

# LYNETTRA ROCHELL

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## Professional Summary

Dedicated diversely experienced Registered Nurse with 18 years total in nursing 13years as RN and 5 years as an LPN. Comprehensive background in Med Surg/Telemetry, LTAC, cath lab, rehab, CVICU, Medical ICU, Surgical ICU, Neuro ICU and ER.

## Skill Highlights

- Skilled cardiac care nurse
- ELNEC training (End-Of-Life-Care)
- Medication administration expert
- Geriatric treatment knowledge
- Culturally sensitive
- Advanced Cardiac Life Support (ACLS) certification
- Computerized charting specialist
- Enthusiastic caregiver
- IV drug therapy management
- NIH Stroke Certified

## Professional Experience

**RN, Critical Care**, 07/2020 to 04/2021

**Angel Staffing** – Houston, Texas

- Covid crisis travel assignment in Houston Texas worked at St.Joseph Hospital. Worked side by side with ICU staff helping them with all of they staffing needs and taking care of the overflow of critical covid patients that came through the ED/ICU. Overall best experience ever not only I was working with a great company but St Joseph was like family.

**RN Charge Nurse** , 03/2020 to 06/2020

**Krucial Staffing** – Queens, New York

- Covid travel assignment. Worked at Ground Zero Hospital Elmhurst in Queens New York during the covid pandemic. I was the Clinical Liason for Krucial staffing.. I was charge nurse for over 200 nurses during that assignment. Worked closely with Elmhurst CNO and house supervisor and staffing department on a daily basis.Was a very tough assignment but My crew and I made a huge difference there.

**RN**, 03/2017 to 02/2020

**Good Samaritan Hospital** – Los Angeles, CA

- Work for local registry Core Medical Staffing work on Med Surg, Telemetry, CCU and CVICU.
- Responsible for primary care, case management and medication management. Able to care for ventilated patients titrate cardiac drips, analyze rhythm strips, test glucose and administer injections. Interview patients to obtain medical information and measure their vital signs, weight and height. Utilized strong assessment skills to determine necessary patient care. Accurately documented all elements of nursing assessment, treatments, medications, discharge instructions and follow-up care. Evaluated patient care needs, prioritized treatment and maintained patient flow. Assist patients with multiple chronic disease process .Provide behavioral/emotional support and supervision for those with dementia and Alzheimer's. Treat patients with strokes, head traumas, comas and intracranial pressure.

**RN, 02/2019 to 02/2020**

**American Mobile Healthcare – San Diego, CA**

Traveler at Kaiser LAMC 465 bed facility teaching hospital in Los Angeles.

Primary care nurse responsible for delivering high-quality nursing care to 3 high acuity patients on a 32-bed step down unit with emphasis on orthopedics, STEMI/NSTEMI, strokes, traches, long term vents, urology, post cath patients with PCI interventions and gastro-intestinal post-operative patients. Able to titrate cardiac drips analyze EKG strips .

**RN, 07/2008 to 03/2017**

**Glenwood Hospital – West Monroe, LA**

- Work for local agency priority Medical Staffing at 219 bed facility Working in ICU, Med Surg and Telemetry.
- Able to care for ventilated patients and titrate cardiac drips, analyze rhythm strips, test glucose ,Interview patients to obtain medical information and measure their vital signs, weight and height. Utilized strong assessment skills to determine necessary patient care. Accurately documented all elements of nursing assessment, treatments, medications, discharge instructions and follow-up care. Evaluated patient care needs, prioritized treatment and maintained patient flow. Achieved departmental goals and objectives by instituting new processes and standards for in- patient care. Assist patients with multiple chronic diagnoses including COPD and asthma. Provide behavioral/emotional support and supervision for those with dementia and Alzheimer's. Treat patients with strokes, head traumas, comas and intracranial pressure.

