

# Alexa Morgan

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## Summary

Dedicated and compassionate registered nurse with 4 years of experience in an Acute Rehab and LTC/SNF setting providing care for adults with acute and chronic medical conditions. Outstanding team player and passionate about delivering quality and culturally competent care. Additional expertise includes management and staff supervision. Compact Licensure obtained in West Virginia in 2018.

## Education

**Ohio University**, Athens, Ohio

Bachelor of Science Degree in Nursing (BSN)

Graduated - May 2020

**St. Mary's Nursing School**, Huntington, West Virginia

Associate of Science Degree in Nursing (ASN)

Graduated - December 2015

**St. Mary's Medical Center**, Huntington, WV

### *Preceptorship program on Medical-Surgical Unit 4 South Team 4*

October 2015 to December 2015

- Handled patients daily with medication administration, dressing changes, IVs and general nursing care with minimal assistance.
- Provided bedside care, treatment and clinical documentation for patients under supervision.
- Facilitated admissions, discharges and transfers, chart/care plan note preparation and other documentation, and interdisciplinary team participation.

**St. Mary's Medical Center, Huntington, WV & Cabell Huntington Hospital, Huntington, WV**

August 2013 to May 2015

*Student Nurse/Clinical Rotations: Medical Surgical, Pulmonary, Neurology, Orthopedics, Pediatrics,*

*Emergency Room, Operating Room, PICU, NICU, PACU, Oncology, Mother/Baby*

- Performed PICC line dressing changes, peripheral IVs, Foley catheter/suture/staple/surgical drain removals, oral airway suction, NG tubes insertion, wound dressing changes.
- Worked with infusion pumps assembly, tubing/medications preparation, and infusion rate programming
- Analyzed client ABGs, CBC/metabolic profiles, radiological results, and EKG readings
- Assisted with patient-controlled analgesia pumps and TPN

- Collaborated with nurse and rapid response team

## **Employment History**

### **SSM Health Rehabilitation Hospital - Bridgeton, MO / Lake Saint Louis, MO / Richmond Heights, MO**

#### *Travel RN*

September 2021 – current

- Float between CVA, Brain Injury, Spinal Cord Injury, and Ortho units within three facilities
- Provided individualized care to patients with functional disabilities and physical impairments due to stroke, spinal cord and orthopedic injuries
- Provided individualized care to patients with behavioral disturbances caused by brain injuries along with many other acute and/or chronic disabilities or illnesses
- Advocated for patients with areas of concern regarding promoting their quality of life and independence
- Collaborated with interdisciplinary team including MD, FNP, PT, OT, SLP, Social Workers and unlicensed staff to provide the best patient-centered approach to care

### **Anderson Mill Health and Rehabilitation - Austell, Georgia**

#### *RN Unit Manager*

November 2020 – March 2021

- Manage 3 out of 6 units in a 170-bed facility
- Assist with establishing and maintaining communication channels with medical staff and other departments of the facility.
- Supervises overall nursing care performance and maintains quality patient care
- Ensure that all nursing staff comply with facility policy and procedures relating to safety, infection control, HIPAA, resident's rights, abuse and resident care and in accordance with state and federal regulations
- Attend various meetings of the facility including infection control, quality assurance, etc.
- Review nursing documentation to ensure they are informative and descriptive of the nursing care being provided
- Meet with residents and/or family members when necessary

### **Huntington Health and Rehabilitation Center - Huntington, West Virginia**

#### *RN Unit Coordinator/Supervisor*

January 2020 – November 2020

- Provide direct nursing care in conformance with accepted standards of nursing care practice
- Provide guidance, training, and monitoring of staff performance and conduct
- Monitoring the quality of nursing care delivered by reviewing documentation, meeting with patients and/or families, and investigating all practice concerns
- Providing and overseeing nursing care
- Responsible for doing rounds in all areas of the facility during shift
- Utilizing the nursing process provides care for patients with a variety of diagnosis
- Coordinates with other levels of nursing management to provide nursing care

- Responds to all emergency situations assuring effective response

### *Clinical/Staff Nurse*

October 2018 – January 2020

- Floated between the acute, dementia and LTC units
- Assess and treatment of admitted individuals
- Effective collaboration with multi-disciplinary teams ensuring continuity of care
- Crafted and revised treatment plans to adhere to strict care standards and practice guidelines Consult with physicians on specific cases and prescribe medications following hospital policy and state regulations
- Document patient responses to treatment and therapy for effectiveness and implement changes to the care plan as necessary to achieve the desired outcome
- Administer medication therapy, IV insertion and PICC line maintenance following physician orders and facility protocol
- Integrated health teaching into floor rounds and medication administration to maximize patient understanding and compliance.
- Documented vital signs and outcomes of medication administration and procedures with Point-Click-Care system
- Abided by all HIPAA laws and patients' rights to provide the necessary privacy to all patients

### **Autism Management Group - Lavalette, West Virginia**

#### *Direct Care Staff*

August 2014 - January 2016

- Assist patients with ADLs such as feeding, mouth care, grooming, shaving, and incontinence care
- Assist with care of residents
- Assist with restorative care
- Transport residents to appointments
- Build a relaxing environment for resident and family members
- Document daily activities

### **Right at Home, Ceredo - West Virginia**

#### *Direct Care Staff*

May 2012 - September 2013

- Assist patients with ADLs such as feeding, mouth care, grooming, shaving, and incontinence care
- Assist with care of residents
- Assist with restorative care
- Transport residents to appointments
- Build a relaxing environment for resident and family members
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## **Certifications**

- Basic Life Support

## **Professional Skills**

- Patient-centered care
- Medication administration
- IV management
- Electronic record keeping
- Time management
- Teamwork
- Dependability
- Leadership

## **References**

**Reference available upon request**