

Jessica Lack

CNA/CMT for 20 years. Small business owner. Ready to branch out into other fields as well.

Saint Joseph, MO 64503

jessicalack53_59g@indeedemail.com

+1 816 344 1772

CNA/CMT, Small business owner. I am a quick learner, thorough, and able to multi-task rather efficiently.

Authorized to work in the US for any employer

Work Experience

Owner

Skye Dye CC - Saint Joseph, MO

November 2020 to Present

I own a small custom clothing and tie dye company that I run from my home. I am in charge of ordering all apparel, dyes, dye fixers, vinyl, paint, and all other supplies needed for business. I also make and take all business related calls. I take and fill all orders. I am building a client base and am in the process of building a website as well.

Covid Screener

Aerotek - Saint Joseph, MO

May 2020 to February 2021

Screened all employees for covid. Took temperatures. Cleaned all areas and surfaces with sanitizing solution. Reported and recorded any abnormal temps or covid like symptoms and reported them to the appropriate management.

CNA

Carriage Square Living and Rehab - Saint Joseph, MO

September 2019 to June 2020

I worked in an LTC facility as a cna. Duties included but are not limited to, adl assistance, bathing, feeding, fingernail care, peri-care, oral care, dressing, transport, transfer, dining room assistance, room cleaning, vitals, weights, and assistance to the nurse when needed. Took food orders in the dining room as well as served all meals and drinks. Hopped in the kitchen a few times to help speed things up. Washed dishes, cooked different ordered items, prepped meals, etc...

- Provided patients/residents with care and companionship
- Monitored vital signs
- Served meals
- Aided residents with personal hygiene
- Assisted residents with activities of daily living
- Aided in lifting residents when necessary
- Assisted with wound care
- Recorded resident care daily
- Cleaned and sanitized rooms
- Changed bed linens

- Performed post-mortem care, if needed

CNA - Certified Nursing Assistant

Saint Joseph Senior Living - Saint Joseph, MO

June 2017 to August 2019

Worked as a CNA in an LTC Facility. Assisted with all ADL's, bathing, fingernail care, oral care, peri-care, dressing, transfer, transport, meal prep, dining room assistance, clean rooms, mopped hallways and rooms prn, assisted charge nurse when needed, vitals, weights, light maintenance work, and sometimes just an ear to listen.

- Worked in a nursing home and nursing facility
- Provided individualized and friendly care for patients and residents
- Checked vital signs
- Assisted with wound care
- Served meals to residents and patients
- Helped residents and patients with showering
- Assisted patients and residents with basic activities of daily living
- Scheduled resident and patient activities
- Aided in lifting patients and residents , when necessary
- Aided in transferring patients and residents , as needed
- Communicated details about patient's and resident's condition to the nurse in charge
- Swept, mopped, and cleaned bathrooms
- Changed bed linens

CNA - Certified Nursing Assistant

Abbey Woods Living and Rehab - Saint Joseph, MO

August 2016 to March 2017

Worked overnights as a CNA in an LTC facility. Assisted with ADL's. Bathing, changing, oral care, peri-care, fingernail care, skin care, transfer, hair care, etc. As a night shift aide I was in charge of all the laundry, which included, washing, drying, folding, hanging, and putting away of all laundry for the entire facility. Assisted charge nurse with treatments, vitals, weights, and all other duties required of me. Helped in the dining room with taking orders, serving food and drinks, interaction with family members.

- Worked in a nursing home, nursing facility and hospice
- Provided patients/residents with care and companionship
- Monitored vital signs
- Delivered medication to patients and residents

In Home Care Provider

IHSS - Redding, CA

April 2015 to April 2016

Worked in the home of a quadriplegic. Assisted with all ADL's, bathed, oral care, peri-care, hair care, applied makeup, hooyer use, catheter care including changing the catheter monthly. In charge of cleaning the entire house which included, dishes, dishwasher use, wiping counters, sweeping, mopping, scrubbing bathrooms, dusting, vacuuming, rearranging of furniture and sorting through boxes. Animal care included, horse care; feeding, watering, shoveling stalls, brushing, riding, walking, application of sprays, ointments, and medicines and also the construction of metal fence panel pens/stalls. Goat care; feeding, watering, shoveling goat yard. Dog care; feeding, watering, brushing, walking, and potty care. I also helped to grow a garden of vegetables for my client as well.

CNA - Certified Nursing Assistant/ Med Tech

Saxton Woods Nursing And Rehabilitation - Saint Joseph, MO

April 2007 to June 2014

Assisted with all ADL's, bathing, oral care, peri-care, fingernail care, hair care, pass snacks, transfer using hoyer lift, gait belt, sit to stand lift, cleaned rooms, closets and wheelchairs nightly. Dining room assistance, potty assistance, assisted nurse with treatments, weights, vitals and anything else required of me. Passing of all medications in a timely manner, reading of mar and tar with complete knowledge of both, reordering of medications, creams, ointments, insulin's, and all other items needed from pharmacy. Helped in the dining room with taking food and drink orders, serving, feeding, bussing and cleaning tables. Helped in the kitchen with cooking, food prep, and dishes when staff was short. Helped the laundry lady wash, dry and fold all the laundry when she was behind.

- Worked in a nursing home and nursing facility
- Provided caring, intimate, hands-on healthcare for patients and residents
- Monitored vital signs
- Delivered patients' and residents' medication
- Handled minor wound care
- Assisted with feeding patients and residents 30 meals per day
- Assisted with bathing patients and residents
- Helped patients and residents with daily living needs
- Worked with mechanical lifts, as needed
- Scheduled patient and resident activities
- Communicated patient's and resident's condition to the nurse in charge
- Cleaned rooms, bathrooms, hallways, floors and linens
- Made beds

Education

CNA/CMT in Nursing

Hillyard Technical Center - Saint Joseph, MO

Skills

- CNA
- Certified Nursing Assistant
- Cna Certified
- Home Health
- Hoyer Lift
- Nursing
- Catheter Care
- Equine Experience
- Problem-solving
- Flexibility
- Team Work
- Reliability

- Caregiving
- Medication administration
- Acute care
- Home care

Certifications and Licenses

CNA

CPR Certification