**RN, 06/2015 to 03/2017**

**Mission Viejo Hospital – Mission Viejo, CA**

- Work per diem through local registry Westways Staffing in CCU and SICU.
- Responsible for primary care, case management and medication management.

- Able to care for ventilated patients titrate cardiac drips, analyze rhythm strips, test glucose and administer injections. Interview patients to obtain medical information and measure their vital signs, weight and height, Utilized strong assessment skills to determine necessary patient care. Accurately documented all elements of nursing assessment, treatments, medications, discharge instructions and follow-up care. Evaluated patient care needs, prioritized treatment and maintained patient flow. Assist patients with multiple chronic disease process. Provide behavioral/emotional support and supervision for those with dementia and Alzheimer's. Treat patients with strokes, head traumas, comas and intracranial pressure.

RN, 12/2012 to 12/2012

**Alta Bates Summit Hospital – Oakland, CA**

- Worked as strike nurse at 500 bed facility on 12/24/2012 through Aces Nurse Travel Company on Cardiac Telemetry floor. Assisted patients with healing and recovery after pacemaker placement and s/p CABG patients.
- Monitored post-op vitals, set up PCA, fluids, reviewed post-op orders and orient patients to unit.

RN, 10/2012 to 10/2012

**Loma Linda Hospital – Murrieta, CA**

- 10/01/2012-10/31/2012 did a express travel assignment at 106 bed acute facility through Clinical Staffing Agency.
- Performed all tasks with a patient-centered focus while seeking opportunities for improvement of processes and treatments on Med Surg/Tele unit able to read rhythm strips and administer correct cardiac drug or drip for irregular rhythm.

RN, 07/2012 to 09/2012

**Alta Bates Summit Hospital – Oakland, CA**

- 7/26/2012-9/17/2012 did travel assignment at 500 bed facility with Aces Nurse Travel.
- 28 bed cardiac telemetry unit. Monitored post-op vitals, set up PCA, fluids, reviewed post-op orders and orient patients to unit. Assisted patients with healing and recovery after surgery.

RN, 07/2012 to 07/2012

**Alta Bates Summit Hospital – Oakland, CA**

- 7/03/2012-7/07/2012 worked 5 day labor dispute at 500 bed facility through aces Nurse Travel worked on cardiac telemetry unit assisted patients with healing and recovery after surgery. Utilized strong assessment skills to determine necessary patient care. Accurately document all elements of nursing assessment, treatments, medications, discharge instructions and follow-up care.

RN, 04/2012 to 06/2012

**Alta Bates Summit Hospital – Oakland, CA**

- Travel assignment with Aces Nurse Travel from 4/26/2012-6/18/2012 at 500 bed facility worked on cardiac telemetry floor Assisting patients with healing and recovery after surgery. Performing all tasks with a patient-centered focus while seeking opportunities for improvement of processes and treatments Accurately document all elements of nursing assessment, treatments, medications, discharge instructions and follow-up care.

RN, 05/2012 to 05/2012

**Alta Bates Summit Hospital – Oakland, CA**

- 5/02/2012-5/06/2012 five day labor dispute at 500 bed facility through Aces Nurse Travel company worked on 28 bed cardiac telemetry floor Performed all tasks with a patient- centered focus while seeking opportunities for improvement of processes and treatments.

RN, 10/2011 to 04/2012

**Northern Louisiana Hospital – Ruston, LA**

- Northern Louisiana Hospital Rn Travel assignment from 10/1/2011-4/11/2012 at 250 bed facility worked in ICU acting as patient advocate and implemented total patient care through a team nursing process covering 1-2 high acuity patients per shift.
- Utilized strong assessment skills to determine necessary patient care. Monitored post-op vitals, set up PCA, fluids, reviewed post-op orders and orient patients to unit. Treated patients with strokes and head traumas.

