

Lydia Among

Coon Rapids, MN

-Email me on Indeed: <http://www.indeed.com/r/Lydia-Among/62790fa594accaa7>

Authorized to work in the US for any employer

Work Experience

CNA - Certified Nursing Assistant

Autumn Glen Senior Living - Coon Rapids, MN

August 2018 to Present

Passing medicine

Activities of Daily living like dressing and grooming

Certified Nursing Assistant

Mary-T inc - Coon Rapids, MN

July 2015 to April 2017

During my period of work i did the following.

passing medication,

helping with activities of daily living,

making meals for residents,

redirecting residents,

and any other work assigned by the nursing supervisor.

Certified Nursing Assistant

Park River Estates Care Center - Coon Rapids, MN

June 2014 to July 2015

Ambulation was part of my Job at the facility, i also learnt how to apply body mechanics, feeding residents and activities of daily living.

and charting after every shift

Education

certificate in certified nursing assistant

Anoka Technical College - Anoka, MN

May 2014 to June 2014

High school or equivalent in Arts

Namasagali College - Kampala

January 2002 to December 2003

primary leaving exams in general arts and sciences

Namasagali Primary - Kampala

January 1995 to December 2002

Skills

- I am Very confident in passing resident medications. ● Confident in therap chatting. ● Able to prepare meals for residents when it comes in the assisted living setting. ● Answer patient call signals, signal lights, bells, or intercom systems to determine patients' needs. ● Able to apply the body mechanics during transfers. ● Ability to work on different units including; Transitional care units, cardiac, and memory care units. ● Provide physical support to assist patients perform daily living activities, such as getting out of bed, bathing, dressing, using a toilet, standing, walking, or exercising. ● Review patients' dietary restrictions, food allergies, and preferences to ensure patient receives appropriate diet. ● Measure and record food and liquid intake or urinary output, reporting any changes to the medical or nursing staff. ● Record vital signs such as temperature, blood pressure, pulse, or respiration rate, as directed by nursing staff. ● Collaborate with other staff members like nurses, dietary staff, and family members ● Observe or examine residents to detect symptoms that may require medical attention, such as bruises, open wounds, or blood in urine. ● Document or otherwise report observations of residents' behavior, complaints, or physical symptoms to unit nurse. (7 years)
- Caregiving (7 years)
- Home Care (4 years)
- Medication Administration (7 years)
- Critical Care Experience (7 years)
- Hospice Care (7 years)
- Patient Care (7 years)
- Dementia Care (7 years)
- Cleaning Experience (7 years)

Languages

- English - Fluent

Certifications and Licenses

Certified Nursing Assistant (CNA)

June 2014 to September 2021

CPR Certification