Maegen Gustafson

ICU RN seeking Houston assignment

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TSICU Registered nurse seeking my next contract preferably in or around Houston, TX. I have previous 8 years experience in acute care including: current medical/trauma ICU at HCA Kingwood, previous trauma/surgical ICU at Ben Taub, a level 1 trauma teaching hospital, travel stepdown/med-surg, IMU surgical specialty, surgical/trauma with recent float pool, OR circulator, medical-surgical, orthopedics, cardiac, neuro and renal floors - providing nursing care to diverse populations with strong clinical and people skills.

Authorized to work in the US for any employer

Work Experience

Travel Nurse

SkillGigs - Kingwood, TX February 2022 to Present

Travel RN in the Medical/trauma ICU at level 3 teaching hospital HCA Kingwood, Texas. Current 13 week contract

TSICU RN

Ben Taub General Hospital - Houston, TX June 2020 to February 2022

Previous IMU SSU at Ben Taub June 2020-March 2021

TSICU March 2021- Present (day shift)

- Treat life-threatening emergencies MTP, Level 1, Hot line, emergency procedures
- Monitor, record and communicate patient condition collaborate with residents, fellow and attending
- Bedside procedures line insertion, trach, peg, bronch, intubation/RSI, etc
- Shock management
- Code Blue Response with ACLS
- Management of: Vigileo, Swan, ART line, CVC, CVP, Stent, foley, PCNs, JP, hemovac, wound vac, bowel discontinuity, titratable drips including pressers, sedation, insulin, PICC, IV insertion, blood cultures, dobhoff/ngt placement, chest tubes, c-collar, ex-fix, halo, ICP, EVD, etc.

Surgical/Trauma registered nurse

UC-Health Memorial Central - Colorado Springs, CO January 2019 to May 2020

- with previous float pool at 3 different UCHealth Hospitals in the region on acute care medical/surgical, ortho, neuro, renal, cardiac/tele floors
- Beyond the Golden Hour completed courses for hospital required trauma certification
- Plans, implements, and evaluates patient care plans based on patient assessment to optimize outcomes and maximize available resources. Monitors, records, and communicates patient condition as appropriate.

- Collaborates as needed across disciplines to coordinate patient care, including patient transfer, discharge, referral and spiritual/psychosocial support needs.
- Evaluates learning needs of patient and/or family and provides patient/family education appropriate to age, culture, condition, and circumstances.
- Effectively delegates patient care to ancillary personnel. May precept student nurses and new hires.
- Within scope of job, requires critical thinking skills, decisive judgment and the ability to work with minimal supervision. Must be able to work in a fast-paced changing environment, and take appropriate action. Follows Standard Precautions using personal protective equipment as required.
- Capnography, PCA, PCEA, chest tubes monitoring and removal, ex-fix, JP/blake/accordion/perc drains, NGT/dobhoff and bridle placement, flaps and skin grafts as well as many other trauma related skills.

Staff Registered Nurse -OR Circulator

Parkview Medical Center - Pueblo, CO August 2018 to December 2018

Patient Safety - every patient deserves a trained, skilled and knowledgeable RN in the surgery room, assuming the role as patient advocate - the primary spokesperson of the patient

- Skillful clinical judgment- observation, knowledge, and assessment skills along with the ability to foresee needs are essential to the success of the operation.
- Informed Monitoring the circulating nurse serves the welfare of the patient including the team's success by assuming the role of an active observer, carefully watching any unintended or unanticipated event that could compromise the patient.
- \circ Critical thinking -as the patient's guardian in the operating room, it is the nurse circulator's job to perform an accurate recording, interpretation and response to the stream of data that is present during the course of operation
- $^{\circ}$ Accurate assessment the education, training, and unwavering commitment to the patient allows the RN circulator to respond appropriately and quickly to the patient's psychological, social and biological health.
- Interpersonal communication skills -possessing a mix of proficiency, perception, and professionalism, these components defines a circulating nurse's ability to interact and collaborate with all members of the team, which results to high quality level of care provided to the patient.
- \circ Expert evaluation -a circulating nurse is trained to perform accurate decision-making and perception, allowing not only sound assessment of the patient's condition but also capable in planning, implementing, and evaluating patient care.

Resigned from this job because the operating room was not the area of nursing I should be in.

American Mobile Healthcare - Onward Healthcare (Travel Agency) - (866) 871-8519

Recruiter: Michele Simon 872-240-8364

Recent Assignment at CHI Baylor St. Luke's Hospital Medical Center (2 extensions accepted)

