# Rachel Barr

## **RN Medical surgical-Cardiac Step down**

Portland, TN 37148 barrbrie36@gmail.com +1 615 218 2493

Registered Nurse proficient in Acute cardiopulmonary medical surgical care is seeking full time employment with your medical team. Compact State RN

Willing to relocate: Anywhere

Authorized to work in the US for any employer

## Work Experience

### **Staff RN Telemetry Float**

Innovent Global Inc - Rutland, VT January 2022 to Present

Support staff Float RN for All acute patient care areas. Critical drips. Preop and post op care. Emergency overflow support staff.

### Registered Nurse, Telemetry medical surgical

Innovent Global - Alabama October 2021 to January 2022

13 week travel contract at Baptist Health South Trauma hospital in Montgomery Alabama. Telemetry medical surgical Acute care duties to include preoperative/postoperative monitoring ,High acute pulmonary support and care, Acute/ chronic cardiopulmonary, Diabetic crisis, acute renal injury for young adult to geriatric patients.

Primary focus on patient safety and Education for the successful recovery of each patient . COVID care Isolation proficient.

## Cardiopulmonary medical surgical RN

ESP Personnel - Kentucky August 2021 to October 2021

Travel nurse assignment at a LTAC unit for Acute and chronic Cardiopulmonary medical surgical rehabilitation. Resigned due to unsafe patient care conditions.

#### Medical surgical -Telemetry RN - Travel RN

Health Trust Workforce Solutions - Nashville, TN August 2010 to April 2021

\*multi tasking flex positions of the Medical surgical, Pre and Post-op, Step down cardiac, Emergency, Critical Care and psych detox needs of HCA facilities of Nashville and surrounding areas.

- \*To include bedside triage and initial stabilization of acute cardiopulmonary and neurological patients
- \* Responsible for ventilator support, cardiac pacing and critical intravenous drip calculations and monitoring
- \* Multiple types of vascular intravenous and arterial line calculations and monitoring

- \* Interpretation of lab results, x-rays and vital signs in order to anticipate patients' overall status and needs
- \* Implemented patients' care plan and discharge plan
- \* Serviced HCA hospitals in the Middle TN area

## **Cardiopulmonary RN**

Skyline Medical Center - Nashville, TN 2008 to 2010

Provided step-down intensive care for cardiopulmonary and neurological patients

- \* Assessed and administered care for ventilator patients to include infection prevention, arterial blood gas monitoring, and sedation
- \* Attended to patients with possible seizure impairment utilizing the newly established Epileptic Monitoring Unit
- \* Assisted with conscious-sedation of bedside surgical procedures

### Critical Care Unit RN - Emergency Room RN

Hendersonville Medical Center - Hendersonville, TN 2007 to 2008

Responsible for ventilator support, cardiac pacing and critical intravenous drip calculations and monitoring

- \* Code Team Responsibilities
- \* Vascular intravenous and arterial line computations and monitoring
- \* Postoperative acute patient support and monitoring
- \* Emergency bedside triage
- \* Report and document patients' overall status and needs from critical lab results, x-rays and vital signs

#### **Intensive Care Unit RN**

Centennial Medical Center - Nashville, TN 2006 to 2007

Young Adult and Geriatric patients Team member

- \* Completed ACLS (Advanced Cardiac Life Support) Renewal
- \* Responsible for Cardiopulmonary arrest, Neurosurgical monitoring, and ventilator support implementation and care
- \* Multiple types of vascular intravenous and arterial line calculations and monitoring
- \* Interpretation of lab results, x-rays and vital signs in order to anticipate patients' overall status and needs
- \* Implemented patients' care plan and discharge plan

#### **Critical Care Unit RN**

Tennessee Christian Medical Center - Madison, TN 2002 to 2006

Adolescent, Adult and Geriatric Patient Care Plan Implementation Team member

- \* Rapid Response Team member
- \* Responsible for ventilator support, cardiac pacing and critical intravenous drip calculations and monitoring
- \* Invasive vascular monitoring devices

### **Medical-Surgical Unit Per Diem RN**

Sumner Regional Medical Center - Gallatin, TN 2001 to 2002

Focus: Pediatric, Adolescent, Adult and Geriatric Patients' health issues with inclusion of chemotherapy, dialysis, and blood transfusion implementation.

- \* Code Team Responsibilities
- \* Timely care of patients' needs in order to prevent delay of care or lengthening hospitalization period

## Med-Surgical Telemetry Unit and Rehab Skilled Bed Unit Charge Nurse

Tennessee Christian Medical Center - Portland, TN 1998 to 2002

Completed ACLS (Advanced Cardiac Life Support) Renewal

- \* Assess and implement patients' care plan
- \* Pediatric thru Geriatric care delegated
- \* Completion of qualifying state mandated Rehab certification form for number of days for paid-patient stays

## **Cardiac Step-Down Unit Charge Nurse**

Sumner Regional Medical Center - Gallatin, TN 1996 to 1998

Dedicated to quality care and the assessment and communication of progress and changes to physicians

- \* Code team response to critical patient arrhythmias
- \* Completed ACLS (Advanced Cardiac Life Support) Certification

#### Education

#### **Associate of Science in Nursing**

Tennessee State University - Nashville, TN 1996

#### **Associate in Nursing**

Volunteer State Community College - Gallatin, TN June 1993 to July 1994

## **Associate in Nursing**

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# **Nursing Licenses**

#### RN

Expires: July 2023

State: TN

## Skills

- Electronic Health Records (10+ years)
- Teamwork (10+ years)
- Organizational Skills (10+ years)
- Problem Resolution (10+ years)
- Patient Care (10+ years)
- Venipuncture (10+ years)
- EKG (10+ years)
- Safety (10+ years)
- Staff Nurse
- Hospital
- Med Surg
- RN
- Medical Surgical
- · Critical Care
- EMR Systems
- Experience Administering Injections
- ICU Experience
- Triage
- Leadership
- Cerner
- · Anatomy Knowledge
- Medication Administration

# Certifications and Licenses

## **Advanced Cardiovascular Life Support (ACLS)**

September 2020 to September 2022

#### **Basic Life Support (BLS)**

August 2020 to August 2022

#### **Crisis Prevention Institute**

January 2021 to January 2022

Crisis prevention intervention

## Registered Nurse (RN)

July 2021 to July 2023

RN ASN 1996 active

## Assessments

## **Medical Terminology — Expert**

June 2019

Understanding and using medical terminology

Full results: Expert

# **Electronic Medical Records Knowledge — Highly Proficient**

June 2019

Knowledge of EMR data, associated privacy regulations, and best practices for EMR use.

Full results: <u>Highly Proficient</u>

Indeed Assessments provides skills tests that are not indicative of a license or certification, or continued development in any professional field.