

# Ruth Chansa

## **Certified Nursing assistant**

Plymouth, MN

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## Work Experience

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### **Certified Nursing assistant**

Grapetree Medical Staffing - Des Moines, IA

2014 to 2016

Assigned to various healthcare facilities: nursing homes and group-homes

- Worked as a team player and took different and difficult tasks that others could not handle at times
- Performed all Activities of Daily Living according to individual care plans, including but not limited to assisting patients with bathing, dressing, meal servicing, administration of medication.

### **Resident Assistant**

Freedom Pointe - Minnetonka, MN

2002 to 2014

Worked with residents in an assisted living and memory care unit, including Alzheimer's, Parkinson's, post-surgery patients

- Responsible for assisting residents with all personal cares, including but not limited to bathing, shaving, dressing, feeding, transfers and lifts

### **Certified Nursing Assistant**

Maxim Healthcare Services - Saint Paul, MN

2001 to 2003

Assigned to various healthcare facilities: nursing homes, group-homes, in-home health care and hospice.

- Assisted with activities of daily living according to client's assigned care plan

### **Nursing Assistant**

Fountain View Assisted living and Retirement Village - Buchanan, MI

1999 to 2001

Under the direction of licensed medical professional, was responsible for monitoring patient vital signs, managing medications, refills and administering proper dosages

- Additional duties included personal care: bathing, oral care and grooming, assisting with daily dressing and when necessary, helping with eating
- Transferring assistance including working with mechanical transfers

### **Nursing Assistant**

River Ridge Rehabilitation & Healthcare Center - Niles, MI

1999 to 2001

Performed all Activities of Daily Living as assigned by the care plan.

- Worked as a team, transferred residents from bed to chair

- Involved the residents in daily residential and recreational activities: bingo, baking, folding towels and many more.

### **Resident Assistant/Home Health Aide**

Mosaic - South Bend, IN  
1998 to 2001

Worked with group home residents with intellectual disabilities, providing supportive living support, including but not limited to medication administration and assisting with personal hygiene, family budgets and visits, food preparation and laundry

- Assisted clients with daily living activities including management of personal finances, transportation, shopping, meal preparations, laundry, dishes, medication management

## Education

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### **Diploma in General Education for Registered Nurse**

Rainy River Community College - International Falls, MN

## Nursing Licenses

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### **CRNA**

## Skills

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- ORGANIZATIONAL SKILLS
- TIME MANAGEMENT
- CNA
- Cna Certified
- Home Health
- Certified Nursing Assistant
- HHA
- Memory Care
- Alzheimer's Care
- Caregiving
- Hospice Care
- Medication Administration
- Critical Care Experience
- Laundry
- Developmental Disabilities Experience
- Dementia Care
- Vital Signs
- Cleaning Experience
- Meal Preparation

- Patient Care
- Epic
- Food Preparation
- English
- Teaching

## Additional Information

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### Skills:

Excellent Verbal and Written Communication

Astute observation skills

Ability to follow set rules and protocol

Time management and organizational skills

Empathy and compassion

Effective Listening