

# Brandy Westnedge

## **Registered Nurse**

Norfolk, VA 23503

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I strive to improve patient-centered care by using evidence-based practice and following guidelines set by national associations of nursing. My priority is to improve the client's health using holistic modalities of care.

Authorized to work in the US for any employer

## Work Experience

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### **RN Unit Manager**

Consulate Health Care - Norfolk, VA

November 2021 to Present

### **Licensed Practical Nurse**

Consulate Health Care - Norfolk, VA

October 2017 to Present

Works under the supervision of a Registered Nurse to provide care to patients with long-term or skilled needs

- Administers medications and treatments, provides tracheostomy and PEG tube care. IV therapy
- Collects specimens
- Admissions, discharges and care plans.
- Patient education

### **Licensed Practical Nurse**

Correct Care Solutions - Portsmouth, VA

January 2017 to October 2017

-Intermittently works as charge nurse on the night shift, which includes delegating tasks, overseeing medical care at the jail, and contacting providers for emergency medical situations. Uses clinical knowledge and skills to perform PRN assessments and triage care to inmates.

-Under supervision of a Registered Nurse (RN), assists in the assessment of the physical, psychological and social dimensions of patients.

-Assists in planning an individual treatment program by using available resources in planning care, and consults with RNs and other staff as appropriate while applying knowledge and resources in planning care and patient teaching.

-Implements individualized treatment programs as directed by the Health Care Practitioner.

-Counts controlled substances, syringes, needles and sharps at the beginning of each shift with another staff member and sign count logs.

-Implements clinical and technical aspects of care in accordance with established policies, procedures and protocols. Intervenes with proper safety techniques, procedures and standard precautions.

## **Licensed Practical Nurse**

Maxim Staffing Solutions - Virginia Beach, VA

April 2016 to January 2017

Staffed to Hampton Roads Regional Jail where I was hired full time through Correct Care Solutions.

## **LPN**

Bon Secours Surgical Specialists

April 2015 to April 2016

- Assisting in surgeries and procedures, under the advice of the physician.
- Answering medical questions, both in the office and via phone.
- Completing the rooming process for appointments.
- Administration and practice of sterile procedure
- Specializing in the plan of care for bariatric surgery, cholecystectomies, and hernia repairs

## **Licensed Practical Nurse**

Atlantic Homecare Services - Virginia Beach, VA

April 2014 to April 2015

- Working individually in the homes of clients with physical and mental disabilities
- Implementation of nursing skills and knowledge to assist with activities of daily living
- Medication and pain management, observing for changes in status, avoiding infection
- Tracheostomies, g-tubes, j-tubes, A1C testing, diabetic testing and insulin administration

## **LPN**

Barry Robinson Center

April 2013 to April 2014

- Improving the lives of children and their families by assisting in the healing process
- Using therapeutic communication to encourage identifying and accepting emotions
- Medication administration and observing for adverse effects
- Effective use of de-escalation techniques to maintain a safe environment
- Use of Boys Town psychotherapeutic model to teach new behaviors

## **LPN**

Atlantic Homecare Services

December 2011 to March 2013

- Working individually in the homes of clients with physical and mental disabilities
- Implementation of nursing skills and knowledge to assist with activities of daily living
- Medication and pain management, observing for changes in status, avoiding infection
- Tracheostomies, g-tubes, j-tubes, A1C testing, diabetic testing and insulin administration
- Lovenox administration, wound care, pressure sore prevention, infection control

## **LPN**

The Meadows Psychiatric Center

June 2010 to April 2011

- Medication administration to pediatric, adolescent, and adult patients in an inpatient psychiatric facility.
- Monitoring for changes in behavior, and adverse effects from medications.
- Initial and as-needed assessments to patients under the supervision of the RN.
- Acts as Mental Health Technician and fulfills the responsibilities related to that role.

Valid LPN license to practice in the state of Virginia  
ACLS accreditation  
BLS certification

## Education

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### **Associate in Science in Nursing**

Excelsior College - Albany, NY  
February 2019 to March 2021

### **Associate's degree in Nursing**

Excelsior College - Albany, NY  
July 2017 to March 2021

### **Practical Nursing Certification in Practical Nursing**

Oil City Venango Technology Center - Oil City, PA  
July 2009 to July 2010

## Nursing Licenses

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### **PN**

Expires: December 2018

State: VA

## Skills

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- Epic (1 year)
- Surgery (1 year)
- Psychiatric nursing (3 years)
- Bariatrics (1 year)
- Corrections (1 year)
- Assessments (7 years)
- Medication Administration (8 years)
- LPN
- Home Health
- Staff Nurse
- Pediatrics
- EMR Systems
- Infection Control Training
- Pain Management
- Vital Signs
- Triage

- Supervising Experience
- Critical Care Experience
- Experience Administering Injections
- Medical Office Experience
- Nurse Management
- Laboratory Experience

## Certifications and Licenses

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### **BLS for Healthcare Providers**

March 2020 to March 2022

American Heart Association

### **LPN**

### **RN**

## Assessments

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### **Nursing Skills: Patient Focus & Orientation — Highly Proficient**

July 2019

Addressing concerns and using sensitivity when responding to needs and feelings of patients

Full results: [Highly Proficient](#)

### **Electronic Medical Records: Best Practices — Highly Proficient**

November 2019

Knowledge of EHR data, associated privacy regulations, and best practices for EHR use

Full results: [Highly Proficient](#)

### **Medical Terminology — Highly Proficient**

November 2019

Understanding and using medical terminology

Full results: [Highly Proficient](#)

### **First Aid — Highly Proficient**

November 2019

Treating common medical emergencies.

Full results: [Highly Proficient](#)

### **Verbal Communication — Highly Proficient**

November 2019

Speaking clearly, correctly, and concisely

Full results: [Highly Proficient](#)

Indeed Assessments provides skills tests that are not indicative of a license or certification, or continued development in any professional field.

## Additional Information

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References available upon request.