**Antwanette Keys**

221 West Park Avenue

Drew, MS 38737

Cell: (662)588.9618

Email: antwanette.keys@gmail.com

**EDUCATION:**

**Union University**

Master of Science in Nursing

August 2020- Present

**Union University**

Bachelor of Science in Nursing

August 2017- December 2018

**University of Mississippi**

Bachelor of Arts in Sociology

August 2013- May 2017

**PROFESSIONAL EXPERIENCE:**

***Methodist South Labor & Delivery Unit Memphis, TN***

 *Register Nurse January 2019-Present*

* Provided patient and family education on labor, pain and newborn care
* Managed the patient's pain including epidural and patient controlled analgesia administration.
* Assisted physician during delivery, treatment, examination and surgical procedures.
* Develop and implement nursing care plans for patients and coordinate with multidisciplinary team members to facilitate integrated and comprehensive care
* Provided care for patients utilizing fetal and maternal monitoring equipment.

***Registered Nurse Residency Program Memphis, TN***

 *RN Resident April 2019-April 2020*

* Participated in a new nurse entry level Residency Program to build nursing skills for transition into practice.
* Completed over 30 hours of scholarly research to produce and present evidence-based content on the benefits of skin to skin contact after vaginal deliveries.
* Empowered through professional development to increase leadership skills and improve patient safety.

***Kirby Pines Lifecare Community Memphis, TN***

 *Certified Nursing Assistant September 2017-December 2019*

* Provide high-quality patient care as an in-demand CNA within a rehabilitation and nursing-home setting
* Preserve patient dignity and minimize discomfort while carrying out duties such as bedpan changes, diapering, emptying drainage bags and bathing
* Commended for chart accuracy, effective team collaboration, patient relations and consistent delivery of empathetic care

***National Kidney Foundation of Michigan Detroit, MI***

 *Student Intern June 2016 – July 2016*

* Managed and educated over 50 children and teenagers through a program called Healthy Kids and Kidneys and Body Works: teaching the importance of physical activity, consuming healthy meals, and living healthy lifestyles.
* Participated and assisted community members with maintaining a garden to distribute fresh fruits and vegetables to needy families in Inkster, MI.
* Executed and organized a 5k run and walk to encourage community togetherness and physical activity.

***Centers for Disease Control Public Health Program Ann Arbor, MI***

 *Undergraduate Fellowship May 2016- July 2016*

* Analyzed and audited a Community Needs Assessment for Washtenaw County in Michigan to better understand the community’s perception of health.
* Utilized leadership training and real-world work experience about health equity, health disparities, and public health disciplines intended to increased diversity in fields of public health.

**LICENSURE & CREDENTIALING:**

**Registered Nurse, BSN** 2019-Present

*Tennessee Licensure*

***Other Relevant Experience* and Awards**

* Basic Life Support Training, July 2021- 2023
* Infant Bereavement Training, August 2021
* Neonatal Resuscitation Provider, June 2021- 2023
* 1st Place University of Mississippi’s Grant Writing Competition, May 2017

**REFERENCES AVALIABLE UPON REQUEST**