

Michelle Villarreal RN

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PROFESSIONAL SUMMARY

Advanced Clinical Registered Nurse with 7 years in EMERGENCY, 3 years at a Surgery Center, 3 years at Eisenhower working everywhere from MedSurg, Telle, Neuro Unit, to the COVID Units. Also 6 years as an educator for American Heart Association, sometimes simultaneously while still at other jobs. I collaborated treatment with patients from pediatrics to geriatrics in nearly all of these roles. Additional experience includes management and staff supervision. Strong desire to focus on preventative care and health education. Seeking leadership role.

I am dedicated to disease prevention and high-quality healthcare. I can be a strong decision maker who understands the importance of compassion and patience as well as vigilant priority management.

I am known for maintaining and achieving high levels of patient satisfaction through advocacy. I have a reputation for being an energetic and motivated Nurse. I'm also known to pick up the slack and simply do what needs to be done dedicated to driving top-quality patient care as I work well with others per my peers and collaborative staff. I am often encouraged by my peers to get into those management roles which is how I got into them in the first place. I am looking for a position in a nice facility near home as time is the most precious thing we all have and I don't want to waste it if I can help it. I am courteous, patient, kind and try to anticipate the needs of both my patients and coworkers so that our environment can be as peaceful and happy to be around as possible.

Versatile RN trained in cultural communications and can speak some Spanish and a little sign language. I have a lot of experience as an educator with extensive knowledge of Stroke, MI, Sepsis and trauma, who thrives in dynamic, challenging and fast-paced professional environments. Although I have stepped back over the years to take care of myself by seeking lower acuity positions with a bit more predictability and peace. I find this awareness promotes my ongoing love and unwavering passion for my career choice especially after COVID19 changed our whole world.

CERTIFICATIONS AND LICENSES

RN - Registered Nurse Licensed since 2008

TNCC - Trauma Nurse Core Course (Instructor certification) since 2010

ENPC - Emergency Neonatal Pediatric Care (Instructor certification) since 2010 **PALS** - Pediatric Advanced Life Support Certification since 2008

ACLS - Advanced Cardiac Life Support Certification since 2008

MICN - Mobile Intensive Care Nurse Certification since 2010

ACLS INSTRUCTOR – since 2016 through American Heart Association.

PALS INSTRUCTOR – since 2016 through American Heart Association.

BLS INSTRUCTOR – since 2016 through American Heart Association. **ECE** - Early Childhood Educator in 1999

SKILL HIGHLIGHTS

Computerized charting specialist using **CERNER, EPIC,**

FIRSTNET Skilled in conducting physical examinations

Pediatric exam competent

Skilled cardiac care nurse, Geriatric treatment knowledge

Psych and mental health care proficiency, Broad medical terminology knowledge Committed to compliance reporting

Effective policy and program development Diagnostic tools

experience, Culturally sensitive, Diabetes, Hospice and Stroke

Patient Care Trained in and out-patient care, Wound cleaning/care

expertise, Infection control proficient, expert Specimen collection/processing proficiency and sterilization techniques mastery.

PROFESSIONAL EXPERIENCE

2016-CURRENT

- ***Educator for ACLS, PALS and BLS**, 2016 – now.
Certified instructor for American Heart Association through the Center for Healthcare in Riverside.

2019-2021

- ***Eisenhower Medical Health**, I worked multiple floors mainly in the Neuro Unit.

2016-2018

- ***El mirador Surgery Center**,

2008-2015

- ***Advanced Clinical ER RN**, Tenet - Palm Springs, CA
A -Instructor resource for ongoing competencies of high acuity low frequency procedures and many others. In this role I was promoted with the title and wage increase as an "Advanced Clinical RN".

-Coordinated the review, revision and creation of Operational Policies within ER Department.

-Assisted patients with multiple chronic and acute diagnoses including, traumatic full arrests, STEMI, hemorrhagic and ischemic stroke, acute respiratory failure, diabetic crisis, acute dysrhythmias and much more from pediatric to geriatric.

2002-2008

- ***Care giver, Caring hands** - Palm Desert, Ca.
Frequently commended for maintaining the safety, respect and dignity of patients, their families and staff. ~see attached~
Supported patients with customized patient teaching tools. Coordinated with doctors, case managers, RT, radiology and my fellow registered nurses to develop care plans for patients using proper prioritizing.

Evaluated health education needs of patients and provided necessary training and instruction.

1999-2002

- ***Teacher, First School** - Palm Desert, C A
 - Received high remarks for the creativity of classroom lesson plans and instructional techniques from students, parents and faculty.
 - Created and implemented child-based hands-on curriculum to

EDUCATION AND TRAINING Certificate of Completion:

- **Crafton Hills College** - Yucaipa, CA, USA MICN, 2010 maintaining a 4.0 GPA
- **COD - College of the Desert** - Palm Desert, CA Associates of Science in Nursing, 2008
- **COD - College of the Desert** - Palm Desert, CA Certified Early Childhood Educator - Certified **ECE** - in 1999 where I continued to maintain a **4.0 GPA** at that time as well.

Graduated with honors. 3.8 GPA

I participated in the student nursing association where I started out elected by my peers as secretary trusted with the finances of our fundraising. Then elected *president* of my class.