Staff Registered Nurse - Post-op-Orthopedic/Medical-Surgical Unit

CHI Baylor St. Luke's Hospital Medical Center October 2017 to June 2018

October 16, 2017 - June 2, 2018

Teaching Hospital

Staff Registered Nurse - Post-op-Orthopedic/Medical-Surgical Unit

- Identifies patient care requirements by establishing personal rapport with potential and actual patients and other persons in a position to understand care requirements.
- Establishes a compassionate environment by providing emotional, psychological, and spiritual support to patients, friends, and families.
- Monitors use of narcotics, ambit pumps, On-Q pumps, PCAs, PCEAs, spinal blocks, EtCO2 monitor postop for over sedation.
- Performs sterile procedures needed: straight catheterization, foley insertion, PICC line dressing change, surgical dressing change.
- Promotes patient's independence by establishing patient care goals; teaching patient, friends, and family to understand condition, medications, and self-care skills; answering questions.
- Assures quality of care by adhering to therapeutic standards; measuring health outcomes against
 patient care goals and standards; making or recommending necessary adjustments; following hospital
 and nursing division's philosophies and standards of care set by state board of nursing, state nurse
 practice act, and other governing agency regulations.
- Resolves patient problems and needs by utilizing multidisciplinary team strategies.
- Maintains safe and clean working environment by complying with procedures, rules, and regulations; calling for assistance from health care support personnel.
- Protects patients and employees by adhering to infection-control policies and protocols, medication administration and storage procedures, and controlled substance regulations.

Staff Registered Nurse - Post-op/Medical-Surgical/Telemetry

Mainland Medical Center - Texas City, TX May 2016 to January 2018

Utilizes the nursing process, assesses, plans, provides and evaluates professional nursing care based on evidence-based practice

- Acts as a team leader and appropriately delegates tasks to other team members such as nursing assistants and licensed practical nurses
- Identifies and provide interventions to address patient and family nursing care and educational needs
- Accountable for daily team performance through supervision of assigned staff, multi- disciplinary collaboration, and facilitation of pathway outcomes
- Participates as a team member by performing additional assignments not directly related to the job description when workload requires
- Assumes charge nurse roles as needed for unit requirements relief charge
- Assumes preceptor role as necessary for student externs, newly hired employees, and nursing students
- Monitors vital signs, cardiac monitors, blood sugars, foley catheters, feeding tubes, nasogastric tubes, drawing blood for lab specimens via PICC line, dressing changes, Jackson-Pratt drains, hemovacs, blood transfusions, cardiac monitoring, epidural and PCA with EtCO2 monitoring and IV access.

Staff Registered Nurse - Orthopedic/Neuro/Surgical Unit

Community Hospital - Munster, IN November 2014 to May 2016

Took on the responsibility for implementing, directing, communicating and documenting the nursing process while providing a safe environment for patients, visitors and associates.

- Provides care to orthopedic patients ranging 17-104 years old, with average age of 63 years old.
- Responsible for the care of the orthopedic patient with hip, ankle and pelvic fractures, orthopedic and surgical patients. The most common procedures being knee, hip and shoulder arthroplasty, hip pinning, open reduction, laminectomy, lumbar fusion and cervical fusion.

- Performs ADLs, NIH stroke assessment and dysphagia screen, assisted physicians in bedside procedures i.e. knee aspiration, cast, post-mold application. Provide autotransfusion of post-op blood products, application/instruction of gait belt, pre/post-op braces, and assistive devices for ambulation as well as head-to-toe assessment of the pre/post-op patient, administration of medications, instruction/monitoring of PCA, EtCO2 monitor and continuous pulse-ox, pharmacological and non-pharmacological anticoagulation education and correct post-op mobility accordingly.
- Recognize, assess and implement care accordingly for patients experiencing over-sedation, atrial fibrillation, strokes, seizures, hyperglycemia/hypoglycemia, and severe pain.
- \circ Practices within accordance to current established standards of care, the Nurse Practice Act, Community Healthcare's policies and procedures, and supported the mission and philosophy of the Community Healthcare System.
- · Took on role as charge nurse as needed and provided mentoring to newly hired registered nurses

Senior Rehabilitation Aide

Athletico Physical Therapy - Chicago, IL February 2009 to October 2014

- outpatient clinic
- Provided outpatient orthopedic care to patients ranging from 12-92 years old.
- Instructed correct technique, form, and clinical reasoning during exercise rehabilitation.
- As a senior staff member, was responsible for mentoring newly hired rehabilitation aides and office coordinators.

Education

Associate of Applied Science in Nursing

Richard J. Daley College - Chicago, IL 2013

Nursing Licenses

RN

Expires: June 2023

State: TX

Skills

- · High level of autonomy
- Strong clinical judgement
- · Patient/family focused
- · Palliative care awareness
- Patient evaluation/interventions
- EPIC charting
- Meditech charting
- Preceptor

- Multitasking
- Catheterization
- Foley catheter
- Medication administration
- Basic IV
- Critical care experience
- Tube feeding
- Vital signs
- · Acute care
- Experience administering injections
- Emergency management
- Bedside procedures
- Nursing
- ICU Experience
- EMR Systems
- Hospital Experience

Certifications and Licenses

BLS for Healthcare Providers (CPR and AED)

June 2020 to June 2022

through American Heart Association

RN

Compact License

ACLS Certification

October 2021 to October 2023

through American Heart Association

Compact State Nurse License

Assessments

Electronic Medical Records: Best Practices — Highly Proficient

March 2020

Knowledge of EHR data, associated privacy regulations, and best practices for EHR use

Full results: Highly Proficient

Indeed Assessments provides skills tests that are not indicative of a license or certification, or continued development in any professional field.