# Carrie Skinnell

### Knowledgeable RN with over 12 years experience.

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- Medical screening
- · Patient monitoring
- IV drug therapy management
- Patient relations
- Long-term care
- Family and patient support
- · Acute and rehabilitative care
- Triaging
- · Breath alcohol technician/ drug screen collection ability

Willing to relocate: Anywhere

Authorized to work in the US for any employer

### Work Experience

#### RN

TotalMed - Roanoke, VA May 2021 to Present

Responsible for reviewing patient's chart, performing rapid Covid tests, running Covid tests, entering results in patient's chart.

#### RN

The Execu|Search Group - Fairfax, VA March 2021 to May 2021

RN Covid Vaccinator . Responsible for screening patients for appropriateness of receiving Covid vaccine; administering vaccine and monitoring patient post vaccination.

#### RN

Women's Health Services - Lynchburg, VA February 2021 to March 2021

Responsible for triaging of patients in busy OB/GYN office. Assist physicians with procedures.

#### RN

Med Express Urgent Care Center - Lynchburg, VA July 2012 to January 2021

- Deliver patient care including stabilizing patients and identifying treatment options.
- Immunized patients against influenza to protect vulnerable populations from serious illnesses.
- Trained and mentored new RNs on best practices and standards of care.
- Coordinated care with physicians and other clinical staff to prepare for treatment, carry out interventions and enhance continuum of care to deliver comprehensive services.

### **RN** Hospice

Centra Health - Lynchburg, VA April 2011 to December 2011

- Administered palliative care in outpatient settings ranging from assessment to development and implementation of care plans.
- Counseled caregivers and families on end-of-life planning and educated on patient care options.

#### RN

Gretna Health & Rehabilitation Center - Gretna, VA August 2009 to January 2011

• Provided high quality nursing care for geriatric and/or rehabilitative patients in a nursing home environment.

### **RN Staff Nurse Medical-Surgical Unit**

Centra Health - Lynchburg, VA June 2008 to August 2009

- Maintained personal and team compliance with medication administration standards and patient care best practices.
- Cared for patients in recovery from medical procedures by caring for wounds, monitoring vitals and managing pain.

# Education

# **Diploma**

Centra School of Nursing - Lynchburg, VA

#### **BS** Psychology

Longwood University

### **Nursing Licenses**

#### RN

Expires: August 2022

State: VA

### Skills

- Attention to Detail, Leadership, Reliable, Open to Feedback, Honest (9 years)
- Medical office experience
- Hospice Care
- Nursing
- Medication Administration
- EMR Systems
- Triage

- Hospital Experience
- Vital Signs
- Experience Administering Injections
- Laboratory Experience
- Employee Orientation
- Patient Care
- Caregiving
- Phlebotomy
- Venipuncture
- Home Care
- Microsoft Word
- Phone Etiquette
- Medical Records
- Customer service
- Epic
- Tube feeding
- Communication skills
- · Patient monitoring

# Certifications and Licenses

### RN

June 2008 to August 2022

License current

### **BLS Certification**

December 2021 to December 2023

### **Compact State Nurse License**

#### Assessments

### Electronic Health Records: Best Practices — Highly Proficient

November 2020

Knowledge of EHR data, associated privacy regulations, and best practices for EHR use

Full results: <u>Highly Proficient</u>

# **Medical Terminology — Highly Proficient**

November 2020

Understanding and using medical terminology

Full results: Highly Proficient

# First Aid — Highly Proficient

November 2020

Treating common medical emergencies

Full results: Highly Proficient

# **Verbal Communication — Highly Proficient**

November 2020

Speaking clearly, correctly, and concisely

Full results: Highly Proficient

### **Customer Focus & Orientation — Highly Proficient**

November 2020

Responding to customer situations with sensitivity

Full results: Highly Proficient

### **Electronic Health Records: Best Practices — Highly Proficient**

November 2020

Knowledge of EHR data, associated privacy regulations, and best practices for EHR use

Full results: Highly Proficient

#### Patient-Focused Care — Proficient

November 2020

Addressing concerns and using sensitivity when responding to needs and feelings of patients

Full results: Proficient

### **Active Listening — Highly Proficient**

November 2020

Actively listening and appropriately responding in conversations

Full results: Highly Proficient

### Clinical Judgment — Proficient

January 2019

Measures a candidate's ability to assess a patient's condition and implement the appropriate medical

intervention.

Full results: Proficient

### Scheduling — Proficient

November 2020

Cross-referencing agendas and itineraries to avoid scheduling conflicts

Full results: Proficient

### **Analyzing Data — Proficient**

November 2020

Interpreting and producing graphs, identifying trends, and drawing justifiable conclusions from data

Full results: Proficient

### Following Directions — Highly Proficient

November 2020

Following multi-step instructions
Full results: Highly Proficient

### **Nursing Assistant Skills — Expert**

November 2020

Providing nursing aid to patients using knowledge of relevant equipment and procedures

Full results: Expert

# **Home Health Aide Skills — Highly Proficient**

November 2020

Providing care to patients in a home setting

Full results: <u>Highly Proficient</u>

### **Clinical judgment — Highly Proficient**

December 2020

Assessing a patient's condition and implementing the appropriate medical intervention

Full results: Highly Proficient

## **Project timeline management — Proficient**

January 2021

Prioritizing and allocating time to effectively achieve project deliverables

Full results: Proficient

Indeed Assessments provides skills tests that are not indicative of a license or certification, or continued development in any professional field.