

# Meron Paulos

## **Nursing Assistant - TMA**

Farmington, MN 55024

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To be able to demonstrate my expertise in the job, so as to help patients, as well as the institution, meet its goals and objectives toward providing excellent healthcare.

## Work Experience

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### **Nursing Assistant**

TMA - Saint Paul, MN

November 2013 to Present

Responsibilities • Provides direct patient care services • Documents patient's progress/non-progress • Maintains accurate documentation regarding the patient's status • Reports findings and uncanny incidents to the charge nurse • Maintains cleanliness and sterility in the area • Collects specimens and furnishes them to the laboratory department for the needed diagnostic procedures • Supports and interacts with the healthcare team • Medicine Administration

### **Nursing Assistant**

Covenant Shore - Seattle, WA

October 2010 to June 2012

Responsibilities • Ensures the comfort, safety and over-all hygiene of the patient • Ensures the cleanliness in the area • Records pertinent information, status, and data concerning the patient's progress and well-being • Reports incidents and accidents to the charge nurse • Coordinates with medical professionals from other departments regarding the patient's condition • Makes beds for patients • Assists in the mobilization and transfer of the patients • Assists patients during diagnostic tests • Collects specimens and sends them to the laboratory with accurate labels and requests

Covenant village

### **Nursing Assistant**

Minneapolis, MN

September 2009 to June 2010

Responsibilities

• Responds to the needs/calls of residents • Assists hospice patients in conducting personal care (grooming, bathing, and hygiene) • Assists patients in eating • Obtains and records vital signs (Temperature, Heart Rate, Blood Pressure, Respiratory Rate) as well as the frequency of elimination patterns • Weighs patients • Provides sponge baths and perineal care • Assists patients in range-of-motion exercises • Documents findings on the patient's chart as needed • Turns, positions and assists residents in ambulation • Changes dressings and bandages as required • Reports to the charge nurse regarding the status of the patient • Collaborates with the medical team in order to help in the treatment of the resident • Provides near-death care of patients

## Education

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### **certificate in TMA**

North America Academy - Minneapolis, MN  
2018

### **certificate**

Minnesota community college  
2009

## Skills

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- CNA
- Home Health
- Cna Certified
- Certified Nursing Assistant
- Hospice Care
- Patient Care
- Vital Signs
- Meal Preparation
- Hospital Experience
- Nursing home experience

## Certifications and Licenses

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### **Certified Nursing Assistant (CNA)**

### **CPR**

### **State Tested Nursing Assistant**

### **BLS Certification**

## Additional Information

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Administration of Medication