

## **Aminatu M. Tijani**

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### **OBJECTIVE**

Dedicated RN with more than 4 years of experience across Meds Surg/Telemetry/Orthopedics providing safe and sound autonomous care for clients and their families; while striving to promote, advocate, and improve client outcome and public health through awareness, educating/teaching clients about their diagnosis and managing process.

### **EDUCATION**

#### ***Bachelor of Science in Nursing***

***May 2016***

Howard University – Washington, D.C. Cumulative GPA 3.14

#### ***Associate of Science – General Studies Pre-Nursing***

***May 2007***

Northern Virginia Community College– Annandale, VA

### **CLINICAL SKILLS**

#### **Daily clinical care provided for clients on a 12-hour shift includes the following but not limited to:**

- Oxygen Therapy/Mgmt. (nasal cannula or mask, etc.)
- Pulmonary Care/Mgmt. (Tracheostomy, Chest tube, COPD, pneumonia, etc.)
- Cardiovascular Mgmt./Care (CHF, HTN, Stroke, etc.)
- Gastrointestinal Care/Mgmt. (NG-Tube, G-Tube, IBD, colo/ileostomy, etc.)
- Nutritional Therapy (Tube feeding, TPN, lipids, etc.)
- Endocrine/Metabolic Care/Mgmt. (Diabetes, glucose monitoring, insulin treatment.)
- Renal/Genitourinary Care/Mgmt. (ESRD, CKD, CBI after TURP, Foley/Suprapubic catheter care)
- Infection control (Isolation precaution)
- IV Therapy (central line dressing change, blood draw, blood transfusion, etc.)
- Pain Management
- Wound/Skin Care (pressure sores, gunshot/stab wound, surgical wound, genital)
- Provide patient/family education/teachings on safety, fall precaution, procedure
- Surgical care- PreOp/PostOp General/Ortho

### **WORK EXPERIENCE**

#### **National Rehabilitation Hospital – Travel**

**February 2022-Present**

Clinical Nurse -Medical Surgical Nursing, Cardiac and Stroke Recovery Unit February 2022-Present

Responsibilities include: - direct patient care, participating in weekly interdisciplinary patient centered team conference to discuss patient disease progress, patient response to therapy/treatments, and discharge planning to home or skilled facility.

#### **Howard University Hospital - Staff**

Clinical Nurse - Medical Surgical/Telemetry Unit

**January 2018-February 2022**

Responsibilities include: - providing direct nursing care to patients, collaborating with intra and interdisciplinary staff to accomplish patient goals based on needs, participating in educational offerings/in-service to stay current with evolving health care guidelines.

- Providing nursing care consistent with standard of practice, policies and procedure of the unit, department, and institution.
- Identify patient requirements while establishing rapport before, during, and after care.
- Conduct health assessment of clients to identify needs, problems, and areas of focus.
- Plan age specific client care based on their health assessment while incorporating their learning, psychosocial, and cultural needs.
- Collaborate with patient, family, and health care team to determine health goals; provide interventions and revise plan of care as needed to achieve patient health goals.
- Document data related to assessment, plans, interventions, outcomes, and changes in health condition.
- Provide prescribed treatments to client, while noting client response, and monitoring adverse reactions to treatment.
- Communicate and coordinate client care, needs, and progress with team members, across shifts, and disciplines to promote continuity of care.
- Facilitates transfer/discharge process daily to maintain continuity of care through client education, referral, and collaborative efforts with client, team members and community agencies.

## **Howard University Hospital**

Summer Externship - Labor and Delivery

June – August 2014

- Assisted patient with activities of daily living.
- Obtained patients vital signs and perform head to toe assessment
- Carried out specific patient care duties under the direction of a registered nurse which includes parenteral and oral medication administration.
- Upon admission, take patient to their assigned room and set them on the Toco machine to monitor maternal and fetal heart rate.

### **EXTRA SKILLS**

- Knowledgeable in EMR: Cerner, Soarian
- Excellent written and communication skills with English and Yoruba
- Ability to use critical thinking, problem solving skill, and excellent customer service skills.

### **LICENSURE AND CERTIFICATION**

- DC Registered Nurse License (Active)
- BLS –Basic Life Support (American Heart Association)
- ACLS-American Cardiovascular Life Support (American Heart Association)
- NIHSS-National Institutes of Health Stroke Scale (American Heart Association)
- Current with Covid vaccinations