# Monica Garcia

#### LVN

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Exceptional clinical, interpersonal and time management abilities. Licensed in Texas and diligent about helping people of all backgrounds with diverse healthcare needs. Top skills in patient care, medication administration, peg and tracheostomy care.

Willing to relocate: Anywhere

Authorized to work in the US for any employer

## Work Experience

#### **Clinical LVN**

Loyal Source - Pecos, TX July 2021 to Present

As a clinic nurse i do health assessments, treat and triage minors

#### travel nurse

GardaWorld - El Paso, TX March 2021 to June 2021

triage and treat minors

#### **Home Health Nurse**

Happy Valley Home Care - McAllen, TX February 2020 to June 2021

home health nurse for pediatrics, adults and seniors

### Frontline covid 19 crisis responder

Angel Staffing - San Antonio, TX May 2020 to March 2021

Crisis responder and travel nurse for short or none staffed nursing home facilities and mental health hospitals

#### Lvn

Griffols plasma center - McAllen, TX September 2019 to February 2020

Center medical specialists

#### **Certified Nursing Assistant**

Mcallen Medical Center - McAllen, TX May 2018 to June 2018 Preserved patient dignity and minimized discomfort by carrying out duties such as bedpan changes, diapering and bathing

Conducted routine checks on standard patient vitals, including blood pressure, blood sugar and heart rate

Documented patient intake and dietary requirements and assisted with feeding

Responded to patient alarms and needs-assessment requests to identify

course of treatment

Provided hands-on nursing care under direct RN supervision, adhering to medical center policies and procedures

## **Pool Company Co-owner**

M&A Pools

January 2007 to June 2018

## **Certified Nursing Assistant**

Twink Brook South Nursing Home June 2006 to December 2007

Facilitated activities of daily living, including personal hygiene management, feeding and ambulation

#### Provider

IPH Home Care - McAllen, TX May 2006 to December 2006

#### Provider

Used mobility devices and equipment to carefully and transport patients

Monitored vital signs and medication use, documenting variances and concerning responses

Assisted families in planning for meals and shopping for ingredients to meet nutritional plans

Transported clients to locations such as medical appointments and group

meetings to maintain social connections and meet medical needs

Helped clients maintain daily living standards by assisting with personal
hygiene needs

Worked with supervisory medical staff to review cases and improve care Ambulated individuals with safe and effective strategies around home, public and medical locations Completed general housekeeping work to help clients, including preparing healthy meals and keeping personal areas neat

### Education

### Associate in Vocational nursing

Rio Grande Valley College - Pharr, TX May 2018 to August 2019

## **High School Diploma**

South Texas High School For Health Professions - Mercedes, TX

## **Cpr and bls**

## **Certified nurse assistant**

# **Nursing Licenses**

#### PΝ

Expires: November 2022

State: TX

## Skills

• Licensed vocational nurse

- Patient care
- Pediatric
- · Pediatric nursing
- Cpr
- Bls
- Bi-lingual
- Maintenance
- Problem resolution
- LVN
- LPN
- Pediatrics
- Home Health
- EMR Systems
- Medication Administration
- Vital Signs
- Experience Administering Injections
- Critical Care Experience
- ICU Experience
- Home Care
- Triage
- LTC
- · Long term care
- · Travel nursing
- Tube Feeding

# Languages

• Spanish - Expert

## Certifications and Licenses

LVN

**BLS Certification** 

LPN

**CPR Certification** 

## Additional Information

### Skills

Licensed Vocational Nurse Bi-lingual in English and Spanish
Tracheostomy care Practice safe patient care
Patient positioning understanding Oxygen machine maintenance
Drug administration trained Committed to pediatric nursing
Patient and family focused Wound cleaning/care expertise
Problem resolution ability CPR and BLS certified
Strong clinical judgment Diabetes management
Cultural awareness and sensitivity Feeding assistance specialist