

LASHONDA COSEY

NURSING ASSISTANT

Career Objective

Efficient professional with 2.5+ years of experience and a proven knowledge of acute care facility, assisted living, and ambulatory care. Aiming to leverage my skills to successfully fill the Nursing Assistant role at your company.

Contact

- ✉ lashonda.cosey28@icloud.com
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- 📍 5605 Quebec Ave N New Hope, MN, 55428

Education

COLLEGE OF VISUAL ARTS

St. Paul, MN

Nursing assistant Nursing (Oct 2018)

BROOKLYN CENTER

Brooklyn Center, MN

High School Diploma (Jun 2008)

Certifications

Certified Nursing Assistant

Experience

Mar 2019 - Present

CERTIFIED NURSING ASSISTANT

Presbyterian Homes and Services, Roseville, MN

- Administer medications or treatments, such as catheterizations, suppositories, irrigations, enemas, massages, or douches, as directed by a physician or nurse.
- Answer patient call signals, signal lights, bells, or intercom systems to determine patients' needs.
- Apply clean dressings, slings, stockings, or support bandages, under direction of nurse or physician.
- Change bed linens or make beds.
- Clean and sanitize patient rooms, bathrooms, examination rooms, or other patient areas.
- Communicate with patients to ascertain feelings or need for assistance or social and emotional support.
- Document or otherwise report observations of patient behavior, complaints, or physical symptoms to nurses.
- Feed patients or assist patients to eat or drink.
- Measure and record food and liquid intake or urinary and fecal output, reporting changes to medical or nursing staff.
- Observe or examine patients to detect symptoms that may require medical attention, such as bruises, open wounds, or blood in urine.
- Provide physical support to assist patients to perform daily living

activities, such as getting out of bed, bathing, dressing, using the toilet, standing, walking, or exercising.

- Prepare or serve food trays.
- Record height or weight of patients.
- Record vital signs, such as temperature, blood pressure, pulse, or respiration rate, as directed by medical or nursing staff.
- Remind patients to take medications or nutritional supplements.
- Review patients' dietary restrictions, food allergies, and preferences to ensure patient receives appropriate diet.
- Set up treating or testing equipment, such as oxygen tents, portable radiograph (x-ray) equipment, or overhead irrigation bottles, as directed by a physician or nurse.
- Transport patients to treatment units, testing units, operating rooms, or other areas, using wheelchairs, stretchers, or moveable beds.
- Turn or reposition bedridden patients.
- Undress, wash, and dress patients who are unable to do so for themselves.
- Wash, groom, shave, or drape patients to prepare them for surgery, treatment, or examination.
- Exercise patients who are comatose, paralyzed, or have restricted mobility.
- Explain medical instructions to patients or family members.
- Lift or assist others to lift patients to move them on or off beds, examination tables, surgical tables, or stretchers.
- Provide information such as directions, visiting hours, or patient status information to visitors or callers.
- Transport specimens, laboratory items, or pharmacy items, ensuring proper documentation and delivery to authorized personnel.

References

References available upon request