RN, 04/2010 to 04/2012

**Temple University Hospital – Philadelphia, PA**

- 30 day labor dispute at 654 bed level 1 facility with Healthsource Global worked in surgical ICU acted as patient advocate and implemented total patient care through a team nursing process covering 1-2 high acuity patients per shift assisting with ventricular placements, chest tube placements, monitoring of Central and arterial lines and Swan-Ganz catheters.

RN, 03/2011 to 06/2011

**Washington Hospital Center – Washington, DC**

- 3/11/2011-6/04/2011 Travel assignment with UsNursing at 925 bed level 1 trauma facility float nurse, floated throughout medical, respiratory, surgical and cardiovascular ICU acted as patient advocate and implemented total patient care through a team nursing process covering 1-2 high acuity patients per shift, monitoring of ventilated patients assisting with intubation and responding to all codes and monitoring central and arterial lines.

RN, 10/2010 to 01/2011

**Promise Hospital – Vicksburg, MS**

- 13 week travel assignment at 106 bed long term acute facility worked on the critical care wing supervised team of medical support personnel. Provided behavioral/emotional support and supervision for those with dementia and Alzheimer's, patient advocate and implemented total patient care through a team nursing process covering 4-5 high acuity patients per shift.

RN, 06/2007 to 11/2009

**St. Francis Hospital – Monroe, LA**

- Rn travel assignment at 395 bed facility 36 bed med surg unit.
- Monitored post-op vitals, set up PCA, fluids, reviewed post-op orders and orient patients to unit. Implemented new floor assignments based on evaluation of staffing requirements. Managed team of medical support personnel. Assisted patients with multiple chronic diagnoses including COPD and asthma. Accurately documented all elements of nursing assessment, treatments, medications, discharge instructions and follow-up care. Utilized strong assessment skills to determine necessary patient care.

LPN, 10/2005 to 01/2008

**Lincoln General Hospital – Ruston, LA**

- worked at facility as agency nurse at 250 bed facility with Medical Temps staffing on Med Surg floor Performing all tasks with a patient-centered focus care seeking opportunities for improvement of processes and treatments including iv starts, nasogastric tube placements and medication administration.
- Care also included admissions, discharges and transfers Performing all tasks with a patient-centered focus while seeking opportunities for improvement of processes and treatments. Assisted patients with multiple chronic diagnoses including COPD and asthma and Utilized strong assessment skills to determine necessary patient care.

LPN, 04/2004 to 12/2005

**Medical Center South Arkansas – El Dorado, AR**

Lpn at 200 bed facility on med surg floor. Performed all tasks with a patient-centered focus while seeking opportunities for improvement of processes and treatments. Recorded patients' medical history, vital statistics and test results in medical records.

LPN, 01/2002 to 12/2004

**Oak Ridge Nursing Home – El Dorado, AR**

- LPN at 180 bed facility duties included Managing team of medical support personnel, assisted patients with multiple chronic diagnoses including COPD and asthma. Evaluated patient care needs, prioritized treatment and maintained patient flow and obtained vitals for a floor of 25

patients per shift.

- Charge experience

## **Education and Training**

**Associate degree in Nursing:** RN, 2005

**Baptist School of Nursing** - Little Rock, AR

**LPN Degree:** Nursing, 2002

**South Arkansas Community College** - El Dorado, AR

**High School Diploma:** High School, 1992

**Strong High School** - Strong, AR

## **Licenses**

Registered Nurse in the State of Arkansas, License number R082491

Registered Nurse in the State of Louisiana, License number RN26078

Registered Nurse in the State of District of Columbia, License number RN1021814

Registered Nurse in the State of Minnesota, License number R194601-1

Registered Nurse in the State of Washington, License number 60218107

Registered Nurse in the State of Pennsylvania, License number RN622786

Registered Nurse in the State of California, License number 781838

Registered Nurse in the State of Massachusetts, License number RN2270842

Basic Life Support (BLS) Certification 09/04/2019-09/2021

Advanced Cardiovascular Life Support 09/05/2019-09/2021