- Hospital Experience
- Experience Administering Injections
- Cerner
- Anatomy Knowledge

# Certifications and Licenses

BC/BE

**RN-BC** 

RN

**Advanced Cardiovascular Life Support (ACLS)** 

October 2020 to October 2023

**BLS for Healthcare Providers**