

Stephanie Racer

RN, BSN, PHN, Legal Nurse Consultant

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I am currently a Nurse Manager with LTC and extensive ED/Trauma experience. I Have experience in management/supervisory skills. Additionally, I possess clinical coordination, education and infection control skills. I am a very strong patient advocate. I have worked in Home healthcare, and in admissions for Health and Rehab facilities. I am experienced with researching patient records and promoting standards of care.

I am selected often for preceptor roles and love encouraging New Grads, Residents and Paramedic students to be the best healthcare support or first responder they can be. I have a progressive and visionary leadership style/quality.

I am currently volunteering with the VDH RRHD fMedical Reserve Corps and participate in remote medical clinics and I am also FIT tester and Train the Trainer Certified and have completed coursework for Legal Nurse Consultant.

Authorized to work in the US for any employer

Work Experience

RN Nurse Manager

DOGWOOD VILLAGE of Orange County - Orange, VA

Present

- Maintaining and restoring health of resident patients
- Acting as a main point of contact between residents and their families
- Addressing and preventing concerns from family members
- Assists in developing, implementing and making adjustments to patient care plans as needed
- Supervises, counsels, and provides discipline when necessary, to nurse staff to ensure the highest quality care possible
- Ensures their unit meets federal and state regulatory standards, as well as company policies and procedures
- Collaborates with the Director of Nursing, Nurse Practitioners and Physicians to plan and maintain resident care
- Completes admission and discharge assessments
- Oversees and audits changes made to care plans
- Delivers hands-on care and medicine distribution as needed
- Audits and completes charting, evaluations, medical forms, and other administrative tasks
- Identifies procedural problems and works with the Director of Nursing to resolve issues

Emergency RN

Fauquier Health - Warrenton, VA

December 2018 to November 2020

*Immediately tend to patient injuries or illnesses, use medical equipment in emergency situations, relay information to doctors and other nurses, describe at-home treatment for aftercare

- * Critical thinking skills, intervening with appropriate care for urgent and emergent/life threatening problems for patients of all ages
- * Knowledge of hemodynamics and physiologic functions of the unstable patient
- * Advanced cardiac monitoring
- * Special attention to early identification of Acute Coronary Syndromes, Stroke and Sepsis patients
- * Orient and mentor new staff members
- * Communicating with Physicians and staff on patient condition
- * Patient advocacy

Patient Care Coordinator Head and Neck Surgical Oncology

University of Virginia Medical Center - Charlottesville, VA

February 2018 to January 2019

- Monitors the provision of Surgical Oncology patient care services from admission, stabilization, and through discharge
- Oversight of the Surgical Oncology Quality Assurance and Process Improvement (QAPI) initiatives
- Collaborate with Surgical Oncology Medical Director & Nursing Directors in areas to include, but not limited to: developing and/or revising policies, procedures and guidelines, and the QAPI Program
- Ensures ongoing family centered care practices
- Responsible for daily management of the QAPI program including data analysis, identification of trends and issues, medical record extrapolation, and development and implementation of action plans to address identified issues
- Responsible for the daily management of Surgical Oncology care throughout the facility ensuring care is consistent with established practice standards and research based policy/procedures.
- Responsible for ensuring loop closure, including development and implementation of action plans, is obtained on identified PI issues and trends by collaborating with clinical leaders of departments caring for Surgical Oncology patients.
- Development of grand rounds to facilitate family centered care
- Develop patient/family education and programmatic outreach programs
- Develop a research infrastructure that will facilitate ongoing research
- Provide age appropriate care to all patient populations for which program coordinator is responsible and trained for and demonstrates communication skills appropriate for age
- Practices autonomously, consistent with practice standards and research based policy/procedures
- Exercises independent judgment within the context of interdisciplinary patient care
- Provides care/treatment/services
- Maintains positive interpersonal relationships and self conduct to contribute positively to the delivery of quality care and services, and to orderly operation of the department and the facility
- Cultural ambassador who participates in peer interviews, mentors other staff and peers, precepts employees and facilitates recognition and team building activities to support engagement and retention activities.

Emergency Department RN

Mary Washington Hospital - Fredericksburg, VA

January 2017 to February 2018

Emergency Services in a Level 2 Trauma center

Emergency Nurse

American Mobile Nursing - United States

August 2016 to June 2017

Travel RN - 13 week assignments in various Level 1 Trauma Centers and Emergency Departments
Johns Hopkins Hospital Baltimore Md and Columbia Md
Wilson Medical Center/Duke Hospital Wilson NC

Nurse Liaison

UVA Health South - Charlottesville, VA

March 2016 to September 2016

- * Early identification of candidates/potential clients.

- * Education of clients, family members, referral sources, and external payers regarding the effective and efficient utilization of program services and available resources.

