

BETSY OWUSU

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PROFESSIONAL SUMMARY

Compassionate, and dedicated intensive care nurse with 2 years of experience deeply committed in becoming an effective instrument in providing health care services through a position of a clinical staff employee in providing extraordinary care, comfort, and peace to patients to the best of my ability while utilizing nursing education and maintain clinical competency.

WORK HISTORY

OCTOBER 2020-NOVEMBER 2021

Registered Nurse -COVID ICU, MICU, SICU, NEURO ICU| Ascension Saint Thomas Midtown Hospital | Nashville, TN

- Identified the basic requirements of treatment plan according to patient's medical history and symptoms
- Assessed/monitored patients for change in status and indications of conditions such as sepsis or shock and instituted appropriate interventions.
- Administration of medications per order for assigned patients according to facility protocol
- Utilized learned clinical skills in assessing vital signs, glucose checks, and providing basic patient care
- Helped provider set up for intubation, pulling drugs such as rocuronium, etomidate, and succinylcholine and managing the patient on a ventilator.
- Ensuring patients are on proper isolation, such as enteric, contact, droplet, or airborne per infection control policy.
- Managed and titrating patients on vasoactive drips; Vasopressin, norepinephrine, epinephrine, dopamine, phenylephrine, dobutamine, diltiazem, amiodarone etc.
- Managed prone patients and TOF with administration of paralytic such as cisatracurium.
- Managed patients who were intubated, sedated, and paralyzed.
- Identified and carry out a specific role during a code blue.
- Managed patients on PCA pumps in maintaining adequate pain control
- Pharmacological and non-pharmacological management and treatment of various disorders and diseases
- Monitored patients with invasive lines to prevent infections; PICC Line, Midline, Arterial line and Single/Double/Triple lumen central lines, etc.
- Prevented patients from acquiring catheter associated urinary tract infections (CAUTI) that had Foley catheters by providing adequate perineal and foley catheter care.
- Educated patient and family members about disease process and medications.
- Collaborated with other healthcare professional to develop and revise treatment plans based on identified needs and assessment data rounding with providers and health care practitioners to set forth goals of care for patient.
- Accompanied ventilated patients to test and procedures, CAT scan, and MRI.
- Provided direct bedside care of patients suffering acute stroke, EVD drain monitoring, subarachnoid hemorrhages, head traumas, and back surgeries.

DECEMBER 2020-DECEMBER 2021

Registered Nurse PRN | Vanderbilt Stallworth Rehabilitation| Nashville, TN

- Assisted licensed nursing staff in providing direct and indirect patient care
- Competent in Foley catheterization, straight catheterization, blood lab draws, and bladder scans
- Provided wound care per patient orders and ostomy care
- Handling medication administration through PEG tubes and confirming placement; daily skin assessments.
- Implemented care of rehab patients according to their plan I.E: TBI, stroke, liver transplants, CHF, MVA' CVA's covid recovery, cancer patients.
- patient teaching on medications; helping patients with activities of daily living.
- Educated and encouraged patients in health maintenance and disease management.
- Staged pressure ulcers and providing wound care and wound dressing changes.
- Assisted residents with bathing, dressing, feeding, lifting, and transferring.
- Assisted patients with daily functions.
- Reviewed and revised patient care plans.
- Educated patients about, medications, treatment procedures and discharge processes.

JANUARY 2022-APRIL 2022

*Registered Nurse Travel -COVID ICU and ICU float| IU Health Methodist Hospital| Indianapolis, IN
48 hours per week; 13 weeks*

- Assisted/managed ICU patients and ICU covid positive patients that were ventilated/intubated, sedated, and paralyzed with BIS and PNS (TOF) monitoring,
- Managed prone patients on a schedule with proning team every 8 or 12 hours dependable on the needs of the patient with administration of paralytic such as cisatracurium.
- Assessed/monitored vital signs, cardiac monitoring/invasive and noninvasive, adequacy of ventilation, pain, and levels of consciousness.
- Interpreted/managed 12 lead EKG/dysrhythmias.
- Administered treatment therapies such as convalescent plasma, IVIG, remdesivir etc per facility guideline to eligible patients who were covid positive on a schedule basis as indicative of patients care plan.
- Coordinated care with physicians and other clinicians for interventions and enhanced continuum of care to safely deliver outlined treatment care plans and protocol.
- Performed I-STAT ABG's on ICU covid patients within nurse scope or indicated by physician or HCP at bedside.
- Administered/managed patients on vasoactive drips such as norepinephrine, vasopressin, dobutamine, diltiazem, dopamine, nicardipine, milrinone, phenylephrine and sedation drips such as propofol, midazolam, fentanyl, and dexmedetomidine.
- Managed patients with DKA on insulin drips, ACS, CHF, HTN, ARDS, respiratory failure, copd exacerbation, stroke, liver transplants, GI bleed, ETOH withdrawal, acute/chronic renal failure etc.
- Primary care, assessment and evaluated post-bone marrow transplant complications including infections and chronic/acute GVHD. Performed/administered various blood product infusions such as PRBC's and platelets.
- Identified and carry out a specific role during a code blue.
- Managed patients on PCA pumps in maintaining adequate pain control.

CERTIFICATIONS/LICENSURE

Basic life support for healthcare providers (BLS)- Expires 9/2022
Advanced cardiovascular (ACLS)-Expires 6/2023
NIH Stroke Certification-Expires 9/2022
Registered Nurse-Expires 11/2022
Licensure: Tennessee (Multistate/Compact)

EDUCATION

Bachelor of Science: Nursing BSN (Accelerated)
South College, Nashville, TN
Graduation: April 2020

Bachelor of Science: Biology
Oakwood University, Huntsville, AL
Graduation: May 2005