

Emily Gothier

Forest Lake, MN 55025

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Authorized to work in the US for any employer

Work Experience

Dietary Aide

Lino Lakes Assisted Living

November 2017 to Present

- * Responsible for the wellbeing and safety of over 120 clients, some living with dementia.
- * Overseeing operations of meal services and making suggestions as a Dietary Aide.
- * Collaborated with Nurses and Physicians to ensure residents are receiving optimal healthcare.
- * Direct staff in daily duties including cleaning and preparation for new tenants.
- * Execute, train, and follow all guidelines/protocols.

January 2017- February 2019

CNA - Certified Nursing Assistant

Presbyterian Healthcare Services - White Bear Lake, MN

Present

Doing ASLs

Charting

Bathing

- Provided caring, intimate, hands-on healthcare for residents
- Monitored vital signs
- Assisted with feeding residents 2 meals per day

Kids Club Attendant

Blue Heron Elementary

November 2018 to June 2020

- * Work transparently with staff and parents to address the challenges of each individual student
- * 1 on 1's with Special Ed students ranging in age from 6-12
- * Participate in strategic daily activities to build confidence and skills
- * Be an ambassador of the program by sharing experience with the wider community
- * Provide a safe and respectful environment for students
- * Follow and ensure Centennial's policies are being met

Education

Associate in Psychology

Century College - White Bear Lake, MN

Present

Associate in Arts (AA)

Century College - White Bear Lake, MN

September 2018 to July 2021

High school diploma

Centennial High School - Circle Pines, MN

CNA

Anoka Technical College

Skills

- Communication
- 2 years
- 2 years
- Administration
- 2 years
- Leadership
- Autism Experience
- Meal Preparation
- Special Education
- Dementia Care
- Dietary Aide Experience
- Senior Care (3 years)
- Caregiving (Less than 1 year)
- Alzheimer's Care
- Developmental Disabilities Experience
- Home Care

Certifications and Licenses

CNA

November 2021

CPR Certification