

TAWANA WARD

10811 South Wallace St.

Chicago, Illinois, 60628

Email: mztward@gmail.com

Tel. 312-978-4395

PROFESSIONAL EXPERIENCE

School Nurse

09/2018 - Current

LEARN CPS Charter School

Chicago, Illinois

- Provide care for injuries and acute illnesses for all students for two schoolsites servicing approximately 850 children
- Identify students with potential underlying medical problems early and offer referrals for treatment
- Protect the physical and emotional safety of the school community by monitoring immunizations, ensuring appropriate exclusion for infectious illnesses, and reporting communicable diseases as required by law
- Construct and implement school-based health plans for students' individualized needs
- Provide contact tracing in accordance with CDC regulations for Covid 19 exposure and report cases to public health departments
- Create company health policies to guide behaviors that mitigate the spread of Coronavirus and other infectious diseases
- Source, consult, refer and coordinate viable healthcare options for families within the scholastic community
- Conduct family/student consultations via all media formats to address acute medical concerns and promote collaboration within a multidisciplinary healthcare team
- Help coordinate and monitor biweekly surveillance PCR Covid 19 testing events for approximately 900 individuals for a recurring 10 month time period

Psychiatric/Detox Nurse

01/2021-10/2021

Holy Cross Hospital

- Implemented and supervised nursing services in the medical detoxification programs
- Promoted patient/family education and involved the family multidisciplinary health care team in planning and implementation to meet expected healthcare outcomes
- Influenced individuals to accomplish specific detox goals through guiding, directing, teaching and coaching
- Delivered comprehensive care to patients with substance abuse addiction treating the whole patient including but not limited to physiological, psychological and spiritual aspects
- Demonstrated knowledge of life saving skills in Code Blue / RRT scenarios
- De-escalated patients experiencing exacerbation of various mental disorders with complaints of auditory, visual and tactile hallucinations, etc...
- Utilized CPI skills to decrease risk of patient injury and help ensure caregiver safety

Home Health Nurse

04/2020- 7/2020

Astra Home Health

Harwood Heights, IL

- Traveled from patient to patient across diverse neighborhoods in the Chicagoland area using GPS technology to assess and chart their overall health status and care provided in the home
- Completed evaluation tasks, including reviewing medication, vital signs and offering skilled nursing procedures to clients, etc...as assigned
- Administered IV medications prescribed via physician
- Dressed or redressed wounds and assessed the healing progress.
- Provided education to patients and families on proper home health care procedures and strategies.
- Coordinated with Physicians, Physical Therapists, Occupational Therapists and other individuals in the patient's care plan.
- Maintained the patient comfort through palliative care.
- Recommended tools or equipment that may improve the quality of life for the patient

Contract Registered Nurse

07/2019- 10/2019

Shirley Ryan AbilityLab**Chicago, IL****Non- Traumatic brain Injury Unit**

- Monitored patient for and instituted measures to prevent increased intracranial pressure
- Implemented and monitored IV therapies assessing line patency and skin around site while monitoring for s/s of infection, phlebitis infiltration, etc...
- Administered medication therapies per MD order paying close attention to medical identifiers preventing medications errors
- Assessed patients via GCS to monitor and detect neurological deterioration
- Provided wound care per physician's order providing care for the whole patient
- Applied and monitored patients for continual need for restraints
- Provided and assessed patients for effective pain management and turning patients every 2 hours simultaneously preventing further physical deterioration and providing neurological stimulation
- Utilized company intranet and state of the art medical technologies to review, document, assess, and provide treatment for patients with need for rehabilitative therapies

Registered Nurse**02/2018 - 09/2018****Methodist Magnet Hospital/ Northlake Campus****Gary, Indiana**

