

Cindy Bustos

Wichita Falls, TX 76306

bustoscindy85@gmail.com

+1 940 232 5088

Work Experience

RN Travel Nurse

ShiftKey LLC - Dallas, TX

September 2021 to Present

I am a per diem travel nurse. I have the ability to requests the shifts and/or days I want to make. I work in LTC, SNF, LTAC, LTACH, med surge and rehabilitation hospitals throughout Texas and Oklahoma whom need shifts covered. I am flexible, knowledgeable, eager to learn, never afraid to ask questions, love constructive criticism as it helps me to grow and learn, I am a quick learner, fast paced, have the ability to multi task, work well under stressful situations, and have the skill set, with a growing desire to increase my competency, knowledge and skill set, in attempts to advance my career to a further level than I have been in 10+ years. I have knowledge with IV administration, initiation, discontinuation, and assessment skills of IV access sites wether peripheral or central; I have knowledge of respiratory management including trach/vent pts; I have knowledge of labs with a strong skill set when it comes to IV insertion and/or lab draws; knowledge and experience working with ICU, telemetry and Med Surge pts. I am knowledgeable and skilled in wound care (minor and advanced). I also maintain strong professional Nurse manager skills and experience which enables me to confidently pick up assignments where I charge in LTC,SNF & LTACH facilities.

RN Wound Care Nurse

University Park Nursing and Rehab - Wichita Falls, TX

July 2016 to August 2021

I have worked at UPNR for almost 5 years with the exception of 6 months, where I worked as an acute rehab nurse at Texhoma Christian Care Center. I have held every position at UPNR over the last 5 years. The last position I had the honor of obtaining was Wound Care Nurse. I assessed the skin of around 85-90 residents on a weekly basis, implement new treatment orders, stage pressure differentiating between true pressure ulcers versus venous stasis ulcers, arterial stasis ulcers, diabetic ulcers, neuropathic ulcers etc.. Administering treatments as ordered, reassessing wound/s with each treatment and changing plan of care after 2 weeks of non improvement or continuing care if results from current treatment warrant successful. Make appointments and follow up appointments to wound care, and manage specialty equipment. Work closely with the MD, DON, RD and wound care consultant regarding interventions and supplemental adjustments to diet to improve/enhance wound healing. Inservice direct care staff on proper techniques (turning/repositioning, offloading heels and bony prominences) to prevent/reduce further alteration in resident skin integrity. I took on call-staffing every five weeks, and any other tasks delegated to me by ADMIN, DON, ADON.

RN Charge Nurse

Texhoma Christian Care Center - Wichita Falls, TX

March 2020 to August 2020

Responsible for charging, assessing, advocating, administering medications via PO,NGT,GT,PR,IV,etc, providing complete head to toe assessments on each pt Q shift, frequent monitoring for acute change of conditions, FAST CALLS, up to 30 to1 pt to nurse ratio, assistance with all aspects of daily living, effective communication with MD regarding acute change of conditions, subjective and/or objective findings, interpretations of critical labs and implementation of necessary interventions, utilized EMAR, provided wound care as needed and monitored high risk weight loss/dysphagia pts during meals, provide highest QOL to each acute Rehab pt to be able to return to their prior level of function or as close to it as possible!

RN, Director of Nursing Services

University Park Nursing and Rehab - Wichita Falls, TX

July 2016 to February 2020

In my almost 4 years of employment at UPN&R, I have worked my way from a PRN nurse to a FT floor nurse position, to care plan coordinator(which I absolutely love) and then to Director of Nursing Services, in March 2018.

Education

Associate in Registered Nursing

Vernon College - Wichita Falls, TX

Nursing Licenses

RN

Expires: May 2023

State: TX

Skills

- RN
- 7 to 8 years of Geriatric, Rehab, and acute care nursing along with administrative nursing experience (7 years)
- Basic life Support (10+ years)
- Med Surg (3 years)
- Staff Nurse (3 years)
- Geriatrics (8 years)
- EMR Systems (2 years)
- Hospital (1 year)
- Critical Care (1 year)
- Medical Surgical (8 years)
- SOAP
- Nursing (10+ years)
- Medication Administration (10+ years)
- Leadership

- ICU Experience
- Nurse Management

Languages

- Fluent in Spanish - Fluent

Certifications and Licenses

BLS for Healthcare Providers

December 2022 to December 2024

Assessments

Nursing Skills: Clinical Judgment — Highly Proficient

February 2020

Assessing a patient's condition and implementing the appropriate medical intervention.

Full results: [Highly Proficient](#)

Clinical Judgment — Highly Proficient

September 2020

Assessing a patient's condition and implementing the appropriate medical intervention

Full results: [Highly Proficient](#)

Supervisory Skills: Motivating & Assessing Employees — Highly Proficient

September 2020

Motivating others to achieve objectives and identifying improvements or corrective actions.

Full results: [Highly Proficient](#)

Clinical judgment — Highly Proficient

September 2020

Assessing a patient's condition and implementing the appropriate medical intervention

Full results: [Highly Proficient](#)

Basic attention to detail — Proficient

August 2021

Identifying differences in materials, following instructions, and detecting details among distracting information

Full results: [Proficient](#)

Basic attention to detail — Proficient

August 2021

Identifying differences in materials, following instructions, and detecting details among distracting information

Full results: [Proficient](#)

Electronic health records: Best practices — Expert

August 2021

Knowledge of EHR data, associated privacy regulations, and best practices for EHR use

Full results: [Expert](#)

Work motivation — Completed

August 2021

Level of motivation and discipline applied toward work

Full results: [Completed](#)

Indeed Assessments provides skills tests that are not indicative of a license or certification, or continued development in any professional field.