

Maryam Kalsi

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Diligent Nursing professional with demonstrated success in high risk and labor and delivery patient care. Agile and responsive to dynamic patient needs and environmental conditions. Team-oriented and reliable with expert healthcare knowledge, clear verbal and written communication skills, and sound clinical judgment.

Work Experience

Labor and Delivery RN II

Sibley Memorial Hospital - Washington, DC
January 2021 to Present

- Managed patient care in the OR during cesarean deliveries.
- Assisted physicians during delivery treatment, examination, and surgical procedures.
- Assisted with induction of labor
- Assessed neonate at delivery including resuscitation when necessary.
- IV and indwelling catheter placement.
- Managed patient's pain including epidural and patient controlled analgesia administration.

School Nurse Coordinator

Glenbrook Cooperative Nursery School - Bethesda, MD
August 2016 to May 2017

- Performed health screening for students and faculty.
- Protected patients and healthcare team members from infection by sterilizing equipment and reusable supplies.
- Provided medical consultations to other school personnel to promote well-coordinated school health and safety efforts.
- Audited charts and reviewed clinical documents to verify accuracy.

High Risk Antepartum Staff Nurse

Holy Cross Hospital - Silver Spring, MD
September 2011 to March 2014

- Worked closely with doctors in coaching pregnant women through childbirth and post-natal recovery.
- Reduced risk of infection by sterilizing tools and overseeing housekeeping standards for treatment rooms, labor and delivery and waiting areas.
- Coached new mothers with breastfeeding techniques, postpartum self-care and infant care to promote easier transition into motherhood.
- Responded to emergency situations such as pre-eclampsia, early labor and fetal distress.
- Aided with induction of labor for women suffering from complications such as preeclampsia.
- Used first-hand knowledge and clinical expertise to advocate for patients under care and enacted prescribed treatment strategies.
- Implemented interventions, including medication and IV administration, catheter insertion.

- Kept optimal supply levels in treatment rooms, triage and other areas to meet typical patient loads.
- Provided skilled, timely and level-headed emergency response to critically ill patients.
- Conducted health screenings and reviewing patient histories.
- Communicated with healthcare team members to plan, implement and enhance treatment strategies.

Dental Assistant

Dr. Wing F. Chan - Rockville, MD

March 1998 to January 2006

- Helped dentists restore teeth by applying permanent and temporary fillings and crowns.
- Administered desensitizing agents by applying numbing gel to prepare patients for anesthetic injections.
- Prepared rooms for patient treatment by cleaning and sterilizing tools and equipment.
- Recorded patients' health histories documented current symptoms and pulled up records from prior visits for dentists to view and evaluate.
- Assisted dentists by passing instruments, suctioning intraoral fluids, adding water and mixing materials for fillings, casts and impressions.
- Educated patients on dental hygiene, pre-surgical instructions and post-surgical care.
- Supported dentists during procedures to restore teeth, like dental fillings, permanent and temporary crowns.
- Prepared patient X-rays and images for review by dentist.
- Took dental images following strict patient protection rules by mentioning risks during pregnancy and applying lead aprons.
- Assisted dentist in management of medical or dental emergencies.
- Managed office schedules and calendars to coordinate administrative planning and execution.
- Operated x-ray equipment.

Education

Bachelor of Science in Nursing Science

University of Maryland Global Campus - Adelphi, MD

December 2020

Associate of Science in Nursing Education

Howard Community College - Columbia, MD

December 2010

Nursing Licenses

RN

Expires: August 2021

State: MD

Skills

- Excellent Communication Skills
- Personable and positive attitude; interface well with patients, families, and nursing staff

- Strong computer proficiency
- Infection control measures
- Privacy and confidentiality
- Patient care planning
- Medical consultation
- Strong clinical judgment
- EMR / EHR
- Intravenous therapy
- Medication Administration
- Patient and family advocacy
- Collecting vitals
- Insulin medication assistance
- Emotional Support
- HIPAA Compliance
- Critical Care
- Medication Management
- Teaching
- Oxygen saturation standards
- Patient Assessments
- Microsoft Word (5 years)
- PACU experience
- Nursing
- Hospital Experience
- Infant Care
- Triage

Languages

- Farsi - Fluent

Certifications and Licenses

Advanced Cardiovascular Life Support (ACLS)

Registered Nurse Inpatient Obstetric Nursing Certification (RNC-OB)

Certification in Electronic Fetal Monitoring (C-EFM)

Basic Life Support (BLS)

Neonatal Resuscitation Program (NRP)

AED Certification

CPR Certification

Assessments

Electronic health records: Best practices — Proficient

October 2020

Knowledge of EHR data, associated privacy regulations, and best practices for EHR use

Full results: [Proficient](#)

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