- Administered various medications via picc line, iv site, cvad, peg tube, suppository, etc... observing the six rights of medication administration having a 100% error free administration rate
- Delivered TPN medication per MD order monitoring for GI upset, infection, line patency, patient intake and output as well as caring for the pump
- Performed and monitored blood transfusions procedures following strict hospital protocol
- Provided pertinent health care education to patients and patient's families promoting greater patient outcomes
- Utilized company intranet for review, documentation, and collaboration of patient care within a multidisciplinary team
- Assessed, evaluated, interpreted, and documented the patient's health status via telemetry monitoring
- Provided pre-operative and post-operative care for the surgical patient
- Minimized risk of spreading diseases and causing infections by adhering to strict standard and isolative precautions (i.e. airborne, droplet, and contact precautions) incorporating the proper use of PPE, hand hygiene, safe use and disposal of sharps and using sterile and aseptic techniques as indicated
- Floated to various departments within the hospital to ensure adequate staffing and delivery of quality care

Registered Nurse**12/2017- 12/2020****Simmons Loving Care Health Rehabilitation Center****Gary, Indiana**

- Provided one on one patient care and teaching to include suicide watch and sitter services
- Utilized Point-Click-Care intranet to review patient histories, administer medications, track patient progress, etc...
- Performed wound care and dressing changes
- Performed peg tube feedings/care
- Initiated nebulizer treatments/care
- Provided Diabetes care including blood glucose monitoring for elderly and disabled residents
- Collaborated with external entities and multidisciplinary teams to provide comprehensive quality care.
- Provided palliative/hospice care for chronically ill and terminally ill residents

Health Educator/Registered Nurse**04/2016 - 09/2018****Interactive Health Solutions****Chicago, Illinois 60621**

- Provided health screening services to include flu shots, finger-stick, blood pressure measurement, body composition, and health coaching in warehouse, automobile plant, school, and corporate setting
- Presented health educational programs, awareness tables and educational materials.
- Worked in a fast paced environment facilitating up to 250 appointments per day
- Exercised customer service skills to address patron inquiries and ensure client comprehension

Clinical Case Manager**11/2014 - 11/2015****RSA Medical****Naperville, Illinois 60563**

- Maximized quality of care and cost containment for clients through internet-based communication
- Utilized clinical skills to help coordinate individual's treatment program
- Assessed all information related to the patient's medical history

- Identified barriers, clarifying and determining realistic goals and objectives for clients
- Coached clients on best choice benefit selection for each individual circumstance

Recruiter/Enrollment Specialist

07/2003 - 03/2013

Robert Morris University

Chicago, Illinois

- Recruited over 1500 collegiate prospects for enrollment
- Received high volume of inbound calls and made daily outbound calls
- Trained over 100 employees and orientated them with duties of position
- Assisted with improvement and implementation of office methodology
- Offered online chat services addressing academic issues and public inquiries
- Performed daily data inputting
- Counseled high school graduates and continuing adult students regarding program offerings and viable career paths

EDUCATION

Bachelor's Degree in Nursing

Expected Graduation Date 08/2022

Capella University

Minneapolis, MN 55402

Associates Degree in Registered Nursing

08/2011 - 7/2014

ITT Technical Institute / Breckinridge School of Nursing

Orland Park, Illinois 60467

Pre-Nursing Major

06/2011 - 08/2007

Chicago State University

Chicago, Illinois 60621

Associates Degree in General Studies

06/2002 - 08/1999

Kennedy – King College

Chicago, Illinois 60621

High School Diploma

08/1996 - 06/1999

William R. Harper H.S.

Chicago, Illinois 60636

VOLUNTEER EXPERIENCE / PROFESSIONAL AFFILIATIONS

MSO Healthcare Agency

2019 - Current

Maxim Healthcare Agency

2019 - Current

American Nurses Association Enterprise

2019 - Current

YWCA

2015 - 2019

Mt Carmel Church Pastoral Care and Health Ministry

2012 - Current

American Heart Association

2010 - Current

Phi Theta Kappa

2000 - Current

A Knock at Midnight Community Services

2013 - 2014

SKILLS and Certifications/Licensure

Current Illinois and Indiana Professional Registered Nurse Licensure. BLS Provider / BLS Instructor, HIPAA, Excellent Customer Service and Communication skills. Compassionate and Caring. Highly Coachable, 65 WPM, Detail Oriented, and Multi-Tasker. Internet/Intranet Savvy; Microsoft Office, EPIC, Point-Click-Care, Cerna, OASIS. CPS Sex Education Certified, CPI Training.