Myra Poss

Certified Nursing Assistant

Bloomington, MN 55425 myraposs@gmail.com +1 763 568 8739

Authorized to work in the US for any employer

Work Experience

CNA - Certified Nursing Assistant

Martha House - Shakopee, MN December 2020 to Present

Care for vulnerable adults under the age of 55 years old. Medication administration. Household chores. Food safety.

CNA

Brookdale Senior Living - Edina, MN March 2020 to December 2020

Resident cares for both memory care and assisted living. Temp checks 2x a shift.

Certified Nursing Assistant

Ebenezer MLCC - Bloomington, MN May 2017 to June 2020

Transitional care unit. Record patient cares. Aide in daily range of motion and physical therapy. Record input/output. Catheter cares. Colostomy cares.

Certified Nursing Assistant

In Home Personal Care - Mendota Heights, MN October 2016 to May 2017

Record patient cares. Perform range of motion for resident. Provide trachea cares. Provide gastric tube cares.

Certified Nursing Assistant

Wealshire of Bloomington - Bloomington, MN May 2014 to October 2016

- Provide care consistent with written instructions.
- Assist in ambulation and exercise.
- Maintain records of patient cares.
- Provide near-death cares and post-mortem cares.
- Trained in using Hoyer and Stand Up lifts.
- Memory care.
- BLS (TC ID #: 03788)

Accounting Associate

Wal-Mart - Lakeville, MN

November 2011 to May 2014

Process and maintain all currency throughout the store.

- Maintain accounting records, files, transactions, and other documents.
- Track register audits and chargebacks.

On Call Residential Counselor

January 2013 to April 2013

- Collaborated with clients' families to implement goals and develop a plan that includes behavioral, daily living, and social skills.
- Working knowledge of assisting clients with special needs.
- Successfully handled crisis situations.
- Administer medication under Doctor orders.

Education

Nursing

Hennepin Technical College - Eden Prairie, MN September 2019 to Present

Colorado State University - Fort Collins, CO 2008 to 2009

Diploma

Brighton High School - Brighton, CO 2008

Skills

- Tube Feeding
- Memory Care
- Caregiving
- Hospice Care
- Vital Signs
- Dementia Care
- Special Needs
- Alzheimer's Care
- Medication Administration
- Home Care

Certifications and Licenses

CPR/AED

November 2018 to November 2020

CPR

Certified Nursing Assistant (CNA)

Additional Information

Strong background in all phases of customer service, accounting, medical administration, residential counselor, memory care, hospice care, and Certified Nursing Assistant.