

AMY JEFFREYS
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Professional Summary

I am a dedicated and hardworking individual with advanced ICU skills and competencies for the inpatient clinical setting. I am a Clinical Team Lead and qualified to make critical decisions regarding patient care, delegating tasks to my nursing team, prioritizing and overseeing the facilitation of a cohesive team environment. I also have the ability to adapt quickly to change. I am caring, compassionate and committed to working with a variety of different populations to provide quality healthcare. As a team lead I also encourage and provide effective feedback to help provide growth opportunities in other nurses on unit. Communicating with healthcare providers regarding individual patient care, expectations, strategies and results. Assist in evaluating staff with yearly reviews, helping plan projects on the unit, and analyzing data and measuring quality healthcare goals. Accountable for patient satisfaction and experience, managing complaints and risk management processes. Responsible for daily operations assigned to CTL team.

Skills

I am a competent, skilled, and experienced Registered Nurse Team Lead. I am caring and a compassionate professional with an extensive experience in the Medical Surgical ICU. I have excellent communication skills and acknowledged patient advocate with the ability to interact with a multi-disciplinary team of doctors, nurses and technicians at a leading teaching institution to provide excellent care and support to patients and their families. Currently seeking a position where my skills and achievements will be utilized to their full potential and my further growth as a nurse leader will be recognized. Currently have advanced competencies in operating CRRT, Targeted Temperature Management, EV1000, experience with Covid-19 patients, proning and paralyzing, and caring for pulmonic valve patients.

Education

- **Jefferson College of Health Science- Roanoke, Va. - Bachelor of Science in Nursing**
GPA: 3.7
Completion Date: May 8, 2015
- **Fast Track Health Care-Salem, Va.- CNA certification**
Completion Date: May 2012
- **Roanoke Rapids High School- Roanoke Rapids, NC- High School Diploma**
Completion Date: June 12, 1995

Professional Experience

Carilion Clinic- 2019- Current- Clinical Team Lead-

Work in coordination with Unit Director to ensure daily operations are completed and utilizing data to design and implement evidence- based practice. Ensure safe delivery of healthcare is provided on unit by ensuring policy/procedures are followed, and supervising the nursing team. Acting as a role model to nursing staff and promoting a positive work environment. My mission is to identify how to improve the quality of patient care and prepares other nurses with the skills needed to thrive in the current and future healthcare system, and to also be an agent of change.

Carilion Clinic-9sicu- RN 1: 2018-Current

Perform RN duties for critically ill cardiac, cardio-thoracic, vascular, oncology, and neurological/neurosurgical patients. I have experience in Level 1 trauma center care, managing critical patients from Life Flight, caring for critically injured trauma patients, including motor vehicle collisions, falls, gunshot wounds, neurological insults, among others. Resuscitate and stabilize patients, manage IV drips and titration, Art Line, CVP and Swan-Ganz transducer lines, ventilators, wound care, medications and other appropriate nursing services. I also perform charge nurse duties for the unit using critical thinking skills regarding staffing, making patient assignments and other skills required to operate the unit during my shift.

Enlivant Assisted Living- 2017-2018

Care Services Manager for a senior living community. Manage a nursing team with nurses, nurse-aides, and med techs. Ensure quality care is delivered in accordance with all local, state, and federal guidelines. Collaborates and partners with physicians, pharmacy, and other medical professionals to promote quality care and independence for the residents. Possess strong ability to handle complex issues. Conducts comprehensive resident pre-admission, admission and quarterly assessments. Provide on-call support for the community. Ensures compliance, efficiency and team's understanding of policies and procedures.

Medi Home Health and Hospice- Roanoke, Va 2016-2017

Provided exceptional medical, emotional, and spiritual care to the terminally ill. Highly organized with a keen eye for detail. Display strong team leadership skills. Assessed patient care needs including physical, emotional and spiritual. Assist the patient and family with concern and compassion. Reviewed, authorized and coordinated all care to meet the need of the patient. Display strong crisis management skills. Participated in on call rotations and service after hours.

Registered Nurse-- 9 South Thoracic ICU- Carilion Clinic: Roanoke VA 2015-2016

Perform RN duties for critically ill cardiac, cardio-thoracic, vascular, oncology, and neurological/neurosurgical patients. I have experience in Level 1 trauma center care, managing critical patients from Life Flight, caring for critically injured trauma patients, including motor vehicle collisions, falls, gunshot wounds, neurological insults, among others. Resuscitate and stabilize patients, manage IV drips and titration, Art Line, CVP and Swan-Ganz transducer lines, ventilators, wound care, medications and other appropriate nursing services. I also perform charge nurse duties for the unit using critical thinking skills regarding staffing, making patient assignments and other skills required to operate the unit during my shift.

CNA Inpatient Rehab: Carilion Clinic: Roanoke VA

2012-2015

Performed NA duties to patients in rehab for PT, OT, speech therapy. Patient population were from CVA, or MVA, brain injury, and orthopedic injuries.

Preschool Teacher: Bethel Baptist Church: Roanoke, VA

2007-2011

Licensure / Certifications

Licensed Registered Nurse-June 2015
BLS/ACLS certified-July 2015
CNA Certification- August 2011

Award/Recognition/Research/ Committee Involvement/Volunteer

Awards:

2/2021- Unit recognized by certificate as first in Virginia for successful heart transplant from donor
7/2020- Unit recognition and receiving Platinum Sustainability Award
2020- Healthcare with Human Touch Recipient
2019- Daisy Award Nominee
2016: Recipient of the Daisy Award for Compassionate Nursing

Research:

Fellow in Nursing Research Fellowship at Carilion Clinic.

Topic: The Impact of Moral Distress Consults on Mitigating Moral Distress Experienced among Acute Care Providers working during COVID.

C-diff Unit project: Project launched in collaboration with Infectious Disease to decrease C-diff in ICU patients.

Committees:

Medication Safety Committee

C-diff Committee

Super User for Ava Sure Tele Sitting

Straight Street-Roanoke, Va.

Volunteered as a counselor for Teen Mothers program.

Bethel Baptist Church- Participate in mission trips and volunteer with youth programs, and outreach.

Jefferson College of Health Sciences- Was asked by professors to help tutor other nursing students and provide information on being successful as a nursing student.

Radford University School of Nursing Simulation Center-

I was asked by nursing faculty of the school to represent Jefferson College to help with an interview so the simulation center could be approved for accreditation.

Professional Memberships

Sigma Theta Tau Honor Society of Nursing -
Inducted in November 2014

Student Nurse Association at Jefferson College of Health Sciences-
Active member since 2014

References: Available upon request

Dr. Brandie Bailey-9sicu Unit Director
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