

NISCHALTA CHHETRI

REGISTERED NURSE

Baylor Scott and White Irving, TX

May 2016 to Present

Experience

- Works in 23-beds medical and surgical unit while simultaneously providing direct care for 5 patients; Delegates tasks according to professional practice
- Delivers medications via oral, IV and intramuscular injections, monitoring responses to address new concerns.
- Epic Computer Charting System.
- Collaborated daily with physicians and health care team to achieve optimum patient care.
- Specializes in pre/post-op care and education of colorectal patients and enforcing implementation of ERAS (Enhanced Recovery After Surgery) for qualifying surgical patients
- Educate patients and families on medical surgical procedures, therapeutic regimens and pain management techniques.
- Maintains composure and efficiency during rapid response situation and emergency codes.
- Participate in unit based council committee to improve patient care and satisfaction.

Texas Health Resource Arlington, TX

January 2022–April 2022

- Worked in 20-beds medical surgical/telemetry unit for 3 months as Seasonal PRN contract RN.

Park wood Healthcare Skilled Nursing Facility, TX

September 2014-May2016

- Coordinated with health care team members to assess, plan, implement and evaluate patient care plans and to deliver comprehensive services to expedite the rehabilitation process.
- Assists patient with basic needs as dressing, eating, and bathing and encourages patient to do things for themselves to retain feelings of independence and self esteem.
- Educated patients and families on treatment strategies and at-home care upon discharge.

Education and Certification

- Bachelors of Science in Nursing – East Central University (2014)
- Associate Degree in Science – Northlake College (2010)
- Basic Life Support Certification
- Texas State Registered Nurse