

Kayleigh Sjostrom

BSN, RN

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Compassionate, dedicated Registered Nurse and Army veteran with multifaceted experience in critical/intensive care, acute care, and mental health. Broad experience working in diverse facilities including level 1 trauma centers, Magnet facilities, and teaching centers.

Authorized to work in the US for any employer

Work Experience

Registered Nurse

Altru Health System - Grand Forks, ND

August 2021 to Present

Level 2 trauma center

Travel ICU

Provide care to critical care patients requiring frequent assessments and interventions for medical, surgical, neuro, cardiac and trauma patients. Experience monitoring and managing patients requiring mechanical ventilator support, Arterial lines, central lines, chest tubes, intracranial drains. Experienced with medication drips for sedation, and pressure support. Blood and blood product transfusions, monitoring and management of TPA sheaths. Monitoring patients following carotid endarterectomies, VATS, TAVR, and TAVI's, as well as care of critically ill covid ARDS patients.

Critical Care/Step-down ICU

Sanford Health Medical Center - Fargo, ND

March 2020 to Present

Per diem/Critical Care Cluster

Level 1 Trauma Center and teaching hospital with 700+ staffed beds. 3 Critical Care units with >65 critical care/icu beds.

Provide care to critical care patients requiring frequent assessments and interventions for medical, surgical, neuro, cardiac and trauma patients. Experience monitoring and managing patients requiring mechanical ventilator support, A- lines, central lines, external pacers, chest tubes, and lumbar drains. Experienced with medication drips to include precedex, fentanyl, Propofol, cardene, levophed, dopamine, phenylephrine and other pressure support medications. Blood and blood product transfusions, monitoring and management of TPA sheaths. Monitoring patients following carotid endarterectomies, VATS, TAVR, and TAVI's. Gunshot wounds and various other traumas. Care of critically ill covid ARDS patients.

Intensive Care Unit Registered Nurse

CHI St. Alexius - Williston, ND

April 2021 to July 2021

Travel assignment

Critical access hospital located in rural North Dakota Badlands. Provide for critical care patients, stabilization, and transfer to more specialized hospitals if needed via air transport methods. Monitor vital signs and titratable medication drips. Provide cardiac rhythm monitoring for both ICU and telemetry patients located on the med/surg floor and inform bedside nurses of any changes. Work collaboratively with multidisciplinary team.

ICU Registered Nurse

Kaiser Permanente - San Jose, CA

February 2021 to April 2021

Rapid Response Covid Assignment

Provide specialized care for up to 2 critical care patients. Proficient in mechanical ventilator care, hemodynamic monitoring, wound care, naso-gastric insertion, G-tube care and management, telemetry monitoring/EKG/cardiac rhythm assessment, chest tube care, Jackson-Pratt drains, external pacemakers, central line care, tracheostomy, ostomy, peritoneal dialysis, ventriculostomy drain care and management. Assist in bedside procedures: central line insertion, a-lines, chest tube insertion, removal of sutures and staples. Expertise in providing care for hemodynamically unstable patients with titration medication drips: Levophed, dopamine, insulin, amiodarone, dobutamine, and epinephrine. Experience maintaining sedation levels per medical protocol for patients utilizing propofol, versed, Ativan, precedex, and nimbox. Occasionally fill in as charge nurse.

Critical Care Float RN

SSM Health St. Mary's Hospital - St. Louis, MO

January 2021 to February 2021

Rapid Response Travel Assignment

Provide care to critically ill patients requiring close monitoring. Manage acutely ill patients requiring IV blood pressure support and mechanical ventilation. Collaborate with other members of the medical team. Remain calm in high stress situations.

Heart and Vascular Intensive & Progressive Care Unit

CHI Creighton University Medical Center - Omaha, NE

November 2020 to December 2020

Rapid Response Travel Assignment

Level 1 trauma and academic teaching center. Provide care to critical care and intermediate care Cardiovascular, general medical/surgical, and covid patients requiring frequent assessments and critical interventions.

- Provide daily medication administration
- Monitor, record and communicate patient condition
- Consult and coordinate with healthcare team members
- Utilize the nursing process to assess, plan, intervene, and evaluate patient care
- Treat life-threatening emergencies

Intermediate Care/ Critical Care

Essentia Health - Fargo, ND

February 2019 to March 2020

Deliver high quality and compassionate care to cardiac intermediate/progressive care patients. Perform comprehensive assessments, cardiac monitoring, telemetry interpretations, and administer sensitive IV medications such as Cardizem, Nitroglycerin, Amiodarone, Dobutamine, cardene, heparin and insulin drips in compliance with hospital and nursing policy and procedure. Monitor patients requiring continuous Bipap. Monitor chest tubes, external pacers and other specialized equipment. Proper recording of intake and output. Commitment to professionalism, teamwork, and customer service through the demonstration of integrity, compassion, excellence, and respect towards others.

