

FLORENCE WANGECHI GITONGA

7204 Town center Blvd
fgwangechi@gmail.com, 979-267-5886

OBJECTIVE

Excellent trained and motivated Travel Nurse looking for a position in healthcare sector, having excellent skills in caring for patients and providing them with psychological support.

SKILLS

- Over Eight years of experience in providing care to patients in reputed healthcare organizations.
- Capable of communicating effectively with the patients, their family members and physicians to achieve highest quality of healthcare.
- Handled serious situations and provided care on time.
- Thorough knowledge about administering medical processes and medications that are prescribed by the physician.
- Skilled in planning, coordinating, planning, documenting and providing patient care keeping the policies of the healthcare facility intact.

ACHIEVEMENTS

- Created an interactive activity session that helped the patients open up more effectively.
- Received the award for Registered Nurse of the Month twice.

PROFESSIONAL EXPERIENCE

Jan 2021 to date

Travel RN

Memorial Hermann Hospital-Med Surg Telemetry-

- ✓ Assessing, planning, implementing, and evaluating patient care plans in consultation with healthcare professionals.
- ✓ Evaluating medical information, as well as providing direct and individualized bedside nursing care to pre-and post-surgery patients.
- ✓ Preparing, administering, and recording prescribed medications.
- ✓ Changing dressings, inserting catheters, and starting IVs.
- ✓ Adjusting specialized medical equipment as needed, as well as interpreting and recording measurements.
- ✓ Monitoring patients' vitals and reporting adverse reactions to medications in a timely manner.
- ✓ Collaborating on discharge planning with the healthcare team.
- ✓ Answering questions and educating patients and their families on surgical procedures and post-surgery care.
- ✓ Maintaining and updating patient files, medical charts, and health records.
- ✓ Adhering to best nursing practices, standards, and protocols.

2019-2021

OakBend Medical Centre-Jackson Street Richmond

Charge Nurse-Med surg Telemetry

- ✓ Studying patients' medical history, test results, and treatment plans.
- ✓ Tracking routine heart rate, blood pressure, and pulse oximetry measurements.
- ✓ Monitoring, interpreting, and recording data from specialized medical technologies and equipment.
- ✓ Administering medication and performing treatment interventions in consultation with healthcare specialists.
- ✓ Maintaining and updating ward charts, patient files, and medical records.
- ✓ Instructing Telemetry Unit staff on patient care and treatment plans.
- ✓ Collaborating with healthcare specialists and reporting changes and deteriorating conditions.
- ✓ Explaining tests results and procedures to patients and their families, as well as answering questions.
- ✓ Advising patients on post-hospital care, including prescribed medicine, home care protocols, disease prevention, and lifestyle changes.

2012-2018

Aga Khan University Hospital

Registered Nurse

- ✓ Consults and coordinates with health care team members to assess, plan, implement and evaluate patient care plans
- ✓ Prepares and administers (orally, subcutaneously, through an IV) and records prescribed medications.
Reports adverse reactions to medications or treatments in accordance with the policy regarding the administration of medications by a licensed registered nurse
- ✓ Monitors and adjusts specialized equipment used on patients, and interprets and records electronic displays

- ✓ Identifies irregular telemetry readings and notifies appropriate medical team members
- ✓ Provides basic, bedside care, initiates patient education plan, as prescribed by physician. Teaches patients and significant others how to manage their illness/injury, by explaining: post-treatment home care needs, diet/nutrition/exercise programs, self-administration of medication and rehabilitation
- ✓ Records patients' medical information and vital signs
- ✓ Prepares equipment and aids physician during examination and treatment of patient
- ✓ Responds to life-saving situations based upon nursing standards and protocol
- ✓ Records all care information concisely, accurately, and completely, in a timely manner, in the appropriate format and on the appropriate forms

EDUCATION

Bachelor of Public Health – 2016

Associate Degree in Nursing-2011

Bachelor of Nursing-2021 ongoing

OTHER SKILLS

- Know languages of English and Swahili
- Excellent time management skills.
- Good oral communication skills.

Reference

1. Veronicah Mbuta

Registered Nurse

Oakbend Medical Centre

240-477-9668

2. Desiree Land

Registered Nurse

MD Anderson medical Centre

832-316-5080