# Ashley Arcos

I am a Licensed Practical Nurse with over 5 years of experience as a med tech in a LTC facility, and over 10 years experience as a direct caregiver/ CNA between skilled nursing facilities and CBRF's. I am proficient with taking vital signs, administering medications, assessments, and documentation.

Wisconsin Rapids, WI 54495 ashleyarcos9\_idj@indeedemail.com +1 715 315 2930

I am a newly licensed LPN with many years of medication administration, wound care, and vital sign experience under my belt. I am a fast learner and a very reliable individual looking to improve on my already proficient skill level of care.

Authorized to work in the US for any employer

Work Experience

# LPN (Licensed Practical Nurse)

Wisconsin Rapids Health Services - Wisconsin Rapids, WI July 2021 to Present

# **Resident Care Assistant/Med Tech**

Arborwood lodge - Wisconsin Rapids, WI April 2018 to Present

Assist residents with activities of daily living, administration of medications to residents in a timely fashion. Must have knowledge of healthcare network and Microsoft office documents.

# **Rewards Club Ambassador**

Ho chunk Gaming Nekoosa - Nekoosa, WI Present

Responsibilities Manage players accounts, create new accounts, run casino wide promotions, handle cash payouts for patrons.

#### Accomplishments

I recently received a GAP award, which is an honor bestowed on certain employees who excel at customer service.

Skills

Interpersonal, computer, time management, organization, filing, accounting, writing.

## **Resident Care Assistant**

Our House Senior Living - Wisconsin Rapids, WI January 2016 to March 2018

Assisted residents with ADL's, cooking and cleaning for the facility, medication administration to residents.

# **Customer Service Representative I**

Lands End - Stevens Point, WI August 2011 to February 2012

#### Responsibilities

Took customers orders, updated and tracked deliveries, issued catalogs, kept up to date on all merchandise sales and promotions.

# Education

## **Nursing in Nursing**

MSTC - Wisconsin Rapids, WI January 2017 to May 2021

## **NA in Business Management**

Mid state Technical College - Wisconsin Rapids, WI 2010 to 2012

## Skills

- I am proficent with microsoft office software, have completed medical terminology course in my chosen field, have completed written communications course and I am able to pick up new tasks easily and with little guidance. (8 years)
- Medication Administration
- Caregiving
- Nursing
- Vital Signs
- Laboratory Experience
- Patient Care
- Meal Preparation
- Medical Records
- EMR Systems
- Memory Care
- Hospital Experience
- Alzheimer's Care
- Home Care
- Medical Office Experience
- Dementia Care
- Epic
- Microsoft Word
- Hospice Care

# Certifications and Licenses

# **Certified Nursing Assistant (CNA)**

October 2006 to March 2012

Certification is not current, paper work is being processed to reinstate certification.

# CPR

August 2020 to August 2022

# **First Aid Certification**

## **Licensed Practical Nurse**

July 2021 to April 2023

I am a Licensed Practical Nurse with a multistate license

## Assessments

## **Nursing Aide Skills – Expert**

July 2020

Providing nursing aid to patients using knowledge of relevant equipment and procedures. Full results: <u>Expert</u>

## **Attention to Detail — Proficient**

July 2020

Identifying differences in materials, following instructions, and detecting details among distracting information.

Full results: Proficient

# Supervisory skills: Motivating & assessing employees - Proficient

August 2020

Motivating others to achieve objectives and identifying improvements or corrective actions. Full results: <u>Proficient</u>

# Management & leadership skills: Impact & influence — Highly Proficient

August 2020

Choosing the most effective strategy to inspire and influence others to meet business objectives Full results: <u>Highly Proficient</u>

# Medical receptionist skills — Highly Proficient

September 2020

Managing physician schedules and maintaining accurate patient records Full results: <u>Highly Proficient</u>

## **Patient-focused care — Highly Proficient**

June 2021

Responding to patient concerns with sensitivity

# Full results: Highly Proficient

Indeed Assessments provides skills tests that are not indicative of a license or certification, or continued development in any professional field.