- * Screening of clients through on site and/or telephonic assessment and record review in collaboration with physicians, nurses, therapists, social workers, case managers and other interdisciplinary team members involved in the client's care.
- * Determination of medical stability, readiness for program participation, and ensuring that services recommended are appropriate, reasonable and necessary
- * Collaboration with the physical medicine and rehabilitation physician or other licensed treating physician with specialized training and experience in rehabilitation.

- * Facilitation of benefit eligibility and precertification by payers prior to the rehabilitation admission.
- * Coordination of a smooth transition from the referring facility or site to the rehabilitation setting.
- * Recommending appropriate level of care and services for clients who are denied admission and providing guidance for clients who may benefit from rehabilitation admission in the future.

RN ClinII, Trauma

University of Virginia Medical Center

June 2008 to March 2016

- Emergency Department, Level 1 Trauma
- Critical thinking skills, intervening with appropriate care for urgent and emergent/life threatening problems for patients of all ages
- Leadership/Education committees; Stroke, STEMI, IDEAL Hand off of Care
- Charge Nurse
- Knowledge of hemodynamics and physiologic functions of the unstable patient
- Advanced cardiac monitoring
- Special attention to early identification of Acute Coronary Syndromes, Stroke and Sepsis patients
- Orient and mentor new staff members
- Communicating with Physicians and staff on patient condition
- Patient advocacy

RN

John Muir Medical Center - Walnut Creek, CA

February 2007 to June 2008

- * Orthopedic Care Unit
- * Assess, plan, evaluate the needs of patients post orthopedic surgery
- * Recognizing co-morbidities and their role in patient care
- * Identify and intervene in life threatening and urgent post operative complications
- * Monitor, record and communicate patient condition with Physicians and co-workers

- * Orient and mentor new staff members
- * Patient Advocacy

Education

certificate in FFI, HazMat Ops, Arson Investigation

Anne Arundel County Fire and Rescue Academy - Annapolis, MD
January 1997 to June 1997

BSN

Samuel Merritt College - Oakland, CA

BSN

Saint Mary's College - Moraga, CA

Nursing Licenses

RN

Skills

- Education • Samuel Merritt College Oakland California Class of 2006 BSN • Saint Mary's College Moraga California Class Of 2006 BSN • State Of Alaska Department Of Health Services -Emergency Medical Dispatcher 2001 • American Red Cross Disaster Services - Central Florida Chapter Disaster Services, Mass Care Supervisor • Anne Arundel County Fire and Rescue Academy - Class of 1997 Fire Fighter, HAZMAT Ops , Fire Arson Detection and First Responder • BLS/ACLS /PALS current • TNCC current • CPI current • Chest Pain Center/Cardiac Care current • Public Health Nurse current • Stroke Education provider for UVA ED Additional Experience and Memberships • ENA • Sigma Theta Tau International Honor Society of Nursing Oakland California • UVA Chest Pain Center Steering Committee 2010-2012 • Committee for New IDEAL Hand-off of Care Report UVA 2013-14 • CHF identification and prevention changes in Emergency Department UVA 2012-13 • CNA - Marin General Hospital, Greenbrae Ca 2006 • Business/Office Manager Kodiak Island Broadcasting Company, Kodiak, Alaska 2000-2001 • Substitute teacher all grades Kodiak Alaska 2000 • Communications Officer Kodiak Island Police Department 1998-2000 (10+ years)
- Hospital
- RN
- Critical Care
- Emergency Room
- Home Health
- Med Surg
- Nursing
- Epic
- EMR Systems
- Triage
- Medication Administration
- Laboratory Experience
- Vital Signs
- ICU Experience

- Interviewing
- Data Collection
- Medical Terminology
- English
- Customer Service
- Training & Development
- Documentation Review
- Medical Coding
- Hospital Experience
- Microsoft Office
- Supervising Experience
- Patient Care

Certifications and Licenses

BLS, ACLS

PALS Certification

Assessments

Workplace safety — Expert

November 2020

Using safe practices at work

Full results: [Expert](#)

Indeed Assessments provides skills tests that are not indicative of a license or certification, or continued development in any professional field.

Additional Information

Motivated team player, Consistent outstanding clinical evaluations, Strong commitment to patient care and advocacy, Diverse patient care experience, Management and supervisory experience, Adaptable to challenging job requirements, Professional and courteous with physicians, co-workers and patients, Broad spectrum of evidence based practice knowledge.

From September 2016 to 2018I was fortunate to work as a travel RN with American Mobile Nursing. I have worked as a Trauma/ER RN for Johns Hopkins Hospital In Baltimore Maryland and Howard County General, which is also a Johns Hopkins Hospital in Columbia Md.