Ortho/Surgical

Sanford Health Medical Center - Fargo, ND

2016 to January 2019

Participate in the implementation and evaluation of patient care, perform physical head to toe assessments, prepare patients for treatments, surgical procedures/monitor patients following surgical interventions, manage pain using multiple modalities, administer IV medication, antibiotics, fluids, and blood transfusions per facility policies, perform dressing changes, monitor and empty multiple drains, monitor patients on CPAP, Bipap, and long-term vents- collaborate with RT when needed, manage continuous bladder irrigation, new colostomies & ileostomies, monitor and document on PCA's according to policy, change/start/discontinue as ordered per physician, admit patients to the floor from clinics and ER by gathering medical history and data, care for routine and traumatic orthopedic patients, care for medical patients with complex health needs, perform discharge teaching and medication instructions, proper documentation, collaborate with healthcare providers, residents, nursing leadership and care coordinators. Cross trained to multiple specialty med/surg floors as well as the clinical decision unit/ observation

Inpatient Mental Health LPN

Fargo Veterans Administration Medical Center - Fargo, ND

2016 to 2017

- Demonstrate expertise, leadership, and creative approaches to management of complex mental health care. Collaborated and consulted with other interdisciplinary treatment teams and programs to promote and enhance the care of patients in crisis. Provided direct patient care and documentation of patient responses to care. Participated in the Prevention and Management of Disruptive Behavior (PMDB). Monitored patients for suicide prevention and during alcohol/drug withdrawal. Performed CIWAS. Assessed vitals.

Post-acute/Rehab Unit LPN

National HealthCare Corporation - Murrells Inlet, SC

2014 to 2016

- Recognizing life threatening conditions, performing comprehensive assessments and care planning to minimize complications and promote optimal health, and function independently delivering complex medical treatments and technology, utilizing problem solving, medication administration, lab analysis skills, and IMAR System.
- Wound vacs, JP drains, tube feedings, colostomies, IV therapy, wound care, blood draws, medication, pain management, hospice care, education, immunizations and injections, tracheostomy care, and neurological assessments.

Public Affairs Specialist and Parachutist

United States Army Airborne - Fort Bragg, NC

June 2006 to May 2010

Former member of the elite 82nd Airborne Division; America's Guard of Honor. As a Public Affairs Specialist researched, prepared and disseminated news releases, articles, web-based material and photographs on Army personnel and activities. Gathered information for military news programs and publications within assigned unit and throughout the Army. Developed ideas for news articles, arranged and conducted interviews. Wrote news releases, feature articles and editorials as well as conducted media training. Deployed in support of Operation Iraqi Freedom in order to provide timely, accurate, and credible information to military service members, the public, and mass media outlets. Deployed in support of humanitarian missions in Haiti after the earthquakes. Participated as a member of the 82nd Airborne Honor Guard as a member of the firing squad and bugle performer for TAPS in order to deliver final honors to 82nd Airborne service members. Addressed media at highly televised funerals of military members killed in action. Trained as an elite Airborne soldier to enter areas of combat via parachute. Performed tactical operations and missions. Upheld the standard of the military. Served as a leader in the Brigade Headquarters of Public Affairs for soldiers assigned under to my care.

Accomplishments:

- Completed several parachute jumps
- Wrote a news article that was picked up by CNN's I Reports and aired on television
- Several published news releases and war photography
- Airborne School Honor Grad
- Army Good Conduct Medal
- German Parachutist Badge
- Iraq Campaign Medal
- Global War on Terrorism Expeditionary Medal
- National Defense Service Medal

Education

Bachelor of Science in Nursing

Presentation College - Aberdeen, SD

December 2018

Diploma in Nursing

Horry Georgetown Technical College - Myrtle Beach, SC

August 2013

Diploma in Public Affairs and Journalism

Defense Information School - Fort Meade, MD

2009

Nursing Licenses

RN

Expires: April 2022

State: SC

Skills

- Med Surg
- Cardiac
- Intermediate Care
- Ortho/Surg
- Mental Health
- Epic
- RN
- Medical Surgical
- Critical Care Experience

Military Service

Branch: United States Army

Rank: Specialist

Awards

Daisy Award Nominee

Five time Daisy award nominee

The Star of Nursing Award Nominee

December 2017

Given to nurses who show promise as a nurse through their passion and leadership.

Airborne School Honor Graduate

December 2006

United States Army

Certifications and Licenses

BLS for Healthcare Providers

Present

ACLS

Present

PALS

Present

NIHSS

National Institutes of Health Stroke Scale certification

TNCC

September 2021 to September 2025

Trauma Nursing Certification

Assessments

Nursing Skills: Clinical Judgment — Highly Proficient

December 2018

Measures a candidate's ability to assess a patient's condition and implement the appropriate medical intervention.

Full results: [Highly Proficient](#)

Electronic Medical Records: Best Practices — Highly Proficient

November 2019

Knowledge of EHR data, associated privacy regulations, and best practices for EHR use

Full results: [Highly Proficient](#)

Indeed Assessments provides skills tests that are not indicative of a license or certification, or continued development in any professional field.