

ALDERTE ESTIMA

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Professional Summary

Registered Nurse who is committed to practicing the highest medical principles, concepts, and techniques when treating patients. 16 years experiences in the field of nursing assistant. I Knowledgeable about assisting with non-invasive procedures and performing respiratory treatments. Strong documentation skills and a firm grasp of compliance requirements. Effective at tracking vitals, responses to treatments, administering medications, and transcribing orders. Good relationship-building and problem-solving abilities.

Skills

- Patient Management
- HIPAA Compliance
- Administered Controlled medications
- Patient Assessments
- Supporting Personal Needs
- Collecting patient health histories
- Observing Responses
- Infection Control and Aseptic Procedures
- Dementia Knowledge
- Breathing treatment
- Inpatient care
- Educating patients about treatment plans
- Counseling patients and their families

Work History

Registered nurse
present

10/2021 present
Favorite health care staffing.

Correction/Psych nurse

- Provide and promote mental health education.
- Maintain a safe working environment for patient, staff an visitors.
- Delivers care with respect and dignity to the individual's spiritual and cultural needs.
- Identified methods to improve efficiency, as well as patient care and evaluation quality.
- Addressed patient care needs, and dressed wounds and managed catheters.
- Monitored and replenished medical supply inventory, facilitating optimal availability for patient care.
- Interviewed patients to obtain medical information.
- Gathered dietary information, assisted with feeding and monitored intake to help patients achieve nutritional objectives and support wellness goals.

08/2021/ present
Martin Nursing Rehabilitation
Long Term Acute Care Nurse

- Obtained client medical history, including medication information, symptoms and allergies.
- Evaluated patients to identify and address wounds, behavioral concerns and medically relevant symptoms.
- Offered immediate assistance in emergency and routine paging situations to evaluate needs and deliver care.
- Assesses for pain utilizes pain scale documents accordingly.
- Administration of medication and treatment, as prescribe by physician implemented.
- Maintained sterile field and application of dressing.
- Advocate for patient right's right strive to understand patient's needs and concerns.

SNI STAFFING –Fort Lauderdale

12/2020 to Present

- Administering covid vaccine.
- Consulting with nurse supervising and physicians to determine best treatment plans for patients.
- Pulled patient records and transferred information to appropriate parties.
- Scanned, received and sent faxes to appropriate departments.
- Responded to pharmacy calls, phone messages and voicemails, and signed discharge summaries to maintain files with updated information.
- Assess patient's health and symptoms and note any changes in their condition.
- Comforted patients by anticipating patients' anxieties, answering patients' questions and maintaining reception area.
- Responsible for the wellbeing of several different patients, all with various health condition, needs, and risk factors..
- Provide impatient nursing care as well as outpatient, developed implement, and evaluated plan of care.
- Developed effective decision making skills in high pressure environments to provide best possible care.

Education

South Florida Institute- Fort Lauderdale, Florida

Associate in Science Nursing: Focused in Registered Nursing

01/2013/to 01/2018