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**NAME:** Tameika Coates

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## profile

* Registered Nurse with 9+ years of clinical nursing experience
  + Cardiac Stepdown/Telemetry/Intermediate care
  + Home Health Nursing - 2 years
  + Correctional Health Nursing - 3 years
  + Medical Surgical Nursing-6 years

**work experience**

**Ascension All Saints Hospital**

**RN/Float Pool- Cardiac StepDown/ Telemetry/Intermediate care**

**June/2021-present**

* Work as part of a cohesive team within a 28-bed telemetry unit focusing primarily on cardiac patients.
* Provide close monitoring of adults with acute & chronic heart failure, arrhythmias, MI screenings, titration, anticoagulation therapy, and pre/post cardiac diagnostic procedures.
* Educate patients and family members on disease processes, medications, treatment plans, procedures and ongoing wellness.
* Inserted peripheral IV catheters, IV medications, and assisted cardiac surgeons for proper PICC and arterial line placements
* Coordinated with surgeons to perform complex bypass surgeries, and understood the implementation of PCA Pumps and CMS machines
* Administered oral medication to patients dealing with pulmonary issues, cardiac, diabetic, and orthopedic problems
* Performed 5 follow-up rounds for cardiac patients with severe conditions like chest pains, CVA, MI, and arrhythmias
* Provided special care to patients who were operated for open-heart surgeries, cardiac-catheterization or experienced frequent chest-pain post the procedure

**Kenosha Visiting Nursing Association**

**Correction Health Nursing**

**October/2018 to Present**

* Strong communication skills
* The ability to assess for emergent versus non-urgent needs.
* Working autonomously
* Good assessment skills
* Administer nursing care to ill, injured, or disabled patients
* Diagnose and establish patient treatment plans
* Monitor and report changes in patient symptoms or behavior
* Communicate with collaborating physicians or specialists regarding patient care
* Educate patients about health maintenance and disease prevention
* Facilitate referrals to other healthcare professionals and medical facilities
* Maintain accurate patient medical records
* Provide advice and emotional support to patients and their family members

**Hannah Home Health Care Agency**

**Home Health RN**

**July/2019 to July/2021**

* Under the Physician’s order, admits patients eligible for home care services within 24-48 hours
* Assesses and evaluates patient needs/problems, identifies mutually agreed upon goals with patients
* Reports patient status and need for other disciplines to agency Clinical Supervisor and referring Physician
* Reports to assigned follow-up Clinician as indicated
* Develops patient care plan that specifically addresses identified patient problems; patient problems and goals
* Updates care plans on an ongoing basis; revises and resolves patient problems and goals as changes occur and/or at recertification
* Completes admission paperwork and patient care plan submitted to Clinical Supervisor per agency policy following the admission including completed and signed admission checklist
* Provides intermittent Skilled Nursing services including assessment, evaluation, procedures, teaching, and training activities as outlined in the patient Plan of Care
* Provides Skilled Nursing visits according to visit schedule and notifies agency of need to alter schedule in any way
* Reports significant findings to patient’s Physician and Clinical Supervisor as they occur
* Submits completed skilled nursing visit notes; communication notes and home health aide supervisory notes per agency policy on designated days as requested by Clinical Supervisor
* Submits change orders per agency policy
* Performs all OASIS time point assessment per Medicare Criteria and submits recertification paperwork per agency policy and procedure
* Maintains open lines of communications to all members of the continuum of care team.
* Supervises Home Health Aide and license and documents per Medicare criteria and per agency policy and procedures
* Participates in discharge planning process Medicare Criteria and agency policy and procedure
* Follows agency policies and procedures
* Performs these and all other duties as assigned by the Administrator
* Able to lift 40 pounds from floor to shoulder
* Repetitive walking, standing, sitting, bending, and use of hands
* Able to drive a car 2-8 hours per day

**Rand Memorial Hospital**

**January/2017 – January/2018**

**Freeport, Bahamas**

**Brief hospital description:** Rand Memorial Hospital, located in Freeport, Grand Bahama has a staff population of 721, a total of 120 beds, and in keeping with its motto, “Our Patient is the reason we are here”, provides as secondary level of care, patient services, specialist services and allied health services to residents of Grand Bahama and the northern region of The Bahamas

**Nurse: Medical Surgical**

**# Beds in Unit: 20**

**Patient Ratio: 1:5**

**Responsibilities:**

* Caring for patients on vapotherm.
* Responsible for turning patients every 2 hours.
* Bed bathing, changing the patient's soiled gown, soiled diaper and underpads.
* Changing new bed sheets and blankets for the patient.
* Responsible for referring the patient's status to the attending physician.
* Responsible for giving IVTT medications and per NGT medications.
* Checking the oxygen level at all times.
* Initiate IV lines
* Handled intubations & blood transfusion
* Assist in A-Line setups, suturing
* Withdraw blood for routine investigations
* Prepare patients for operational procedures
* Wound care

**Cases Handled:**

* Gunshot wounds
* Fractures
* Cardiac cases like Myocardial infarction, Hypertension and other cardiac related diseases
* Pulmonary Tuberculosis
* Burns/ Chronic Obstructive Pulmonary disease
* Diabetic ketoacidosis
* End stage renal disease
* Pulmonary embolism/aspiration pneumonia
* Sepsis related

**Special Equipment:**

* Electrocardiogram
* Suction machine
* Weighing scale
* Blood pressure apparatus
* Portable oxygen device

**Savanna-la-mar Public General Hospital**

**January/2012 – January/2017**

Westmoreland, Jamaica

**Brief hospital description:**

The Westmoreland Public Health Services is an integration of Primary and Secondary Care Services within the parish of Westmoreland and a division of the Western Regional Health Authority. It has a bed capacity of 350+

**Nurse: Medical Surgical**

**# Beds in Unit: 28**

**Patient Ratio: 1:6**

**Responsibilities:**

* Caring for patient on bipap
* Bed bathing,changing the patient's soiled gown,soiled diaper and underpads.
* Changing new bed sheets and blankets for the patient.
* Responsible for referring the patient's status to the attending physician.
* Responsible for giving IVTT medications and per NGT medications.
* Checking the oxygen level at all times.
* Initiate IV lines
* Handled intubations & blood transfusion
* Assist in A-Line setups, suturing
* Withdraw blood for routine investigations
* Prepare patients for operational procedures
* Wound care

**Cases Handled:**

* Gunshot wounds
* Fractures
* Cardiac cases like Myocardial infarction, Hypertension and other cardiac related diseases
* Pulmonary Tuberculosis
* Burns/ Chronic Obstructive Pulmonary disease/ pulmonary embolism
* Chest tubes
* Asthmatics
* Uncontrolled diabetes mellitus/ diabetic ketoacidosis
* Psychosis/ cannabis/substance abuse
* Neurological injuries

**Special Equipment:**

* Electrocardiogram
* Suction machine
* Weighing scale
* Blood pressure apparatus
* Portable oxygen device
* Nebulizer

##### Education

**September, 2014 In-service Education Unit**

Country: Kingston, Jamaica

Degree*:* Diploma in Paediatrics

**August, 2011 Northern Caribbean University**

Country: Mandeville, Jamaica

Degree*:* Bachelor's of science degree in nursing

EMR: EPIC