Rizwan Rehman

**ADN, RN**

**1133 s. Crescent ave.**

**Lodi, CA. 95240**

**(209) 426-8387**

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# SUMMARY

Attentive, Dedicated and a deeply committed RN to providing the utmost nursing care. I have full faith in my abilities to provide the utmost nursing care. I’m an RN of Over 5 years of Nursing experience. Including over 2 years as an RN; Psychiatric RN in an acute setting, RNCM for Hospice Care, and Med surg Tele in County Hospital. Noted with 3 years prior experience as an LVN/ Wound Care Nurse in a Post Acute/ Rehab Care Facility. I have great experience in nursing patients, skilled in redirecting, executing nursing care plans, Team/ MD communication, medication administration, documentation, wound treatments, respiratory treatments, & patient centered care. I strive to be amongst the best nurses, being efficient and logical as a valued member of the Hospital. The goal is not to be perfect, but to be as perfect as I can be. I have a team oriented mindset and strongly feel that excellent communication coordination is key for a team to perform at an elite level.

**EXPERIENCE**

## San Joaquin General Hospital, French Camp, CA

*Med Surg Tele Registered Nurse*

500 W. Hospital Road , Stockton, CA 95231

(209) 468-6000

December 2020 - Present

SKILLS LEARNED

* Provided nursing care to patients with post-surgical procedures, acute/chronic medical illnesses, covid 19, and Tele patients
* Advocates needs of, and assists patients and significant others in receiving proper medical care during hospitalization.
* Coordinates with patient, family, social worker, attending physician in planning and facilitating discharge and continuing needs for home care or transfer to an extended care facility.
* Coordinates flow from ED, OR/PACU, PCU, ICU, or direct admit patients from home or Physician's office and assign to appropriate room and nurse on duty.
* Address patient and physician concerns.
* Coordinated patient care assignments, maintained drug accountability, ensured proper documentation and equipment maintenance.
* Ensured efficacy of treatments through monitoring of treatment regimens.
* Performed assessments; provided intravenous therapy; complex wound care; monitored various drainage devices, etc.
* Collaborated daily with physicians and health care team to achieve optimum patient care.
* Established strong relations with physicians built on trust and knowledge of patient care.

**Bristol Hospice , Stockton, CA**

*RN Case Manager*

2800 W. March Lane STE 110 , Stockton, CA 95219

(209) 670-8000

March 2020 - September 2021

SKILLS LEARNED

## Assessed patient home care needs including nursing, physical, emotional and spiritual.

## Assisted patients and family members with concern and compassion.

## Assumed case management responsibility and provided direct care as outlined in the Interdisciplinary Plan of Care.

* Collaborated with other hospice personnel in the direct care of shared patients to ensure all providers were up-to-date in patient plan of care.

## **Aurora Santa Rosa Hospital , Santa Rosa, CA**

*Charge Nurse, RN/ Med Nurse, RN*

1287 Fulton Rd. , Santa Rosa, CA 95401

(707) 800-7700

November 2019- May 14 2020

SKILLS LEARNED

## Managing manual restraints for patients and staffs safety

## In charge of Code Greens on the unit

## Responsible for admissions, care, discharge of 15-19 patients mental and medical health, per shift.

##  Treated children, adolescents, and adults and provided care for patients in psychiatric acute hospital settings.

## Completed patient assessment thorough mental, physical, nutritional and functional assessments.

## Administered psychotropic medications; identified Extrapyramidal Symptoms (EPS).

## Assessed patients for 5150 holds and ensured patients met medical criteria for admission to Aces/ES. Created initial treatment plans and provided crisis intervention and stabilization.

## Utilized and managed the application of Assaultive Behavior Training.

## Planned and implemented nursing care for patients in accordance with physician orders, policies and procedures of the facility and safe nursing practices.

## Coordinated discharge services in conjunction with medical personnel, families and caregivers

## Lodi Creek Post Acute Care Center, Lodi, CA *- Charge Nurse, LVN/ RN*

321 W. Turner Rd., Lodi, CA 95240

(209) 334-3760

January 2018 - January 2020

SKILLS LEARNED

* Currently an RN for Rehab/ Therapy Department of 6-10 rehab patients and 18 patients in secured unit.
* Patient care for 18 patients in secured unit for dementia and altered conscious patients.
* Administer psychiatric Medications for patients
* Performed duties as requested by IDT, within the scope of licensure.
* Admissions, discharges, and administered medications/narcotics.
* Great communication with MDs especially for patients change of condition.
* Provided SBARS to MD for change of condition patients and followed up on MD orders.

## Wine Country Care Center, Lodi, CA

## *- Wound Care Nurse/ IDT member, LVN*

321 W. Turner Rd. , Lodi, CA 95240

(209) 334-3760

November 2016 - January 2018

SKILLS LEARNED

* Weekly rounds of patients with wound consultant, Dr. Amin
* Involved in healing Stage 3, 4, unstageable pressure injuries at a high rate
* Specialized in using wound vacs in healing pressure injuries.
* Member of IDT, enforcing policies, structure and great practice.
* Responsible for providing excellent wound treatments of 80 patients.
* Coordinated repositioning of all patients at risk for developing pressure injuries at least every 2 hours.

## Wagner Heights Nursing & Reh**a**b

## *Charge Nurse, LVN*

Wagner Heights Rd. , Stockton, CA 95209

(209) 477-5252

July 2016 - April 2017

SKILLS LEARNED

* Dealt with patients severely affected with mental health concern.
* Often redirected patients, provided patient centered care.
* Provided care to post-acute and rehab patients.
* Provided safe and direct patient care in a post acute care setting.
* Supervised CNAs, administered medication and narcotics.
* Coordinated 28 patients to receive proper nursing care.
* Blood glucose check and insulin administration.

#  **LICENSE**

## RN License # RN95200925. Expires 6/30/2023

# **EDUCATION**

## San Joaquin Delta College

January 2018 - May 22, 2019.

1100 Clinical hours

Associates Degree in Nursing

1 Semester rotation at Adventist Health Lodi Memorial Hospital, San Joaquin General Hospital, St. Josephs Behavioral Facility during Mental Health course rotation.

**Xavier College of Nursing**

June 2015- May 2016

1,000 Clinical Hours

LVN Diploma

1 Month Course rotation of Mental Health at San Joaquin General Hospital.

# REFERENCES

Heather Warmerdam Director of Nursing ‘16-‘19. (209)323-0985

Diane Esguerra Director of Staff at Lodi Creek (209)712-0417

Cedric Gibbons Admission Coordinator/ Social Service (209)986-6618

Haneef Khan Director of Staff of L.C for ‘17-‘18. (209)361-6368

Dr. Faisal Amin Wound Consultant MD (516)589-5137

Anjana Milpuri Coworker at Aurora Acute Hospital (408) 666-0403

Sue Wilburn Bristol Hospice Supervisor (209)688-5155