**Stephanie Teske**

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**EDUCATION**

**Master of Science in Nursing, Entry into Nursing** August 2020

*Johns Hopkins University School of Nursing,* Baltimore, MD

* Future Nurse Scholarship (2019), Sigma Theta Tau International Society of Nursing, Student Nurse Association Member (SNA), Emergency Nurse Association Member (ENA)

**Bachelor of Science in Biology**  May 2014

*Mount Saint Mary’s University,*Emmitsburg, MD

**PROFESSIONAL EXPERIENCE**

**Registered Nurse, Emergency Department** December 2020 – March 2022

*North Suburban Medical Center, Colorado*

* Provided nursing care in a combined adult and pediatric level 2 trauma center: been primary nurse to conditions such as cardiac arrests, strokes, overdose, gunshot wounds, stabbings, MVCs, etc.
* Developed and prioritized patient/family plan of care to meet identified needs in collaboration with patient/family and the health care team to ensure effective patient care
* Educated patients and family based on individual’s diagnoses which includes unique related needs from admission through discharge
* Triaged patients and determines priority of care based on patient’s physical, psychological, and social needs

**Registered Nurse** June 2020 – December 2020

*Maxim, Maryland*

* Performed duties such as nasal swab testing for COVID-19, intake, and scribe

**Clinical Nurse Extern** January 2020 – October 2020

*Johns Hopkins Hospital – Nelson 4(Infectious and Pulmonary Diseases),* Baltimore, MD

* Collaborated with nurses, physicians, and other technicians to provide care for vulnerable populations such as HIV positive, substance use disorder, and COVID patients
* Performed responsibilities efficiently and in a well-organized manner while taking vital signs and EKG; conducting wound care, catheter care, glucose point of care testing, ostomy care, and tracheostomy care; and assisting with activities of daily living and ambulation for 9-12 patients per assigned shift

**Birth Companion** September 2019 - August 2020

*Johns Hopkins University School of Nursing,* Baltimore, MD

* Provide emotional and physical support throughout the labor and birthing process
* Educate new parents on breastfeeding strategies, postpartum depression, and general coping techniques to deal with changes of parenthood

**PROFESSIONAL EXPERIENCE, CONT.**

**Medical Assistant** January 2018 - January 2019

*DermAssociates*, Silver Spring MD

* Collaborated and assisted physicians in examination and treatment of adult and pediatric patients, which included handing physicians’ instruments and materials, giving injections, removing sutures, signing and obtaining proper consent forms prior to treatment, changing dressing wounds, and maintaining a sterile field during surgical procedures
* Remained flexible and adaptable while helping with the setup of a new satellite office, teaching the new physician and medical assistant on new health record software, and performing administrative work to assist with the new changes.
* Trained newly hired medical assistants with their duties and responsibilities

**Research Technician** June 2015 - January 2018

*Leidos Biomedical Inc,* Frederick, MD

* Performed sequential studies of immune function in patients with Human Immunodeficiency Virus (HIV) disease to determine the effects of experimental treatments on patients for National Cancer Institute (NCI) through the National Institutes of Health (NIH) in a BSL-2/3.
* Served as the manager and primary contact for infectious disease clinical study protocols to include processing of bio-hazardous serological and other bodily fluid samples.
* Created, catalogued, maintained, and analyzed spreadsheets and databases (Patient Information System, BSI-web) for exchanging information with NIH and other laboratories

**Emergency Department Medical Scribe** August 2014 – May 2015

*Scribe America,* Rockville, MD

* Assisted MDs/PAs/NPs in adult and pediatric population to ensure that patient medical histories and initial physical examinations were documented accurately and completed in a timely manner
* Engaged with MDs/PAs/NPs and ancillary medical staff with responsibilities including but not limited to completing documentation in a timely manner, assisting in scheduling essential medical testing, and procuring subsequent test results

**CERTIFICATION, LICENSURE, ­­­­­­­­­­­ .**

* RN License (Colorado): 1672277 Valid through September 2023
* ACLS, American Heart Association Valid through November 2022
* PALS, American Heart Association Valid through November 2022
* CPR and BLS Provider, American Heart Association Valid through April 2024
* TNCC, Emergency Nurse Association Valid through December 2024
* ENPC, Emergency Nurse Association Valid through June 2025

**SKILLS .**

* *Electronic Health Records:* Epic, EMA, MediTech
* *Equipment:* Pyxis Medication System, Bladder Scanner, Dexis, Hoyer Lift
* *Training:* Narcan distribution/use, Baltimore Neighbor Network Volunteer, COVID-19 Contact Training
* *Language:* Tagalog (fluent)