# **JASMINE ROLLAND**

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## **Professional Summary**

Ambitious Board Certified Registered Nurse with exceptional background of performance. Expert in all aspects of patient care with success in working with multidisciplinary teams to create care plans focused on helping patients recover from medical or surgical procedures and manage complex mental disorders. Accomplished in leading unit-based groups to improve delivery of care and patient satisfaction. Hardworking Registered Nurse with success providing individualized patient care. Committed to delivering best-in-class patient care through effective education and counseling. Proven leadership focused on increasing and enhancing patient care and satisfaction. Streamline safety protocols for comprehensive patient care.

#### Skills

- Case Management
- Patient Care
- Treatment Planning
- Medication Management
- Discharge Planning
- Managed Care

- Family planning services education
- Strong clinical judgment
- Restraint Techniques
- Patient Relationships
- Acute Care

## Work History

#### Psychiatric Nurse-RN

08/2019 to Current

#### Milwaukee County Behavioral Health Division - Wauwatosa, WI

- Explained useful coping methods to relieve depression and anxiety.
- Responded to numerous volatile situations and violent outbreaks to restore safety and security of patients and staff.
- Monitored vital signs, nutritional intake and signs and symptoms of complications to report deviations to supervisor.
- Monitored primary care needs for patients to coordinate access to appropriate providers.
- Performed patient assessments to monitor expected response to medications, altering treatment plans as needed.

Home Care RN 02/2019 to 07/2021

#### Horizon Home Care Hospice – Milwaukee, WI

Took vital signs to assess patient health progress and needs.

- Managed care from admission to discharge completed 60 day recertification
- Administered medications via IV and intramuscular injections and monitored responses.
  Perform wound care
- Supervise Home Health aides and PCW workers
- Complete supervisory visits
- Liaised with physicians regarding patient needs, performance and changes.
- Coached new mothers with breastfeeding techniques, postpartum self-care and infant care to promote easier transition into motherhood.

#### **Medical-Surgical RN**

11/2018 to 07/2020

#### Froedtert Hospital – Wauwatosa, WI

- Managed caseload of 7-8 patients simultaneously by providing bedside care, treatments, IV therapy and wound care.
- Managed care from admission to discharge.
- Administered medications via oral, IV and intramuscular injections and monitored responses.
- Provided direct patient care, stabilized patients and determined next course of action.
- Coordinated nursing care to be carried out according to facility guidelines and regulations.
- Educated patients and families on medical-surgical procedures, therapeutic regimens and pain management techniques.
- Monitored patient condition by interpreting and tracking EKG readings, identifying irregular telemetry readings and updating team members on changes in stability or acuity.
- Administered medications and treatment to patients and monitored responses while working with healthcare teams to adjust care plans.

Nurse Extern II 01/2018 to 11/2018

#### Froedtert Hospital – Wauwatosa, Wl

- Maintained comfort and safety of each patient through careful monitoring and knowledge application.
- Administered close patient care, checked vital signs and monitored telemetry.
- Managed caseload of 3-4 patients simultaneously by providing bedside care, treatments, IV therapy and wound care.
- Recorded and measured patients' weight, temperature, respiration and blood pressure.
- Started intravenous fluids, administered medications and documented patient charts by recording food and fluid output and intake.
- Educated patients and families on medical-surgical procedures, therapeutic regimens and pain management techniques.

### Education

**Bachelor of Science:** Nursing

06/2003