

Mekel Parungao, BSN, RN

(760) 900-5785 | mekelparungao@gmail.com

EDUCATION

California State University San Bernardino

Bachelor of science with a degree in Nursing.

Nursing GPA | 3.87

May 2021

PROFESSIONAL EXPERIENCE

Loma Linda Children's Hospital – NICU | Loma Linda, CA **AUG 2021 – PRESENT** Registered Nurse Position

Worked in a Registered Nursing role on a Level IV NICU. Gained experience caring for critically ill patients, working within the interdisciplinary team, and precepting nursing students.

Arrowhead Regional Medical Center | Colton, CA **FEB 2020 – JULY 2021** Student Nurse (Nursing Assistant Position)

Worked in a nursing assistant role on a telemetry/medical surgical unit in a Level II Trauma Center. Accumulated over 800 hours of clinical experience. Experience floating to different units such as MICU, SICU, Burn unit, and the Emergency Department.

VOLUNTEER AND LEADERSHIP EXPERIENCE

Sigma Theta Tau **MAY 2020 – PRESENT**

Member of Sigma Theta Tau honor nursing society for over a year. This society is centered around leadership, research, and advancing the practice of nursing.

Coyote Student Nurses **SEP 2018 – MAY 2021**

Volunteering in the organization to do various activities such as mentoring younger students and providing health education to the public.

Senior Project **JAN 2021 – MAY 2021**

Leading a team to conduct a literature review regarding the development of psychology conditions in patients discharged from ICU settings and identifying best evidence-based practices for prevention.

SKILLS

- Experience and competency with assuming responsibility and accountability of direct acute patient care.
- Experience documenting information in EPIC EMR.
- Experience leading interdisciplinary teams and delegating tasks as appropriate.
- Experience working on COVID-19 designated units, and experience with frequent code responses.
- Excellent leadership and communication skills in a team environment.

CERTIFICATIONS AND AWARDS

BLS Certified

June 2020-2022

ACLS Certified

March 2021-2023

PALS Certified

April 2021-2023

NRP Certified

April 2021-2023

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MAB Certified

10x Dean's List

Graduated with Magna Cum Laude Honors

Graduated with Departmental Honors

July 2020-2022

2017-2021

May 2021

May 2021