

Erika Wilkins

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Willing to relocate: Anywhere

Work Experience

Birth Assistant

Monterey Birth & Wellness Center - Monterey, CA
January 2022 to Present

Per-diem position, on-call 6 shifts per month attending low-risk, out-of-hospital births. Performing intermittent auscultation of fetal heart tones, taking vital signs, providing postpartum breastfeeding support. Assisting licensed midwives in providing care for their clients.

Labor and Delivery Registered Nurse

Natividad Medical Center - Salinas, CA
May 2018 to Present

Provide total patient care for high acuity patients in labor and delivery unit with approximately 200-300 deliveries a month, including pre-, intra- and post-surgical care during cesarean birth. Handle high-risk obstetrical conditions including pre-eclampsia, gestational diabetes, multiple fetuses, and cholestasis. Daily tasks may include but are not limited to: Interpreting and maintaining continuous fetal heart monitoring, managing vaginal delivery and the immediate postpartum period, administering medication to prevent preterm delivery.

Postpartum Registered Nurse

Kaweah Delta Medical Center - Visalia, CA
October 2016 to April 2018

Gained knowledge and developed skills related to the care of mothers and newborns including maternal and newborn assessment, expertise in medication administration, feeding support, and patient education. Provided independent nursing care for up to four mother/baby couplets per shift.

Certified Birth Doula

Doulas of North America - Jasper, IN
November 2009 to November 2016

Completed certification to become a Birth Doula in November 2010. Became re-certified in August 2015. Attended 83 births in this capacity over the course of 5 years with a total estimated 1000+ hours supporting expectant families in both hospital and out-of-hospital birth. Experience in: hospital birth, homebirth, waterbirth, teens, over 40, adoption, relinquishing mothers, single parents, Spanish-speaking, prematurity, high risk, addiction recovery, survivors of sexual abuse.

Education

Bachelors of Science

Nursing Liberty University - Lynchburg, VA

December 2015

Skills

- Focused and rapid physical assessment skills
- Strong ability to detect changes in physiological condition
- Knowledge in labor, delivery and postpartum care procedures
- Passionate about evidence-based, patient-centered care
- Excellent communication skills
- Dedication to Patient Satisfaction
- Nursing
- Triage
- Hospital Experience
- Infant Care
- Medication Administration
- Vital Signs
- Pain Management
- Basic IV

Certifications and Licenses

RN

NRP Certification

BLS Certification

ACLS Certification